



2772 W. Avante Loop
Coeur d'Alene, ID 83815

Stamp



Leadership Team
Phone: 208.664.6116
Email: info@assistedlivingcda.com
Website: assistedlivingcda.com

Executive Director:
Andrew Steighner
Community Relations Director:
Brian Tucker
Wellness Director:
Lisa Kinservik
Wellness Nurse:
Rebecca Knewe
Wellness Nurse:
Dana Seaman, LPN
Business Office Director:
Tiffany Wallace
Life Enrichment Director:
Cassidy Huckaby
Dining Services Director:
Jay Hehr
Maintenance Director:
Jeff Smith

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



The Renaissance Reader

June 2022 Newsletter



June is National Camping Month!

2 It's Alzheimer's Awareness Month
3 Team & Resident Spotlight
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7 Special Moments & Birthdays
8 Mission & Team

Share in the Hope for an End to Alzheimer's Disease

This **Alzheimer's & Brain Awareness Month**, take action in the fight to end Alzheimer's! The Alzheimer's Association has many types of opportunities for getting involved. Check out the information and links here to start supporting!

Join the Fight Against Alzheimer's

- Participate in the Longest Day on June 21—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org
- Participate in the Ride to End Alzheimer's on August 28, 2022. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit alz.careasy.org/home
- Be a Volunteer:
 - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
 - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6.5 million Americans have Alzheimer's in 2022.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: volunteer.alz.org/Volunteeropportunities/becoming

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook pages this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause. Don't forget to hashtag your efforts on social media with #endalz.

Special Moments



Happy Birthday!

Residents

Mickie: June 13th-

Marilyn: June 30th

Staff

Mary: June 8th

Mikyala: June 29th

Those born in June are Gemini (May 21-June 20) and Cancer (June 21-July 22). The birthstones for June are pearl and alexandrite. The birth flowers for June are roses and honeysuckles. People born in June are said to be sociable and enthusiastic.



June 2022 Highlights

June includes awareness observances for cataracts, headaches and migraines, liver health, men's health, and PTSD. It celebrates camping, dairy, the outdoors, roses, papayas, and fresh fruits and vegetables!

01 Olive Day; Kind Words Day; Intl. Parent Day	20 Vanilla Shake Day; Ice Cream Soda Day; Hike Day
02 Rocky Road Day; Rotisserie Chicken Day	21 Summer!; Peaches N' Cream Day; Selfie Day
03 Egg Day; Donut Day; World Bike Day	22 Éclair Day; Onion Ring Day; World Rainforest Day
04 Cheese Day; Fish/Chips Day; Trail Day	23 Hydrate Day; Pecan Sandies Day; Color Pink Day
05 Veggie Burger Day; Cancer Survivors' Day	24 Pralines Day; World UFO Day; Cream Tea Day
06 Applesauce Cake Day; Garden Exercise Day	25 Strawberry Parfait Day; Summersgiving
07 Chocolate Ice Cream Day; World Food Safety Day	26 Coconut Day; Beautician Day; Choc. Pudding Day
08 Best Friends Day; World Oceans Day	27 Ice-Cream Cake Day; Sunglasses Day; Onion Day
09 Donald Duck Day; Strawberry Rhubarb Pie Day	28 Alaska Day; Paul Bunyan Day
10 Egg Roll Day; Iced Tea Day; Spice Day	29 Camera Day; Waffle Iron Day; Buttercrunch Day
11 Corn on Cob Day; German Chocolate Cake Day	30 Meteor Day; Show off Your Personal Style Day
12 PB Cookie Day; Red Rose Day; Jerky Day	
13 Weeding Garden Day; Men's Health Week	
14 Army Bday; Flag Day; Strawberry Shortcake Day	
15 Nature Photography Day; Smile Power Day	
16 Fudge Day; Intl. Tapas Day; Nurse Assistant Day	
17 Waste Collectors' Day; Mascot Day; Apple Strudel Day; Wear Blue Day (for Men's Health)	
18 Go Fishing Day; Intl. Picnic Day	
19 Father's Day; Juneteenth; Turkey Lovers' Day	



Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



Visit our facebook at: [Facebook.com/TheRenaissanceAssistedLivingAtCoeurDALene](https://www.facebook.com/TheRenaissanceAssistedLivingAtCoeurDALene)

A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Summer is finally here and we are welcoming the warmer weather here at the Renaissance. We have lots of great activities this month and exciting news. We have a new community bus here on campus and are really excited to use our new bus for activities. You can't miss it—it's purple with the Renaissance logo! We have bus rides scheduled every Saturday this month so please take advantage of getting out in the community and on the bus. We have an outing on 6/15 for a picnic in the park. Please arrange all bus rides with Cassidy our Life Enrichment Director. We also want to welcome our new Community Relations Director Brian to the community. Please give him a warm welcome as well as our new Life Enrichment Assistant Stacy! We will be having a Father's Day celebration on 6/14 as well as Father's Day on 6/19. Join us in the courtyard for live entertainment this month that we have scheduled on 6/8, 6/15, 6/22, 6/28, and 6/29. We will also be planning some BBQ's to be announced, games outside in the courtyard and we will have some planter boxes coming in soon too for the community!

I appreciate everyone's support and I wish you all a very happy and health June! *"When the flower blooms the bees come uninvited"*

Blessings, Andrew



Staff Spotlight: Susan

This month we would like to recognize one of our Med-Techs, Susan! Susan has been with the Renaissance for almost a year and has been a fantastic addition! Susan works overnight to ensure all of our residents are safe and well cared for. Susan is always willing to help and keeps a smile on her face! Thank you Susan!



Resident Spotlight: Robert

This month we would like to recognize our resident Robert! Robert is always so kind to all who come through our community. Robert enjoys playing bingo, playing Rummikub, doing crafts, and celebrating at our parties! Thank you, Robert for making all of us smile!

JUNE 2022

The Renaissance Assisted Living • 2772 W. Avante Loop, Coeur d'Alene, ID 83815 • 208.664.6116

SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.			1 8:00 Morning Chat (All) 9:00 Balloon Volleyball (St) 10:00 Gardening Club (A) 11:00 <i>Family Feud</i> (R) 11:00 Bus Ride (A) 1:00 Bus Ride (R) 1:00 <i>Bingo</i> (M) 2:00 Puzzles (St) 2:00 <i>Scrabble</i> (V) 3:00 Resident Council (All)	2 8:00 Morning Chat (All) 9:00 Walking Group (M) 10:00 Sit and Be Fit (R) 11:00 Bingo (A) 1:00 Trivia (R) 2:00 Crosswords (V) 3:00 Movie & Popcorn (St)	3 9:00 One on One (St) 9:00 <i>Rummikub</i> (V) 10:00 Brain Teasers (A) 10:00 <i>Scrabble</i> (M) 11:00 Puzzles (St) 11:00 <i>Uno</i> (V) 1:00 Left, Right, Center (R) 1:00 <i>Reading Group</i> (A) 2:00 <i>Bus Ride</i> (M) 2:00 Bingo (R) 3:00 <i>Reading Group</i> (V)	4 8:00 Morning Chat (All) 9:00 Tactile Boxes (St) 10:00 Bus Ride (A) 11:00 Balloon Volleyball (R) 1:00 Bus Ride (V) 2:00 Bingo (M) 3:00 Chair Exercise (St)
5 8:00 Morning Chat (All) 9:00 Bus Ride (St) 10:00 Live Church Stream (All) 11:00 Bingo (A) 1:00 Rummikub (M) 2:00 Scrabble (V) 3:00 Trivia (R)	6 8:00 Morning Chat (All) 9:00 <i>Resistant Band Exercise</i> (St) 10:00 <i>Bingo</i> (R) 10:00 Bingo (V) 11:00 <i>Walking Group</i> (M) 11:00 Balloon Volleyball (A) 1:00 <i>Reading Group</i> (V) 1:00 Tactile Boxes (St) 2:00 Craft (M) 3:00 <i>Snack and Chat</i> (A) 3:00 Color and Calm (R)	7 8:00 Morning Chat (All) 9:00 <i>Coloring Group</i> (St) 10:00 <i>Rosary</i> (A) 10:00 Resistant Band Exercise (R) 11:00 Bingo (A) 11:00 <i>Bingo</i> (M) 1:00 Painting (St) 1:00 <i>Connect Four</i> (V) 2:00 June Birthday Celebration (All) 3:00 Gardening Club (V)	8 8:00 Morning Chat (All) 9:00 Balloon Volleyball (St) 10:00 Gardening Club (A) 11:00 JJ Dion (LE) 1:00 Bus Ride (R) 1:00 <i>Bingo</i> (M) 2:00 Family Feud (R) 2:00 Bus Ride (A) 3:00 Puzzles (St) 3:00 <i>Scrabble</i> (V)	9 8:00 Morning Chat (All) 9:00 Walking Group (M) 10:00 Sit and Be Fit (R) 11:00 Bingo (A) 1:00 Trivia (R) 2:00 Crosswords (V) 3:00 Movie & Popcorn (St)	10 9:00 One on One (St) 9:00 <i>Rummikub</i> (V) 10:00 Jim Dossey (LE) 11:00 Puzzles (St) 11:00 <i>Uno</i> (V) 1:00 Left, Right, Center (R) 1:00 <i>Reading Group</i> (A) 2:00 Bus Ride (M) 2:00 <i>Bingo</i> (R) 3:00 <i>Reading Group</i> (V)	11 8:00 Morning Chat (All) 9:00 Tactile Boxes (St) 10:00 Bus Ride (A) 11:00 Balloon Volleyball (R) 1:00 Bus Ride (V) 2:00 Bingo (M) 3:00 Chair Exercise (St)
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