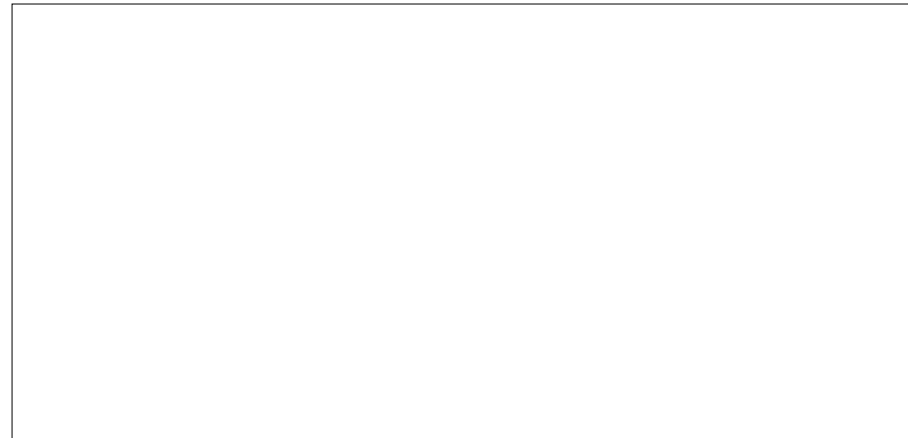




1547 N. Hunters Way  
Bozeman, MT 59718

Stamp



**Leadership Team**  
Phone: 406.522.5452  
Email: [info@bozeman-lodge.com](mailto:info@bozeman-lodge.com)  
Website: [bozeman-lodge.com](http://bozeman-lodge.com)

**Executive Director:**  
Caitlyn Stolz  
**Assistant Executive Director:**  
Tina Espeland  
**Community Relations Director:**  
Greggory Wagner  
**Wellness Director:**  
Sarah Collingwood  
**Business Office Director:**  
Zandra Stolz  
**Life Enrichment Director:**  
Tina Thompson  
**Dining Services Director:**  
Tim Green  
**Maintenance Director:**  
Garret Hofmaster

**Our mission is to create and sustain comfortable, caring environments for those who depend on us.**



# Bozeman Lodge News

June 2022 Newsletter



**2 It's Alzheimer's Awareness Month**  
**3 Camping Week & Resident Spotlight**  
**4 - 5 Activities Calendar**

**6 Highlights & Notes**  
**7 Special Moments & Birthdays**  
**8 Mission & Team**



# Share in the Hope for an End to Alzheimer's Disease

This **Alzheimer's & Brain Awareness Month**, take action in the fight to end Alzheimer's! The Alzheimer's Association has many types of opportunities for getting involved. Check out the information and links here to start supporting!

## Join the Fight Against Alzheimer's

- Participate in the Longest Day on June 21—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at [act.alz.org](https://act.alz.org)
- Participate in the Ride to End Alzheimer's on August 28, 2022. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: [trialmatch.alz.org](https://trialmatch.alz.org)
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at [alz.org/get-involved-now/advocate](https://alz.org/get-involved-now/advocate)
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit [alz.careasy.org/home](https://alz.careasy.org/home)
- Be a Volunteer:
  - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
  - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



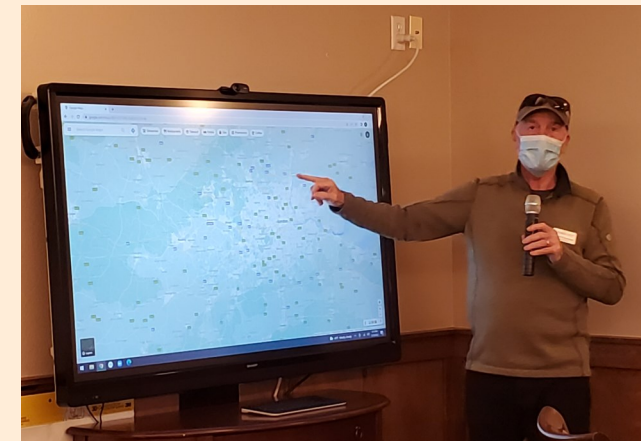
## Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6.5 million Americans have Alzheimer's in 2022.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: [volunteer.alz.org/Volunteeropportunities/becoming](https://volunteer.alz.org/Volunteeropportunities/becoming)

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook pages this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause. Don't forget to hashtag your efforts on social media with #endalz.

## Special Moments



## Happy Birthday!

<b>Lynn M.: June 3</b>	<b>Betty L.: June 18</b>
<b>Billie L.: June 3</b>	<b>JoDee M.: June 20</b>
<b>Patti H.: June 3</b>	<b>Mary Ann N.: June 26</b>
<b>Gerene S.: June 6</b>	<b>John A.: June 27</b>
<b>Kristy K.: June 7</b>	<b>Jean L.: June 30</b>
<b>Sue C.: June 14</b>	

Those born in June are Gemini (May 21-June 20) and Cancer (June 21-July 22). The birthstones for June are pearl and alexandrite. The birth flowers for June are roses and honeysuckles. People born in June are said to be sociable and enthusiastic.



# June 2022 Highlights

June includes awareness observances for cataracts, headaches and migraines, liver health, men's health, and PTSD. It celebrates camping, dairy, the outdoors, roses, papayas, and fresh fruits and vegetables!

- |   |  |
|---|--|
| 02 Prize Twister Game                               | 23 Free Livingston Concert in the Park*  |
| 03 Shopping at Dollar Tree/Hobby Lobby*             | 24 Trip to Emerson Cultural Center & Lunch at Sidewall Pizza Company*                    |
| 03 Resident Council Meeting                         | 25 Men's Pizza Party*  |
| 03 Stars of the American Ballet Outing*             | 26 Bozeman Symphony: Music of John Williams*   |
| 04 Shopping for Patio Flowers at Home Depot*        | 27 Visit to Montana Grizzly Encounter*   |
| 06 Collecting Yellowstone Vendor Fair & Quilt Show* | 28 Panning for Gold on the Patio   |
| 07 Writing Club with Mallory                        | 29 Backpacking Presentation by Sarah   |
| 08 Music & Movement Drumming Exercise               | 30 Camping Party: Food, Games, Crafts. Grand and Great Grandkids are invited to attend!* |
| 10 Shopping at Smith's*                             |  |
| 13 Breakfast at Stuffed Crepes & Waffles*           |  |
| 13 Bubble Painting: Art for All Abilities           |  |
| 14 Banana Splits & Prize Trivia                     |  |
| 15 Music with Edis & Cliff                          |  |
| 16 Cottage Happy Hour                               |  |
| 17 Shopping at Walmart*                             |  |
| 19 Men's Happy Hour and Whiskey Tasting             |  |
| 19 Father's Day Dinner                              |  |
| 20 Book Club Meeting                                |  |
| 22 Happy Hour with Alice and Ray                    |  |
| 23 Blood Pressure Clinic: Free for ALL Residents    |  |



## Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.

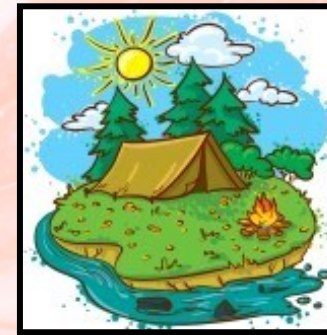


Visit our facebook at:  
[Facebook.com/BozemanLodge](https://www.facebook.com/BozemanLodge)

## Father's Day Festivities

We'll be hosting a special Men's Happy Hour on Sunday, June 19th at 3:30pm in the Bistro. This happy hour will include a whiskey tasting and some light appetizers.

Father's Day Dinner will be hosted from 4:30pm-6:30pm on June 19th. There are not separate seating times. Guest meals cost \$10. Please RSVP by Wednesday, June 15th



We're celebrating Camping Month with an entire week of fun Camping Themed Activities!  
June 27<sup>th</sup>-July 2<sup>nd</sup>

Monday 27th: Visit Montana Grizzly Encounter. Entrance fee is \$9, paid at the entrance gate. In the afternoon test your aim with target shooting on the Patio.  
Tuesday 28th: Baking club will be making Campfire Cupcakes. Also, try your hand at Gold Panning on the Patio!  
Wednesday 29th: Wellness Director Sarah will be giving a fun, interactive presentation on Backpacking and talk about some of her wilderness adventures. In the evening, we'll gather around the fire pit on the patio, roast some s'mores and share spooky stories.  
Thursday 30th: We're having a camping themed party with activities that include games, crafts, and snacks. It will be from 2:00-4:00pm. We encourage you to invite your grand (and great grand) kids! RSVPs are required, so be on the lookout for a flyer with more information. Dinner that night will include a hot dog bar with a variety of toppings!

PLEASE NOTE: Due to the family event on June 30th, There will be NO TRANSPORTATION SERVICES available on THURSDAY, JUNE 30TH AFTER 12:00PM



## Resident Spotlight: Sue C.

Sue, originally from southern Illinois, has lived at Bozeman Lodge for two years. Prior to moving to the Lodge, she lived in Maine with her husband. During her career, Sue was a Professor of Higher Education and Academic Affairs, as well as a Dean at Bowling Green State. Another career Sue talks about fondly was helping to place American students with international families so they could expand their studies. She has traveled all over the world herself, so it's no surprise that Sue's favorite food includes a variety of foreign food as well as east coast clam chowder. Her favorite color is green. Sue loves to have good conversation! Be sure to say hello if you see her around the Lodge.



# JUNE 2022

Bozeman Lodge

• 1547 N. Hunters Way, Bozeman, MT 59718

• (406) 522-5452

SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.			1 9:30 Exercise with Cheryl 10:15 IN2L: Brain Games 10:45 Google Arts & Culture 1:00 Catholic Communion 2:00 Play Scrabble 3:00 Afternoon Movie 4:00 Ladderball League 7:00 Evening Movie	2 9:00 Resident Store 9:30 Great Courses: Lifelong Learning Lectures 10:45 IN2L: Daily Crossword 1:00 Knit/Crochet/Needlework Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Play Prize Twister 7:00 Evening Movie	3 9:45 Shopping at Dollar Tree/Hobby Lobby* 10:00 IN2L Exercise: Sit & Be Fit 11:00IN2L: Wordle Brain Game 1:00 Bible Study w/ Bill Bell 2:30 Resident Council Meeting 4:00 Guided Meditation 6:15 Stars of American Ballet* 7:00 Evening Movie	4 9:30 Fruit Smoothies 10:15 Shopping for Patio Flowers at Home Depot* 11:00 IN2L: Good Cause Trivia 1:00 Theater: Minimalism Documentary 2:00 Bingo 3:00 Afternoon Movie 3:30 Gardening Club: Flower Planting 4:00 IN2L: Rick Steve's Travel 7:00 Evening Movie
5 10:00 Calvary Baptist Church Service 11:00 IN2L: Wordle Brain Game 1:00 Walking with Neighbors 2:30 Ecumenical Service via Video 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie	6 9:30 This Week in History 10:00 Collecting Yellowstone: Vendor & Quilt Fair* 11:00 IN2L: TED Talks: Short Educational Lecture 1:30 Men's Strength Training 2:00 Bingo 3:00 Afternoon Movie 3:30 Painting Club 7:00 Evening Movie	7 9:30 Whipped Strawberry Milk 10:15 Circuit Exercise 11:00 IN2L: Wordle Brain Game 1:30 Bridge Club 2:30 Writing Club with Mallory 3:00 Afternoon Movie 4:00 Activity Forum 7:00 Evening Movie	8 9:30 IN2L Exercise: Sit & Be Fit 10:15 IN2L: Trivia 10:30 Greeting Card Sales 10:45 Photography Club 1:00 Catholic Communion 2:00 Music & Movement Drumming Exercise 3:00 Afternoon Movie 4:00 Play Cornhole 7:00 Evening Movie	9 9:30 Great Courses: Lifelong Learning Lectures 10:00 Resistance Bands Exercise with Anna 10:45 IN2L: Brain Teasers 1:00 Knit/Crochet/Needlework Club 2:00 Bingo 3:30 Woodworking Club 7:00 Evening Movie	10 9:45 Shopping at Smith's* 10:00 IN2L Exercise: Tai Chi 11:00IN2L: Wordle Brain Game 1:00 Bible Study w/ Bill Bell 2:00 Play Gin Rummy 3:00 Afternoon Movie 3:00 Sing Along w/ Grace 3:30 Play Cribbage 7:00 Evening Movie	11 9:30 Fruit Smoothies 10:15 Gardening Club 11:00 IN2L: Let's Travel! 1:00 Theater: Life on Our Planet Documentary 2:00 Bingo 3:00 Afternoon Movie 3:30 Play Family Feud 4:00 IN2L: Virtual Gardens 7:00 Evening Movie
12 10:00 Calvary Baptist Church Service 11:00 IN2L: Wordle Brain Game 1:00 Walking with Neighbors 2:30 Ecumenical Service 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie	13 8:15 Breakfast at Stuffed Crepes & Waffles* 9:30 This Week in History 10:30 IN2L: What Did It Cost? Trivia 1:30 Men's Strength Training 2:00 Bingo 3:00 Afternoon Movie 3:30 Bubble Painting: Art for All Abilities! 7:00 Evening Movie	14 9:30 Blackberry Iced Tea Latte 10:15 Circuit Exercise 11:00 IN2L: Wordle Brain Game 1:30 Bridge Club 2:30 Writing Club with Mallory 3:00 Afternoon Movie 3:30 Banana Splits & Prize Trivia 7:00 Evening Movie	15 9:30 Exercise with Cheryl 10:15 IN2L: Brain Games 10:45 Google Arts & Culture 12:45 Visit from Bookmobile 1:00 Theater: Fantastic Fungi 2:00 Music w/ Edis & Cliff 3:00 Afternoon Movie 3:30 Catholic Mass 4:00 Ladderball League 7:00 Evening Movie	16 9:00 Resident Store 9:30 Great Courses: Lifelong Learning Lectures 10:00 Chair Yoga with Anna 10:45 IN2L: Daily Crossword 1:00 Knit/Crochet/Needlework Club 2:00 Bingo 3:00 Afternoon Movie 3:45 Cottage Happy Hour 7:00 Evening Movie	17 9:45 Shopping at Walmart* 10:00 IN2L Exercse: Sit & Be Fit 11:00 IN2L:Wordle Brain Game 1:00 Bible Study w/ Bill Bell 2:00 Learn to Play Left Center Right Dice Game 3:00 Afternoon Movie 3:30 Ladies Tea Party* 7:00 Evening Movie	18 9:30 Fruit Smoothies 10:15 Gardening Club 11:00 Balloon Volleyball 1:00 Theater: Wonders of the Reef Documentary 2:00 Bingo 3:00 Afternoon Movie 3:30 Play Scrabble 4:00 IN2L: Rick Steve's Travel 7:00 Evening Movie
19 <b>Father's Day</b> 10:00 Calvary Baptist Church Service 11:00 IN2L: Wordle Brain Game 1:00 Walking with Neighbors 2:30 Ecumenical Service 3:00 Afternoon Movie 3:30 Men's Happy Hour 4:30 Father's Day Dinner* 7:00 Evening Movie	20 9:30 This Week in History 10:00 Fun Math Trivia with Mallory 11:00 IN2L: What Did it Cost? 1:30 Men's Strength Training 2:00 Bingo 3:00 Afternoon Movie 3:30 Book Club Meeting 7:00 Evening Movie	21 9:30 Iced Milk & Honey Lattes 10:15 Circuit Exercise 11:00 IN2L: Wordle Brain Game 1:30 Bridge Club 2:30 Writing Club with Mallory 3:00 Afternoon Movie 3:30 Independence Day Craft 7:00 Evening Movie	22 9:30 Exercise with Cheryl 10:15 IN2L: Trivia 10:30 Greeting Card Sales 10:45 Photography Club 1:00 Catholic Communion 2:00 Cooking Club 3:00 Afternoon Movie 3:45 Happy Hour with Alice & Ray 7:00 Evening Movie	23 9:30 Great Courses: Lifelong Learning Lectures 9:30 Blood Pressure Clinic 10:00 Resistance Bands Exercise with Anna 10:45 IN2L: Daily Crossword 1:00 Knit/Crochet/Needlework 2:00 Bingo 3:00 Afternoon Movie 4:00 Livingston Concert in the Park* 7:00 Evening Movie	24 9:45 Emerson Cultural Center & Lunch @ Sidewall Pizza Co.* 10:00 IN2L Exercise: Tai Chi 11:00 IN2L:Wordle Brain Game 1:00 Bible Study w/ Bill Bell 2:00 Play Dice Game Farkle 3:00 Afternoon Movie 3:00 Sing Along w/ Grace 4:00 Guided Meditation 7:00 Evening Movie	25 9:30 Fruit Smoothies 10:15 Gardening Club 12:00 Men's Pizza Party* 1:00 Theater: Birders Documentary 2:00 Bingo 3:00 Afternoon Movie 3:30 Play Gin Rummy 4:00 IN2L: Virtual Gardens 7:00 Evening Movie
26 10:00 Calvary Baptist Church Service 11:00 IN2L: Wordle Brain Game 1:00 Walking with Neighbors 1:45 Bozeman Symphony: Music of John Williams* 2:30 Ecumenical Service 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie	27 <b>Camping Week</b> 9:30 This Week in History 9:30 Visit to Montana Grizzly Encounter* 10:15 Snack Chat 11:00 IN2L: TED Talks: Short Educational Lecture 1:30 Men's Strength Training 2:00 Bingo 3:00 Afternoon Movie 3:30 Target Shooting 7:00 Evening Movie	28 9:30 Campfire Mochas 10:15 Circuit Exercise 11:00 IN2L: Wordle Brain Game 1:30 Bridge Club 2:30 Baking Club: Campfire Cupcakes 3:00 Afternoon Movie 3:45 Panning for Gold 7:00 Evening Movie	29 9:30 Exercise with Cheryl 10:45 IN2L: Camping Trivia 12:45 Visit from Bookmobile 1:00 Catholic Communion 2:30 Backpacking Presentation by Sarah 3:00 Afternoon Movie 3:30 Decorate Bird Houses 5:30 Spooky Stories & S'mores Around the Fire 7:00 Evening Movie	30 9:30 Great Courses: Lifelong Learning Lectures 10:00 Chair Yoga with Anna 10:45 IN2L: Brain Teasers 1:00 Knit/Crochet/Needlework Club 2:00 Camping Party on the Patio 3:00 Afternoon Movie 4:30 Hot Dog Bar* 7:00 Evening Movie		