# Anthology Senior Living

#### MEMORY CARE

Expert care in a safe and nurturing environment, delivered with compassion and respect

### EXPERIENCE THE CARE of compassionate team members

Care team members available 24/7

Robust COVID-19 safety protocols and programs

Care designed to promote independence while providing assistance as needed

Wellness profile and personalized wellness plan completed by a licensed nurse

Ongoing professional oversight of healthcare, behavioral, and cognitive needs

Assistance with activities of daily living such as dressing, bathing, grooming, transportation, and medication management

Balanced Living program: designed to reduce falls while improving physical health and balance

In-suite personal alert system

Occupational and physical therapy provided by Legacy® Healthcare Services

Ongoing, extensive team member training

Partnership with national pharmacies for safe dispensing and delivery of medications



### ANTHOLOGY SENIOR LIVING TUCKAHOE

567 N. Parham Road Henrico, VA 23229

804-554-2027

AnthologySeniorLiving.com/Tuckahoe

A CA SENIOR LIVING COMMUNITY

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# ANTHOLOGY SENIOR LIVING TUCKAHOE

MEMORY CARE



### GAIN PEACE OF MIND,

knowing your loved one
has certified care in a safe, secure
environment within a supportive
warm community



### PURPOSEFULLY ENGAGE with daily enrichment opportunities

- Daily activities nurture six dimensions of wellness: physical, emotional, social, intellectual, spiritual, environmental
- iN2L® large-screen and personal tablet-based activities to entertain and engage in group and individual settings
- Fit Minds<sup>TM</sup> instructor-led classes to engage five domains of cognition: language and music, visual and spatial, critical thinking, computation, long-term and working memory

## GAIN FAMILY SUPPORT and education from an understanding community

- Dementia education series for current and prospective family and friends
- Focus groups for current family and friends
- Dementia resource library
- Sagely® Family App, to track resident activity and participation

### LIVE WITH ASSURANCE in

an intentionally designed, secure environment

- Residential, non-clinical ambience
- Decor, colors, music, team uniforms selected to foster a serene environment
- Artwork and nostalgic images to evoke feelings of home
- Personalized memory box outside each suite, for familiarity

### **DELIGHT** in

#### fine cuisine

- Chef-inspired fresh menus, supervised by a registered dietitian
- Personalized plated meals
- Bite-sized servings (utensil-free) option
- Pureed option piped to maintain color and appeal
- Team members dedicated to Memory Care residents only, for familiarity and continuity

### **ENJOY**

premium amenities

- Gracious contemporary private suites
- Full housekeeping, linen and maintenance services
- Escorts to and from meals and events
- Concierge services
- Transportation to appointments, shopping, dining and outings
- Salon and barber shop
- Community activity center, craft room, library, and theatre
- Well-appointed common areas
- Landscaped gardens and courtyards

### SCHEDULE YOUR TOUR TODAY!

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