

The Holton News

— MANOR

APRIL
2022

Skilled Nursing • Inpatient & Outpatient Rehab Therapy • Aquatic Therapy • Respite Care • Hospice Care



Have we helped you and/or your loved one? Tell others about your experience at our facility by scanning the QR code to leave a Google Review:

1. Scan the QR code with the cell phone or tablet's camera.
2. Sign-in to your Google account (if not signed in).
3. Give star rating and add your review.



We appreciate your feedback.

Visitation Guidelines

Sign in / temp / screening / mask required

Dear Residents and Families,

It is my hope and prayer that as we enter the third year of COVID-19 we might be able to resume some semblance of normalcy. One way we intend to do that is to bring back outings to the activity department! We will ensure that we allow for social distancing and mask use, as we still need to be cautious with our residents. I know that our residents are ready to live life again, and we are more than happy to facilitate that to the best of our ability. Please, if you have not already, like and follow our Facebook page "Holton Manor Skilled Nursing and Rehab Therapy." We like to share posts of our awesome residents and staff. It is another way to stay updated on the events at Holton Manor.

Regards,

Jess Kuhart, RN, BSN, LNHA

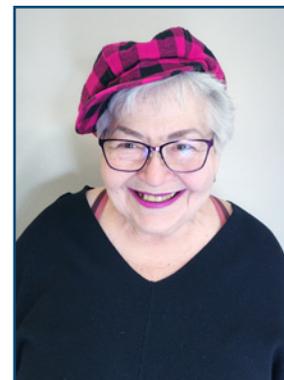
Success Story

Here is the story of our newest featured success story, Barbara I.

This was my second stay here at Holton Manor, the first time I was here a month but this time was only 2 weeks. I would have definitely stayed longer if "my insurance would have let me." This experience was much better than when I was here 2 years ago when Covid had just hit. They have made several improvements and really strive to provide the best care possible.

I have noticed that the meals are much improved and there are several options on the menu, even for diabetics. The staff were gentle and caring, especially when I had excruciating pain in my infected leg. They worked with me in therapy on mobility and self cares, providing wraps for my swelling, antibiotics for the infection, and gave me plenty of exercises to perform on my own time. Once the pain in my leg subsided, I

began helping patients and staff. As a retired speech and language pathologist and Special needs teacher, I was able to connect with my peers and offer support and companionship to others at Holton Manor. I would walk to the piano and play for the other residents during the day. It was really a pleasure to see them enjoy the music. It was a small gift I could give them while I was here and it gave me a sense of purpose. I offered to come back to volunteer on a regular basis to lead sing along's and songs of worship. I am really looking forward to keeping active at home and returning to Holton as a volunteer. I would highly recommend Holton Manor as they have provided excellent care.



Holton

— MANOR

645 N. Church Street, Elkhorn, WI 53121
262.723.4963

Jess Kuhart, Administrator
Jody Welch, Business Office Mgr.
Rachel Quintero, Activities

Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

HoltonManor.org

WE ACCEPT CREDIT CARDS

Staff Anniversaries

Scott B.	April 14, 2021
Lauren C.	April 8, 2021
Ashly E.	April 14, 2021
Jaime F.	April 24, 2017
Lisa F.	April 8, 2013
Madalyn H.	April 30, 2021
Jennifer J.	April 15, 2020
Tracy Q.	April 5, 2018
Jennifer S.	April 17, 2013
Natalie S.	April 8, 2021

Online Reviews



Mom was at Holton for 20 days and during those 20 days she went from needing total care for her walking to walking, practically running, with a walker. The therapy department was amazing in Mom's rehab! Nursing staff, dietary and administration were excellent. Her room was clean every time I visited. The facility was always clean and smelled as such. Mom didn't go to the activities but with how every other department is run here, I would bet that this department is just as great! She hopes to never need assistance with her everyday living but if she does Holton Manor will be our choice. God Bless all of you angels!

Upcoming Events

All Day - April 9th:

Name yourself day!

Sunday April 17th:

Celebrate Easter

Friday April 15th at 1 pm:

Easter Egg Decorating
w/ residents

Friday April 22nd: Earth Day

Job Postings

Dietary:

FT dietary aide 5:30am-2pm

AM cook every other weekend and one day during the week. 5am-1:30pm

PM cook every other weekend 10:30am-7pm

Laundry aide every other weekend and 1-2 days during the week

Nurses:

PRN all shifts

FT 2nd shift rehab nurse 2pm-10:30pm

Casual every other weekend 1st and 2nd shift

CNAs:

PT 24hr per week and casual every other weekend 3rd shift 10pm-6:30am

Casual every other weekend 1st shift 6am-2:30pm

FT PT and Casual every other weekend 2nd shift many openings 2pm-10:30pm

Scent of Smell Affects How We Experience the World

What are your favorite scents, and what are the odors that you can't stand? Sense of smell is one of the

primary senses and it affects the way we experience the world each day. It plays a crucial role in taste, memory, mood, emotion, and detection of hazards.

Recent research has indicated that the capabilities of human sense of smell may be critically underestimated. While the human eye is able to see several million colors, and the human ear is able to hear approximately half a million tones, a study published in **Science magazine in 2014 found that humans may be capable of detecting and distinguishing over one trillion scents!**

Exercise your olfactory system by taking note of the various scents you experience throughout the day. What memories do they evoke, and what emotions do they trigger? Seek out smells you enjoy, whether they come from foods, scented candles, or nature. Consider also comparing favorite scents with your friends and loved ones to discover how diverse or similar your perspectives are!

Scents are also the central component of aromatherapy, which traditionally uses scented essential oils to help improve well-being. If you would like to dabble in its effects, try smelling the scent of lavender, chamomile, or rose to enhance relaxation; alternatively, try citrus, ginger, or peppermint for more invigorating scents. However, there's no need to stop there – with trillions of scents in the world, there is a lot for your nose to explore and experience!

