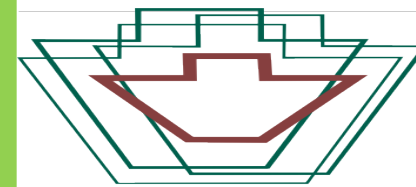




# ASSISTED LIVING JUNE 2022



# Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p>	<p><b>Monthly Birthdays</b></p> <p>6/3 Jane Machado 6/27 Jean McPherson 6/5 Carol Jachym 6/29 Jan Schermerhorn 6/7 Betty Mack 6/13 Cynthia Lincoln 6/17 James Dunn 6/17 Marion Dolan 6/19 Irene Giguere 6/21 Betty Davey 6/22 Alice Beauchemin 6/23 Joan Pierce 6/23 Barbara Scott 6/24 Jackie Boardway</p>	<p>*Activities are Subject to Change</p> <p>Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p>1</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm- Funny Videos-3A 2pm- Quarter Bingo-3A 1.75 in Quarters to Play 3:30- Wii Bowling- Theater 3:30- Ocean Toss Game-3A 3:45- Pet Visits w/Keeper-3A 6:30- Rummikub-Billiards</p>	<p>2</p> <p>9:30- Coffee and Chronicles-3A 10:30- Johnny P Performs-3A 1pm- Aquarium Tour-3A 2pm- Under the Sea Racing-3A 3:15- Under the Sea Meditation and Massage-3A 3:30- Happy Hour- 3A 6:30- Popcorn Club- Theater</p>	<p>3</p> <p>9:30- Billiards 10:30- Amazing Animals Under the Sea Trivia-3A 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2pm- Diablo Ballet Showing- Coppelia-3A 3pm- Poker- Billiards Room 6:30- Scrabble- Billiards</p>	<p>4</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-Theater 3:00- Dime Bingo-3A</p>
<p>5</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p>6</p> <p>9:30- Shopping in Ludlow 10:30- Communion w/Deacon Tom IL Dining Room 1pm- Men's Wii Bowling- Theater 1:00- Scrabble-Billiards Room 2:30pm- Corn Hole- Courtyard 3:15- Wii Bowling-Theater 3:30- Cycling Class-3A 6:30- Puzzle Parlor -Library Join others in putting a jigsaw puzzle together</p>	<p>7</p> <p>9:15- Pet Therapy w/Winter- Vestibule 10:30- Knitting Corner- 1<sup>st</sup> Floor 10:30- Brain Games-3A 1pm- Golf Card Game-Billiards 2pm- Painting Class- 3A 3:30- Blackjack Gold- Free 25.00 Grand Pot-3A 6:30-Popcorn Club-Theater</p>	<p>8</p> <p>9:30- Hubbard Coffee Chat-3A 9:30- Bus Leaves for Baseball Game in Westfield and Lunch- Sign Up 10:30- Chair Zumba-3A 12:30- Rosary- 3A 1pm- Lifelong Therapeutics "Barre Exercises"-3A 3:30- Wii Bowling- Theater 3:45- Pet Visits w/Keeper-3A 6:30- Rummikub-Billiards</p>	<p>9</p> <p>9:30- Coffee and Chronicles-3A 10:30- Drumming Class-3A 1pm- Pitch- Billiards Room 1pm- Manicures-3A 2pm- Richie Mitnik Performs-3A 3:15- Meditation and Relaxations-3A 3:45- Happy Hour-3A 6:30- Popcorn Club- Theater</p>	<p>10</p> <p>9:30- Billiards 10:30- Tending Garden- Courtyard 11:00- Know it All- Courtyard 12:30- Rosary-3A 1pm-Rummikub -Billiards Room 2:30pm- Making Foil Fish-3A 2:30- Men's Group- Fish and Chips and The Perfect Storm- Theater 6:30- Scrabble- Billiards</p>	<p>11</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-Theater 3:00- Dime Bingo-3A</p>
<p>12</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p>13</p> <p>10:30- Communion w/Deacon Tom- IL Dining Room 1:00-Wheel of Fortune- 3A 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:30- Canasta-Billiards Room 6:30- Puzzle Parlor -Library Join others in putting a jigsaw puzzle together</p>	<p>14 Flag Day</p> <p>9:15- Pet Therapy w/Winter-Vestibule 9:30- Billiards 10:00- Coffee House-3A 10:30- Gary the Honky Tonk Piano Guy- 3A 1pm- Rendered Root- Read Aloud with Jamie Gagnon-Courtyard 2pm- Painting Class- Making Collaborative Flag Poster 3:30- Blackjack (dollar buy-in)-3A 6:30- Popcorn Club-Theater</p>	<p>15</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Ballroom Dancing w/ Michael and Sierra-3A 11:30- Lunch Outing- Cindy's 12:30- Rosary-3A 2:30pm- Under the Sea- Bingo-3A 3:15- Strength Training-3A 3:30- Wii Bowling- Theater 3:45- Pet Visits w/ Keeper-3A 6:30- Rummikub-Billiards</p>	<p>16 Celebrating Our Keystone Dads</p> <p>9:30- Coffee and Chronicles-3A 10:30- Setting Up Luncheon- Courtyard 12pm- Burger Bar for our Keystone Gentlemen- Courtyard Sarah the Fiddler Performs 1:30- Caretenders Presents "Chair Yoga"- 3A 2:30- Checker Tournament-3A 3:30- Happy Hour-3A 6:30- Popcorn Club- Theater</p>	<p>17</p> <p>9:30- Billiards 10:30-Walking Club Outing 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2pm- Bunco-3A 3pm- Pokeno-3A 6:30- Scrabble-Billiards</p>	<p>18</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynns Choice-T 3:00- Dime Bingo-3A</p>
<p>19 Father's Day</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p>20</p> <p>9:30- Shopping in Chicopee 10:30- Communion w/Deacon Tom- IL Dining Room 1pm- Men's Wii Bowling- Theater 1:00- Scrabble- Billiards Room 2pm- Willie Nininger Performs-3A 3:15-Wii Bowling- Theater 6:30- Puzzle Parlor -Library Join others in putting a jigsaw puzzle together</p>	<p>21 Massage Therapy 1-4- Pub</p> <p>9:15- Pet Therapy w/Winter- Vestibule 9:30- Billiards 10:30- Chef's Club- Grill and Chill Courtyard 1pm- Rendered Root- Read Aloud with Jamie Gagnon-Courtyard 2:30pm- Line Dancing Class-3A 3:30- Blackjack-(dollar buy-in)- Pub 6:30- Popcorn Club- Theater</p>	<p>22</p> <p>9:30-Hubbard Coffee Chat-3A 10:30- Meditation w/ Rob-3A 12:30- Rosary- 3<sup>rd</sup> Floor 2:30- Dime Bingo-3A 3:30- LifeLong Therapeutics-3A 3:30- Wii Bowling- Theater 6:30- Rummikub-Billiards</p>	<p>23</p> <p>9:30- Coffee and Chronicles-3A 10:30- Drumming Class-3A 11:30- Monthly Birthday Luncheon and wine picnic in the courtyard 1pm- Manicures-3A 1pm- Pitch- Billiards Room 2pm-Mike and Dan Performs Courtyard Weather Permitting 3:15- Meditation and Relaxation-3A 3:30- Happy Hour-3A 6:30- Popcorn Club- Theater</p>	<p>24</p> <p>9:30- Billiards 10:00- Walking Club in Ludlow 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2pm-Race Car Racing 3pm-Pokeno-3A 6:30- Scrabble- Billiards</p>	<p>25</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynns Choice-T 3:00- Dime Bingo-3A</p>
<p>26</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making- Library 2pm- Billiards with Charlie- Billiards Room</p>	<p>27</p> <p>10:30- Communion w/Deacon Tom- IL Dining Room 1:00- Scrabble- Billiards Room 2pm- Loom Knitting-Pub Sign up w/ Activities 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:30- Canasta-Billiards Room 6:30- Puzzle Parlor -Library</p>	<p>28</p> <p>9:15- Pet Therapy w/Winter- Vestibule 9:30- Billiards 10:30- Sing Along w/Don-3A 10:30- Knitting Corner- 1<sup>st</sup> Floor 1pm- Canasta- Billiards Room 1pm- Keystone Canaries Chorus Practice w/ Don-3A 2pm- Painting Class-3A 3:30- Blackjack-(dollar buy-in)- Pub 6:30- Popcorn Club- Theater</p>	<p>29</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Scarf Exercising-3A 12:30- Rosary- 3A 1pm- Poker- Billiards Room 2:00- Lisa Carter Performs-3A 3:15- Strength Training-3A 6:30- Rummikub- Billiards</p>	<p>30 Under the Sea Day Wear Blue or Green</p> <p>9:30- Coffee and Chronicles-3A 10:30- Decorating Special Dinner 11:30am-Under the Sea Dinner 1pm- Under the Sea Photo Opt- Billiards Room 2pm- T- Bone Performs- Courtyard Weather Permitting 3:15- Meditation and Relaxations-3A</p>	<p>Join us in the Billiards Room on the 30<sup>th</sup> at 1pm for a special Under the Sea Photo Opt</p>	<p>*Sign-ups for All Outings, Special Crafts and Luncheons in the Pub are in the 3<sup>rd</sup> Floor Activity Room- See Activities if you need Assistance</p>