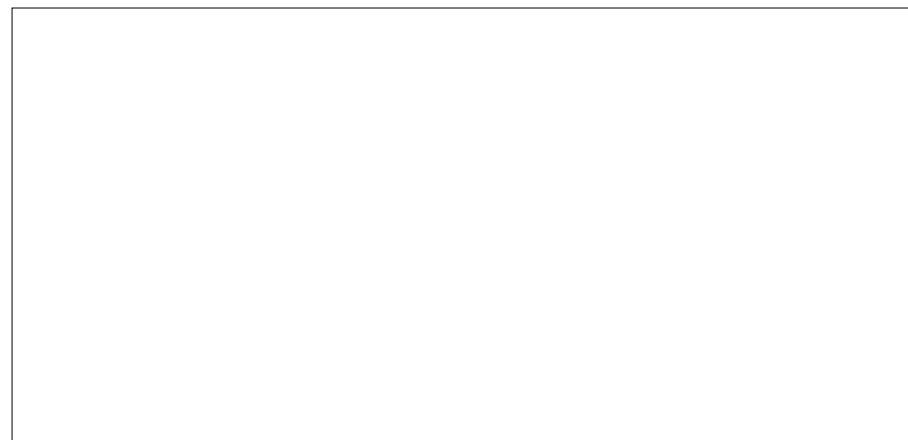




14420 SW Farmington Rd.  
Beaverton, OR 97005

Stamp



### Leadership Team

Phone: 503.626-2273

Email: [info-Beaverton@farmingtonsquare.com](mailto:info-Beaverton@farmingtonsquare.com)

Website: [farmingtonsquare-beaverton.com](http://farmingtonsquare-beaverton.com)

Executive Director:

Eric Printz

Assistant Executive Director:

Maria Cotom-Pineda

Community Relations Director:

Kara Tobey

Wellness Nurse:

Suzie Hegstrom

Wellness Directors:

Tiffany Miles & Isabelle Hein

Business Office Director:

Angela Gilmore

Life Enrichment Director:

Rob Baty

Dining Services Director:

Erika Silva

Maintenance Director:

Michael Fraser

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



# The Radiant Reader

June 2022

Farmington Square Newsletter



June is National Camping Month!

2 It's Alzheimer's Awareness Month

3 Team Spotlight

4 - 5 Activities Calendar

6 Highlights, Notes, In Our Words

7 Special Moments & Birthdays

8 Mission & Team



# Share in the Hope for an End to Alzheimer's Disease

This **Alzheimer's & Brain Awareness Month**, take action in the fight to end Alzheimer's! The Alzheimer's Association has many types of opportunities for getting involved. Check out the information and links here to start supporting!

## Join the Fight Against Alzheimer's

- Participate in the Longest Day on June 21—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at [act.alz.org](https://act.alz.org)
- Participate in the Ride to End Alzheimer's on August 28, 2022. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: [trialmatch.alz.org](https://trialmatch.alz.org)
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at [alz.org/get-involved-now/advocate](https://alz.org/get-involved-now/advocate)
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit [alz.careasy.org/home](https://alz.careasy.org/home)
- Be a Volunteer:
  - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
  - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



## Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6.5 million Americans have Alzheimer's in 2022.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: [volunteer.alz.org/Volunteeropportunities/becoming](https://volunteer.alz.org/Volunteeropportunities/becoming)

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook pages this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause. Don't forget to hashtag your efforts on social media with #endalz.

## Special Moments



## Happy Birthday!

**Dale H. - 6/25**

**Rose B. - 6/26**

Those born in June are Gemini (May 21-June 20) and Cancer (June 21-July 22). The birthstones for June are pearl and alexandrite. The birth flowers for June are roses and honeysuckles. People born in June are said to be sociable and enthusiastic.



# June 2022 Highlights

**June includes awareness observances for cataracts, headaches and migraines, liver health, men's health, and PTSD. It celebrates camping, dairy, the outdoors, roses, papayas, and fresh fruits and vegetables!**

01 Olive Day; Kind Words Day; Intl. Parent Day	20 Vanilla Shake Day; Ice Cream Soda Day; Hike Day
02 Rocky Road Day; Rotisserie Chicken Day	21 Summer!; Peaches N' Cream Day; Selfie Day
03 Egg Day; Donut Day; World Bike Day	22 Éclair Day; Onion Ring Day; World Rainforest Day
04 Cheese Day; Fish/Chips Day; Trail Day	23 Hydrate Day; Pecan Sandies Day; Color Pink Day
05 Veggie Burger Day; Cancer Survivors' Day	24 Pralines Day; World UFO Day; Cream Tea Day
06 Applesauce Cake Day; Garden Exercise Day	25 Strawberry Parfait Day; Summersgiving
07 Chocolate Ice Cream Day; World Food Safety Day	26 Coconut Day; Beautician Day; Choc. Pudding Day
08 Best Friends Day; World Oceans Day	27 Ice-Cream Cake Day; Sunglasses Day; Onion Day
09 Donald Duck Day; Strawberry Rhubarb Pie Day	28 Alaska Day; Paul Bunyan Day
10 Egg Roll Day; Iced Tea Day; Spice Day	29 Camera Day; Waffle Iron Day; Buttercrunch Day
11 Corn on Cob Day; German Chocolate Cake Day	30 Meteor Day; Show off Your Personal Style Day
12 PB Cookie Day; Red Rose Day; Jerky Day	
13 Weeding Garden Day; Men's Health Week	
14 Army Bday; Flag Day; Strawberry Shortcake Day	
15 Nature Photography Day; Smile Power Day	
16 Fudge Day; Intl. Tapas Day; Nurse Assistant Day	
17 Waste Collectors' Day; Mascot Day; Apple Strudel Day; Wear Blue Day (for Men's Health)	
18 Go Fishing Day; Intl. Picnic Day	
19 Father's Day; Juneteenth; Turkey Lovers' Day	



## Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



Visit our facebook at: [Facebook.com/FarmingtonSquareBeaverton](https://www.facebook.com/FarmingtonSquareBeaverton)

## Note from our Executive Director

Have you ever considered a career in Senior Living or just want to share enriching experiences with our seniors? One of the great ways to learn more about the field and explore the various opportunities is to volunteer.

Our community is currently seeking volunteers with caring and compassionate hearts to be companions to our seniors! Bingo it up, plant veggies in the garden, bake some desserts or get crafty alongside our wonderful residents!

If this wonderful opportunity to make memories with our seniors is of interest, please reach out to our community and speak with Rob Baty, our awesome Life Enrichment Director to learn more!



## Staff Spotlight

**Meet Karla, our employee of the month!**  
**She is one of our very dedicated and compassionate Med Techs. The residents and staff enjoy having Karla around for her amazing patience and her caring approach to all her delegations! She is a mother of a 4-year-old daughter and has recently acquired two dogs and one cat that are 9 months old. She must be related to Superwoman! She enjoys Spanish music that has a good beat to listen to. When she has free time, she enjoys walking with her daughter and dogs or abstract acrylic painting if needing "mom time."**

**Thank you Karla for all you do!**



# June 2022 Building A

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SUN	MON	TUE	WED	THU	FRI	SAT
Subject to cancellation per current mandated health guidelines. Please look for a <u>red time</u> to indicate what may be changing	Activity schedule		1	2	3	4
	Example: 9:45 Fred Meyer		9:45 Painting 9:45 Fred Meyer 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia 2:45 Ice Cream Social / Bingo 6:00 Balloon Bounce	9:45 Library Trip 9:45 Gardening 10:30 Snack 11:30 Exercise 1:30 Bean Bag Toss 2:30 Reminisce /Snack 3:00 Bingo 6:00 Travel Video	10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Trivia/Snack 2:15 Craft 3:00 Bingo 6:00 Balloon Bat	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Manicures/ Snack 2:30 Bingo 3:30 Balloon Badminton 6:00 Movie Night
5	6	7	8	9	10	11
9:30 Coffee/ News 9:45 Gardening 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bingo 2:30 Balloon Bat 3:00 Afternoon Movie 6:00 Travel Video	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Craft 2:30 Sing Along/ Snack 3:00 Bingo 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia 2:45 Ice Cream Social / Bingo 6:00 Balloon Bounce	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:15 Elsie Stuhr 1:45 Snack/ Afternoon Walk 4:00 Painting 6:00 Travel Video	10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Trivia/Snack 2:15 Craft 3:00 Bingo 6:00 Balloon Bat	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Manicures/ Snack 2:30 Bingo 3:30 Balloon Badminton 6:00 Movie Night
12	13	14 Flag Day	15	16	17	18
9:30 Coffee/ News 9:45 Gardening 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	9:45 Scenic Drive 11:00 Wacky Word Games 11:30 Exercise 1:30 Bingo 2:30 Sing Along/Snack 3:30 Travel Video 6:00 Evening Movie	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Craft 2:30 Sing Along/ Snack 3:00 Bingo 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia 2:45 Ice Cream Social / Bingo 6:00 Balloon Bounce	9:45 Library Trip 9:45 Gardening 10:30 Snack 11:30 Exercise 1:30 Bean Bag Toss 2:30 Reminisce /Snack 3:00 Bingo 6:00 Travel Video	10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Trivia/Snack 2:15 Craft 3:00 Bingo 6:00 Balloon Bat	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Manicures/ Snack 2:30 Bingo 3:30 Balloon Badminton 6:00 Movie Night
19 Father’s Day	20	21 First day of summer	22	23	24	25
9:30 Coffee/ News 9:45 Gardening 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bingo 2:30 Balloon Bat 3:00 Afternoon Movie 6:00 Travel Video	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Craft 2:30 Sing Along/ Snack 3:00 Bingo 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia 2:45 Ice Cream Social / Bingo 6:00 Balloon Bounce	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:15 Elsie Stuhr 1:45 Snack/ Afternoon Walk 4:00 Painting 6:00 Travel Video	10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Trivia/Snack 2:15 Craft 3:00 Bingo 6:00 Balloon Bat	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Manicures/ Snack 2:30 Bingo 3:30 Balloon Badminton 6:00 Movie Night
26	27	28	29	30		
9:30 Coffee/ News 9:45 Gardening 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	9:45 Scenic Drive 11:00 Wacky Word Games 11:30 Exercise 1:30 Bingo 2:30 Sing Along/Snack 3:30 Travel Video 6:00 Evening Movie	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Craft 2:30 Sing Along/ Snack 3:00 Bingo 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia 2:45 Ice Cream Social / Bingo 6:00 Balloon Bounce	9:45 Library Trip 9:45 Gardening 10:30 Snack 11:30 Exercise 1:30 Bean Bag Toss 2:30 Reminisce /Snack 3:00 Bingo 6:00 Travel Video		



# June 2022 Building B

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5	6	7	8	9	10	11
9:30 Snack 9:45 Gardening 9:45 Watercolors 10:00 Sit And Be Fit 11:00 Bible Study 1:30 Movie and Snack 3:00 Bingo 6:00 Travel Video	9:45 Scenic Drive 10:30 Coffee & News 11:00 Exercise 1:30 Travel video 3:30 Bingo 4:30 Poem of the day 6:00 Evening Movie	9:45 Gardening 10:00 Watercolors & Snack 10:30 Coffee & News 11:00 Exercise 1:30 IN2L Games 2:45 Bingo With Snack 4:00 Poem of the day 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack 1:30 Seated Stretching 2:00 Trivia/ Snack 2:45 Ice Cream Social/ Bingo 6:00 Puzzles	9:45 Gardening 10:00 Table Games 10:30 Coffee & News 11:00 Exercise 1:15 Elsie Stuhr 1:45 Snack/ Afternoon Walk 4:00 Poem Of The Day 6:00 Evening Movie	10:00 Table Games 10:30 Coffee & News 11:00 Exercise 1:30 Craft 2:30 Reminisce/ Snack 3:00 Bingo 6:00 Puzzles	9:45 Gardening 10:00 Watercolors 10:30 Coffee & News 11:00 Exercise 1:30 Balloon Badminton 2:45 Bingo With Snack 4:00 Poem of the day 6:00 Evening Movie
12	13	14 Flag Day	15	16	17	18
9:30 Snack 9:45 Gardening 9:45 Watercolors 10:00 Sit And Be Fit 11:00 Bible Study 1:30 Movie and Snack 3:00 Bingo 6:00 Travel Video	9:45 Watercolors 10:30 Coffee & News 11:00 Exercise 1:30 Travel Video 3:30 Bingo 4:30 Poem of the day 6:00 Evening Movie	9:45 Gardening 10:00 Watercolors & Snack 10:30 Coffee & News 11:00 Exercise 1:30 IN2L Games 2:45 Bingo With Snack 4:00 Poem of the day 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack 1:30 Seated Stretching 2:00 Trivia/ Snack 2:45 Ice Cream Social/ Bingo 6:00 Puzzles	9:45 Library Outing 9:45 Gardening 10:00 Snack 11:00 Word Games 1:30 Exercise 2:45 Snack 3:00 Bingo 6:00 Evening Movie	10:00 Table Games 10:30 Coffee & News 11:00 Exercise 1:30 Craft 2:30 Reminisce/ Snack 3:00 Bingo 6:00 Puzzles	9:45 Gardening 10:00 Watercolors 10:30 Coffee & News 11:00 Exercise 1:30 Balloon Badminton 2:45 Bingo With Snack 4:00 Poem of the day 6:00 Evening Movie
19 Father’s Day	20	21 First day of summer	22	23	24	25
9:30 Snack 9:45 Gardening 9:45 Watercolors 10:00 Sit And Be Fit 11:00 Bible Study 1:30 Movie and Snack 3:00 Bingo 6:00 Travel Video	9:45 Scenic Drive 10:30 Coffee & News 11:00 Exercise 1:30 Travel video 3:00 Joel Parker ‘s Synergy Combo 6:00 Evening Movie	9:45 Gardening 10:00 Watercolors & Snack 10:30 Coffee & News 11:00 Exercise 1:30 Resident Council 2:45 Bingo With Snack 4:00 Poem of the day 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack 1:30 Seated Stretching 2:00 Trivia/ Snack 2:45 Ice Cream Social/ Bingo 6:00 Puzzles	9:45 Gardening 10:00 Table Games 10:30 Coffee & News 11:00 Exercise 1:15 Elsie Stuhr 1:45 Snack/ Afternoon Walk 4:00 Poem Of The Day 6:00 Evening Movie	10:00 Table Games 10:30 Coffee & News 11:00 Exercise 1:30 Craft 2:30 Reminisce/ Snack 3:00 Bingo 6:00 Puzzles	9:45 Gardening 10:00 Watercolors 10:30 Coffee & News 11:00 Exercise 1:30 Balloon Badminton 2:45 Bingo With Snack 4:00 Poem of the day 6:00 Evening Movie
26	27	28	29	30		
9:30 Snack 9:45 Gardening 9:45 Watercolors 10:00 Sit And Be Fit 11:00 Bible Study 1:30 Movie and Snack 3:00 Bingo 6:00 Travel Video	9:45 Watercolors 10:30 Coffee & News 11:00 Exercise 1:30 Travel Video 3:30 Bingo 4:30 Poem of the day 6:00 Evening Movie	9:45 Gardening 10:00 Watercolors & Snack 10:30 Coffee & News 11:00 Exercise 1:30 IN2L Games 2:45 Bingo With Snack 4:00 Poem of the day 6:00 Evening Movie	9:45 Painting 9:45 Fred Meyer 10:30 Snack 1:30 Seated Stretching 2:00 Trivia/ Snack 2:45 Ice Cream Social/ Bingo 6:00 Puzzles	9:45 Library Outing 9:45 Gardening 10:00 Snack 11:00 Word Games 1:30 Exercise 2:45 Snack 3:00 Bingo 6:00 Evening Movie		



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**14420 SW Farmington Rd.**

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			9:45 Gardening	9:45 Gardening	9:45 Gardening	9:45 Gardening
			10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Beauty Hour
			10:30 Exercise/ Snack	10:30 Memory Bio/ Snack	10:30 Sing Along/ Snack	10:30 Sing Along/ Snack
			11:00 Sing Along	11:00 Sorting	11:00 Exercise	11:00 Balloon Toss
			11:30 Reminisce	11:30 Exercise	11:30 Aroma Therapy	11:30 Trivia
			1:30 Bingo	1:30 Sing Along	1:30 Bingo	1:30 Puzzle/Cards/Folding
2:00 Story Time / Snack	2:00 Craft/ Snack	2:00 Trivia/ Snack	2:00 Reminisce/ Snack			
3:00 Balloon Bat	3:00 Bingo	3:00 Pretty Nails	3:00 Bingo			
6:00 National Parks	6:00 Nature Relax	6:00 Nature Relax	6:00 National Parks			
5	6	7	8	9	10	11
9:45 Gardening		9:45 Gardening		9:45 Gardening		9:45 Gardening
10:00 Beauty Hour	10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Beauty Hour
10:30 Snack	10:30 Sing Along / Snack	10:30 Sing Along/Snack	10:30 Exercise/ Snack	10:30 Memory Bio/ Snack	10:30 Sing Along/ Snack	10:30 Sing Along/ Snack
11:00 Conductor Exercise	11:00 Aroma Therapy	11:00 Story Time	11:00 Sing Along	11:00 Sorting	11:00 Exercise	11:00 Balloon Toss
11:30 Good News Network	11:30 Balloon Bounce	11:30 Seated Stretching	11:30 Reminisce	11:30 Exercise	11:30 Aroma Therapy	11:30 Trivia
1:30 Spiritual Hymns	1:30 Travel	1:30 Bingo	1:30 Bingo	1:30 Sing Along	1:30 Bingo	1:30 Puzzle/Cards/Folding
2:00 Balloon Bounce	2:00 Reminisce/ Snack	2:00 Old Commercials/Snack	2:00 Story Time / Snack	2:00 Craft/ Snack	2:00 Trivia/ Snack	2:00 Reminisce/ Snack
3:00 Bingo	3:00 Bingo	3:00 Balloon Bat	3:00 Balloon Bat	3:00 Bingo	3:00 Pretty Nails	3:00 Bingo
6:00 Travel Videos	6:00 Movie	6:00 Nature Relax	6:00 National Parks	6:00 Nature Relax	6:00 Nature Relax	6:00 National Parks
12	13	14	15	16	17	18
9:45 Gardening		Flag Day		9:45 Gardening		9:45 Gardening
10:00 Beauty Hour	10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Beauty Hour
10:30 Snack	10:30 Sing Along / Snack	10:30 Sing Along/Snack	10:30 Exercise/ Snack	10:30 Memory Bio/ Snack	10:30 Sing Along/ Snack	10:30 Sing Along/ Snack
11:00 Conductor Exercise	11:00 Aroma Therapy	11:00 Story Time	11:00 Sing Along	11:00 Sorting	11:00 Exercise	11:00 Balloon Toss
11:30 Good News Network	11:30 Balloon Bounce	11:30 Seated Stretching	11:30 Reminisce	11:30 Exercise	11:30 Aroma Therapy	11:30 Trivia
1:30 Spiritual Hymns	1:30 Travel	1:30 Bingo	1:30 Bingo	1:30 Sing Along	1:30 Bingo	1:30 Puzzle/Cards/Folding
2:00 Balloon Bounce	2:00 Reminisce/ Snack	2:00 Old Commercials/Snack	2:00 Story Time / Snack	2:00 Craft/ Snack	2:00 Trivia/ Snack	2:00 Reminisce/ Snack
3:00 Bingo	3:00 Bingo	3:00 Balloon Bat	3:00 Balloon Bat	3:00 Bingo	3:00 Pretty Nails	3:00 Bingo
6:00 Travel Videos	6:00 Movie	6:00 Nature Relax	6:00 National Parks	6:00 Nature Relax	6:00 Nature Relax	6:00 National Parks
19	20	21	22	23	24	25
Father’s Day		First day of summer				
9:45 Gardening		9:45 Gardening		9:45 Gardening		9:45 Gardening
10:00 Beauty Hour	10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Beauty Hour
10:30 Snack	10:30 Sing Along / Snack	10:30 Sing Along/Snack	10:30 Exercise/ Snack	10:30 Memory Bio/ Snack	10:30 Sing Along/ Snack	10:30 Sing Along/ Snack
11:00 Conductor Exercise	11:00 Aroma Therapy	11:00 Story Time	11:00 Sing Along	11:00 Sorting	11:00 Exercise	11:00 Balloon Toss
11:30 Good News Network	11:30 Balloon Bounce	11:30 Seated Stretching	11:30 Reminisce	11:30 Exercise	11:30 Aroma Therapy	11:30 Trivia
1:30 Spiritual Hymns	1:30 Travel	1:30 Bingo	1:30 Bingo	1:30 Sing Along	1:30 Bingo	1:30 Puzzle/Cards/Folding
2:00 Balloon Bounce	2:00 Reminisce/ Snack	2:00 Old Commercials/Snack	2:00 Story Time / Snack	2:00 Craft/ Snack	2:00 Trivia/ Snack	2:00 Reminisce/ Snack
3:00 Bingo	3:00 Bingo	3:00 Balloon Bat	3:00 Balloon Bat	3:00 Bingo	3:00 Pretty Nails	3:00 Bingo
6:00 Travel Videos	6:00 Movie	6:00 Nature Relax	6:00 National Parks	6:00 Nature Relax	6:00 Nature Relax	6:00 National Parks
26	27	28	29	30		
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10:00 Beauty Hour	10:00 Beauty Hour	10:00 Pretty Nails	10:00 Beauty Hour	10:00 Pretty Nails		
10:30 Snack	10:30 Sing Along / Snack	10:30 Sing Along/Snack	10:30 Exercise/ Snack	10:30 Memory Bio/ Snack		
11:00 Conductor Exercise	11:00 Aroma Therapy	11:00 Story Time	11:00 Sing Along	11:00 Sorting		
11:30 Good News Network	11:30 Balloon Bounce	11:30 Seated Stretching	11:30 Reminisce	11:30 Exercise		
1:30 Spiritual Hymns	1:30 Travel	1:30 Bingo	1:30 Bingo	1:30 Sing Along		
2:00 Balloon Bounce	2:00 Reminisce/ Snack	2:00 Old Commercials/Snack	2:00 Story Time / Snack	2:00 Craft/ Snack		
3:00 Bingo	3:00 Bingo	3:00 Balloon Bat	3:00 Balloon Bat	3:00 Bingo		
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