

# DISCOVER Anthology Senior Living

## ASSISTED LIVING

A personalized care plan with day-to-day assistance, supported by passionate caregivers

## EXPERIENCE THE CARE of compassionate team members

Care team members available 24/7

Robust COVID-19 safety protocols and programs

Care designed to promote independence while providing assistance as needed

Wellness profile and personalized wellness plan completed by a licensed nurse

Ongoing professional oversight of healthcare, behavioral, and cognitive needs

Assistance with activities of daily living such as dressing, bathing, grooming, transportation, and medication management

Balanced Living program: designed to reduce falls while improving physical health and balance

In-suite personal alert system

Occupational and physical therapy provided by Legacy® Healthcare Services

Ongoing, extensive team member training

Partnership with national pharmacies for safe dispensing and delivery of medications



## Continue Your Life Story With Us

Continue your life story with joy, connection and comfort every day. Experience the personalized, compassionate care and vibrant living you deserve. It is our honor to be a part of your next chapter.



## ANTHOLOGY SENIOR LIVING TUCKAHOE

567 N. Parham Road  
Henrico, VA 23229

**804-554-2027**

[AnthologySeniorLiving.com/Tuckahoe](https://AnthologySeniorLiving.com/Tuckahoe)

A CA SENIOR LIVING COMMUNITY

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## ANTHOLOGY SENIOR LIVING TUCKAHOE

## ASSISTED LIVING





## ENVISION

all the comforts of home, with personalized care and the support of a vibrant community, blended with utmost discretion and privacy



## PURPOSEFULLY ENGAGE *with* enriching activities for body, mind and spirit

- Daily activities nurture six dimensions of wellness: physical, emotional, social, intellectual, spiritual, environmental
- Social, cultural, educational, exercise, wellness, and recreational programs
- On-site entertainment
- Intergenerational art program for creative self-expression and social engagement
- *Sagely*® Family App, to track resident activity and participation
- *Fit Minds*™ instructor-led classes to engage five domains of cognition: language and music, visual and spatial, critical thinking, computation, long-term and working memory
- *iN2L*® large-screen and personal tablet-based activities to entertain and engage in group and individual settings

## DELIGHT *in* fine cuisine

- On-trend gourmet dining
- In-house professional chefs
- Fresh menus supervised by a registered dietitian
- Snack options 24 hours a day

## ENJOY premium accommodations and amenities

- Gracious, contemporary private suites
- Full housekeeping, linen and maintenance services
- Escorts to and from meals and events
- Concierge services
- Transportation to appointments, shopping, dining and outings
- Salon and barber shop
- Top-of-line fitness facilities
- Community activity center, craft room, library, and theatre
- Well-appointed common areas
- Golf simulator and outdoor recreation areas

## SCHEDULE YOUR TOUR TODAY!

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