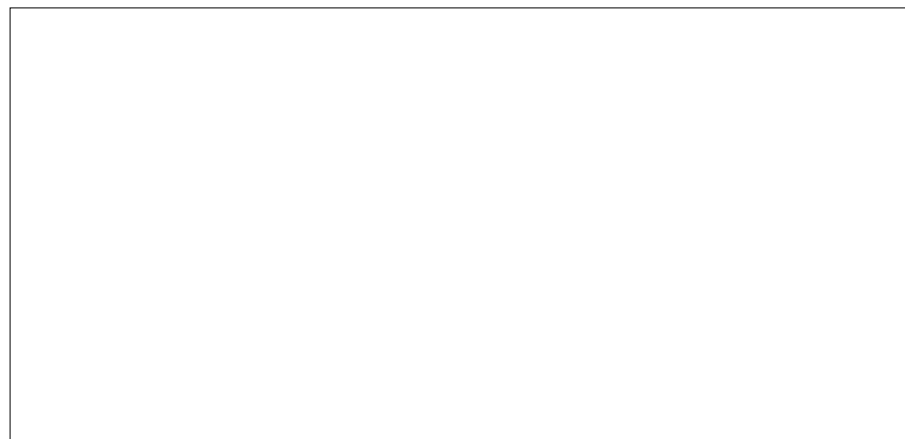




1655 NE 18th St.
Gresham, OR 97030

Stamp



Farmington Square Leadership Team
Phone: 503.665.1994
Email: info-Gresham@farmingtonsquare.com
Website: farmingtonsquare-gresham.com

Our mission is to create and
sustain comfortable,
caring environments for those
who depend on us.

Executive Director:
Malina Wheeler
Assistant Executive Director:
Perla Gonzales
Wellness Nurses:
Erika Pullen & Jessica Saray
Wellness Directors:
Kalina Bounphisay, Tammy Kerr Sabrina Lincoln
Community Relations Director:
Rochelle Walters
Business Office Director:
Monica Bounphisay
Life Enrichment Director:
Yolanda Irving Vance
Dining Services Director:
Matt Matthis
Maintenance Director:
Elijah Taylor



Farmington Square News

June 2022 Newsletter



2 It's Alzheimer's Awareness Month
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights, Notes, In Our Words
7 Special Moments & Birthdays
8 Mission & Team

Share in the Hope for an End to Alzheimer’s Disease

This **Alzheimer’s & Brain Awareness Month**, take action in the fight to end Alzheimer’s! The Alzheimer’s Association has many types of opportunities for getting involved. Check out the information and links here to start supporting!

Join the Fight Against Alzheimer’s

- Participate in the Longest Day on June 21—the day with the most light, the day we fight— by taking an activity you enjoy and making it a fundraiser to fight Alzheimer’s.
- Walk in the Walk to End Alzheimer’s! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at **act.alz.org**
- Participate in the Ride to End Alzheimer’s on August 28, 2022. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: **trialmatch.alz.org**
- Advocate. Urge congress to support the Alzheimer’s and dementia community. There are online fillable forms for contacting congress about vital issues at **alz.org/get-involved-now/advocate**
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer’s Association and may provide tax benefits. Visit **alz.careasy.org/home**
- Be a Volunteer:
 - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer’s or dementia.
 - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer’s Association.



Alzheimer’s Facts

- Americans who have Alzheimer’s is growing. More than 6.5 million Americans have Alzheimer’s in 2022.
- 1 in 3 seniors pass with Alzheimer’s or Dementia. Deaths from Alzheimer’s increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: **volunteer.alz.org/Volunteeropportunities/becoming**

The more information about Alzheimer’s that is shared, the more people will support the fight against Alzheimer’s. Follow along with our Facebook pages this month as we "Go Purple for Alzheimer’s" and as we share resources and information to support the cause. Don’t forget to hashtag your efforts on social media with #endalz.

Special Moments



Happy Birthday!

Janis H	6/02	Laura Belle	6/17
Annalise W.	6/07	Donald D.	6/23
Carol C.	6/07	Vera P.	6/26
Dorothy T.	6/10		
Phyllis	6/09		

Those born in June are Gemini (May 21-June 20) and Cancer (June 21-July 22). The birthstones for June are pearl and alexandrite. The birth flowers for June are roses and honeysuckles. People born in June are said to be sociable and enthusiastic.

June 2022 Highlights

June includes awareness observances for cataracts, headaches and migraines, liver health, men's health, and PTSD. It celebrates camping, dairy, the outdoors, roses, papayas, and fresh fruits and vegetables!

01 Olive Day; Kind Words Day; Intl. Parent Day
 02 Rocky Road Day; Rotisserie Chicken Day
 03 Egg Day; Donut Day; World Bike Day
 04 Cheese Day; Fish/Chips Day; Trail Day
 05 Veggie Burger Day; Cancer Survivors' Day
 06 Applesauce Cake Day; Garden Exercise Day
 07 Chocolate Ice Cream Day; World Food Safety Day
 08 Best Friends Day; World Oceans Day
 09 Donald Duck Day; Strawberry Rhubarb Pie Day
 10 Egg Roll Day; Iced Tea Day; Spice Day
 11 Corn on Cob Day; German Chocolate Cake Day
 12 PB Cookie Day; Red Rose Day; Jerky Day
 13 Weeding Garden Day; Men's Health Week
 14 Army Bday; Flag Day; Strawberry Shortcake Day
 15 Nature Photography Day; Smile Power Day
 16 Fudge Day; Intl. Tapas Day; Nurse Assistant Day
 17 Waste Collectors' Day; Mascot Day; Apple Strudel Day; Wear Blue Day (for Men's Health)
 18 Go Fishing Day; Intl. Picnic Day
 19 Father's Day; Juneteenth; Turkey Lovers' Day

20 Vanilla Shake Day; Ice Cream Soda Day; Hike Day
 21 Summer!; Peaches N' Cream Day; Selfie Day
 22 Éclair Day; Onion Ring Day; World Rainforest Day
 23 Hydrate Day; Pecan Sandies Day; Color Pink Day
 24 Pralines Day; World UFO Day; Cream Tea Day
 25 Strawberry Parfait Day; Summersgiving
 26 Coconut Day; Beautician Day; Choc. Pudding Day
 27 Ice-Cream Cake Day; Sunglasses Day; Onion Day
 28 Alaska Day; Paul Bunyan Day
 29 Camera Day; Waffle Iron Day; Buttercrunch Day
 30 Meteor Day; Show off Your Personal Style Day



Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



Visit our facebook at: [Facebook.com/FarmingtonSquareGresham](https://www.facebook.com/FarmingtonSquareGresham)

In Our Words

June 30th is Show Off Your Personal Style Day. Our staff and residents shared their style favorites.



"Spring Colors " -Marge

"Little Black Dress " -Ann

"Winter Whites " Eva

"Wide Stripe" -Walter

"Navy Blues " -Bob

"Tie Dye " -Jane

"Floppy Hats " -Vera

"Prints " -Gary

"Mini Dress " -Nita

June Spotlights!



Staff Spotlight: Brandon

Brandon is one of our dedicated caregivers. He is always so helpful and our residents love him.

Brandon love music and going for long scenic drives. Most of all, he loves spending time with his family.

We thank you Brandon for all you do here at Farmington Square Gresham!



Resident Spotlight: Vicki

Vicki is a longtime Farmington Square Gresham Resident.

She love music, horses, and loves receiving mail from her family. She also enjoys our live music performances and loves to dance!

Vicki, we are so lucky to have you here at Farmington Square Gresham !

"It is the month of June, the month of leaves and roses, when pleasant sights salute the eyes and pleasant scents the noses."

- Nathaniel Parker Willis

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All activities subject to change per mandated health guidelines.	SNACKTIVITY 3 PM SNACKTIVITY 7 PM		1 10:00 Exercise 11:00 IN2L Music 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 Walking Group 6:00 Evening Movie	2 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L MUSIC 6:00 Evening Movie	3 10:00 Exercise 11:00 IN2L Music 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Walking Group 6:00 Evening Movie	4 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L MUSIC 6:00 Evening Movie
5 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	6 10:00 Exercise 11:00 Reminisce 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	7 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	8 10:00 Exercise 11:00 IN2L Reminisce 11:30 IN2L surprise 1:00 IN2L Travel 2:00 LIVE MUSIC (D) 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	9 10:00 Exercise 11:00 IN2L ANIMALS 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	10 10:00 Exercise 11:00 IN2L Reminisce 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	11 10:00 Exercise 11:00 IN2L ANIMALS 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie
12 10:00 Exercise 11:00 IN2L Animals 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	13 10:00 Exercise 11:00 IN2L Reminisce 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	14 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	15 10:00 Exercise 11:00 IN2L Reminisce 11:30 IN2L surprise 1:00 IN2L Animals 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	16 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	17 10:00 Exercise 11:00 IN2L ANIMALS 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	18 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 Waling Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie
19 10:00 Exercise 11:00 IN2L Animals 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Father's Day Treats 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	20 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	21 10:00 Exercise 11:00 IN2L Reminisce 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	22 10:00 Exercise 11:00 IN2L Animals 11:30 IN2L surprise 1:00 IN2L Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	23 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	24 10:00 Exercise 11:00 IN2L Reminisce 11:30 IN2L surprise 1:00 IN2L World Map 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	25 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie
26 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	27 10:00 Exercise 11:00 IN2L REMINIDE 11:30 IN2L surprise 1:00 Walking Group 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	28 10:00 Exercise 11:00 IN2L World Map 11:30 IN2L surprise 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	29 10:00 Exercise 11:00 MONTY WATERS (B) 1:00 IN2L Travel 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	30 10:00 Exercise 11:00 IN2L Travel 11:30 IN2L surprise 1:00 IN2L World Map 2:00 Resident 1 on 1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	Spirit Week: June 20-24 Monday: Summer Colors Day Tuesday: Pajama Day Wednesday: Fun T-Shirt Day Thursday: Hawaiian Day Friday: Sports Team Day	

JUNE 2022

Farmington Square • Barlow/Crown • 1655 NE 18th St., Gresham, OR 97030 • 503-665-1994

SUN	MON	TUE	WED	THU	FRI	SAT
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5 10:00 Exercise 11:00 IN2L How Much? 11:30 Resident 1 on 1 1:00 IN2L Surprise 2:00 Arts/Crafts/Music 3:00 Coffee Hour 4:00 Walking Group 6:00 Evening Movie	6 10:00 Exercise 10:30 IN2L Trivia 11:30 Resident 1 on 1 1:00 Arts/Crafts/Music 2:00 Card /Dice Games 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	7 10:30 Church /Jerry (D) 11:30 Resident 1on1 1:00 IN2L Games 2:00 Walking Group 3:00 Coffee Hour 4:00 PUZZLES 6:00 Evening Movie	8 10:00 Exercise 11:00 IN2L Travel 11:30 resident 1on1 1:00 IN2L Surprise 2:00 LIVE MUSIC (D) 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	9 10:00 Exercise 10:30 IN2L Trivia 11:30 Resident 1 on 1 1:00 Arts/Crafts/Music 2:00 Card /Dice Games 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10 10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1 on 1 1:00 IN2L Surprise 2:00 IN2L Reminisce 3:00 Coffee Hour 4:00 IN2L Karaoke 6:00 Evening Movie	11 10:00 Exercise 10:30 IN2L Trivia 11:30 Resident 1 on 1 1:00 Arts/Crafts/Music 2:00 Card /Dice Games 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
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JUNE 2022

Farmington Square

• Diamond/Emerald

• 1655 NE 18th St., Gresham OR, 97030

• 503-665-1994

SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.	SNACKTIVITY 3 PM SNACKTIVITY 7 PM		1 10:00 Exercise 11:00 IN2L Nursery Rhymes 11:30 Aromatherapy 1:00 IN2L Surprise 2:00 Arts/Crafts/Music 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	2 10:00 Exercise 11:00 Arts/Crafts 11:30 Aromatherapy 1:00 Beauty Hour 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	3 10:00 Exercise 11:00 IN2L Travel 11:30 Aromatherapy 1:00 Arts /Crafts/Music 2:00 Reading Aloud 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	4 10:00 Exercise 11:00 Arts /Crafts 11:30 Aromatherapy 1:00 IN2L Surprise 2:00 Beauty Hour 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
5 10:00 Exercise 11:00 IN2L Family Feud 11:30 Aromatherapy 1:00 IN2L Surprise 2:00 Beauty Hour 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	6 10:00 Exercise 11:00 IN2L Travel 11:30 Aromatherapy 1:00 Arts /Crafts/Music 2:00 Reading Aloud 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	7 <i>10:00 Church /Jerry (D)</i> 11:30 Aromatherapy 1:00 Reading Aloud 2:00 Court Yard Fun 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	8 10:00 Exercise 11:00 Beauty Hour 11:30 Aromatherapy 1:00 IN2L Surprise 2:00 <i>LIVE MUSIC</i> 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	9 10:00 Exercise 11:00 Arts/Crafts 11:30 Aromatherapy 1:00 IN2L Surprise 2:00 Walking Group 3:00 Coffee Hour 4:00 Manicures 6:00 Evening Movie	10 10:00 Exercise 11:00 IN2L Travel 11:30 Aromatherapy 1:00 Arts /Crafts/Music 2:00 Reading Aloud 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	11 10:00 Exercise 11:00 Arts /Crafts 11:30 Aromatherapy 1:00 IN2L Surprise 2:00 Court Yard Fun 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
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