

March 2022

Bell Tower Life

Bell Tower Residence | 1500 O'Day Street Merrill, Wisconsin 54452 | 715-536-5575 | www.belltowerresidence.org

Celebrating March

**Irish American Heritage
Month**

Craft Month

Women's History Month

Mardi Gras
March 1

**What If Cats and Dogs Had
Opposable Thumbs Day?**
March 3

International Women's Day
March 8

St. Patrick's Day
March 17

Worldwide Quilting Day
March 19

World Poetry Day
March 21

Shakespeare Week
March 21-27

Mothering Sunday (UK)
March 27

Little Red Wagon Day
March 30

In Between

It's March!

March is a month of "in like a lion, and out like a lamb." March is a month of "in-between." Winter is starting to fade, but spring has not yet arrived. The snow becomes heavy and wet, and the mud and the potholes get deep! We are anxious for warmer weather, but we still need to wait.

Life has many season of "in-between." Children grow up, but aren't quite adults. Adults age, but aren't quite old ("who are you calling old?") We grow old, but stay young at heart – caught in-between. It's ok to be in between, to dip our toes in the fresh water of the future, or to glance longingly back at the memories of softer days.

Being in-between means that it might take a little longer to do something, but still being able to do it. When we are in-between, we may find more enjoyment in watching children play the game, remembering when we once played it ourselves. The wisdom of in-between may arrive as the youngsters understand the wealth of knowledge, experience, and fun that their oldsters possess. In-between – we are thankful for the blessings, memories, and journeys of the past, while we look forward to and anticipate the road ahead. In between.

At Bell Tower Residence, our dedicated staff assist our residents in so many ways, providing compassionate care, engaging activities, good food, spiritual care, and support services. We welcome you, and we are here with you. In-between.

Kris McGarigle, Administrator

Resident Admission Anniversaries

Vera L. 8 years
Ruth R. 4 years
Mary W. 1 year



HAPPY
St. Patrick's
DAY

F	A	S	V	S	Y	R	P	M	I	C	K	G	N	E
E	I	T	E	V	H	V	E	I	A	C	Z	H	O	D
S	R	H	N	T	J	A	I	V	I	R	O	K	I	A
T	I	V	O	N	A	T	M	R	O	L	C	S	T	R
I	S	P	T	K	L	R	T	R	I	L	N	H	I	A
V	H	T	S	M	E	A	B	D	O	I	C	L	D	P
A	V	Z	Y	R	P	N	A	E	O	C	V	G	A	H
L	R	Q	E	T	R	Y	G	C	L	I	K	Q	R	P
E	G	B	N	S	E	V	E	N	T	E	E	N	T	H
F	Z	I	R	G	C	X	E	R	L	V	C	C	Y	R
B	A	Y	A	F	H	W	O	B	N	I	A	R	Z	H
S	C	N	L	D	A	D	L	O	G	F	O	T	O	P
B	O	C	B	L	U	M	I	S	C	H	I	E	F	D
M	A	X	L	S	N	Y	L	A	W	L	U	C	K	Y
L	N	D	K	G	B	B	H	X	J	Q	N	T	N	I

Resident Birthdays

March 1 st	Ruth K.
March 3 rd	Joan B.
March 7 th	Vera L.
March 9 th	Carl B.
March 14 th	Wanda M.
March 15 th	Evelyn B.
March 24 th	Shirley O.
March 24 th	Gerald L.
March 27 th	Larry P.
March 31 st	Marcia H.

BLARNEY STONE
CELEBRATE
CLOVER
COINS
FESTIVAL
HOLIDAY
IRISH
LEPRECHAUN
LUCKY

MARCH
MISCHIEF
PARADE
POT OF GOLD
RAINBOW
SAINT PATRICK
SEVENTEENTH
SHAMROCK
TRADITION



Spring – A Time for Renewal

Begin Again – Author Unknown

One of the best things we can do in our lives is this: Begin Again.

Begin to see yourself as you were
When you were the happiest and
strongest you've ever been.

Begin to remember what worked for you
(and what worked against you),
And try to capture the magic again.

Begin to remember how natural it was
when you were a child. To live a lifetime
each day.

Begin to forget the baggage you have
carried with you for years.
The problems that don't matter
anymore.
The tears that cried themselves away,
And the worries that are going to wash
away
On the shore of tomorrow's new
beginnings.

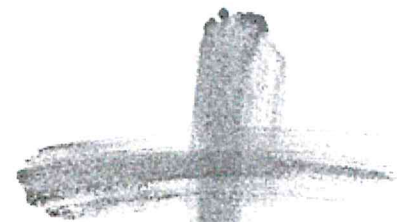
Tomorrow tells us it will be here every
new day of our lives;
And if we will be wise,
We will turn away from the problems of
the past
And give the future – and ourselves – a
chance
To become the best of friends.
Sometimes all it takes is a wish in the
heart to let yourself...

Begin again.

Tuesday, March 1



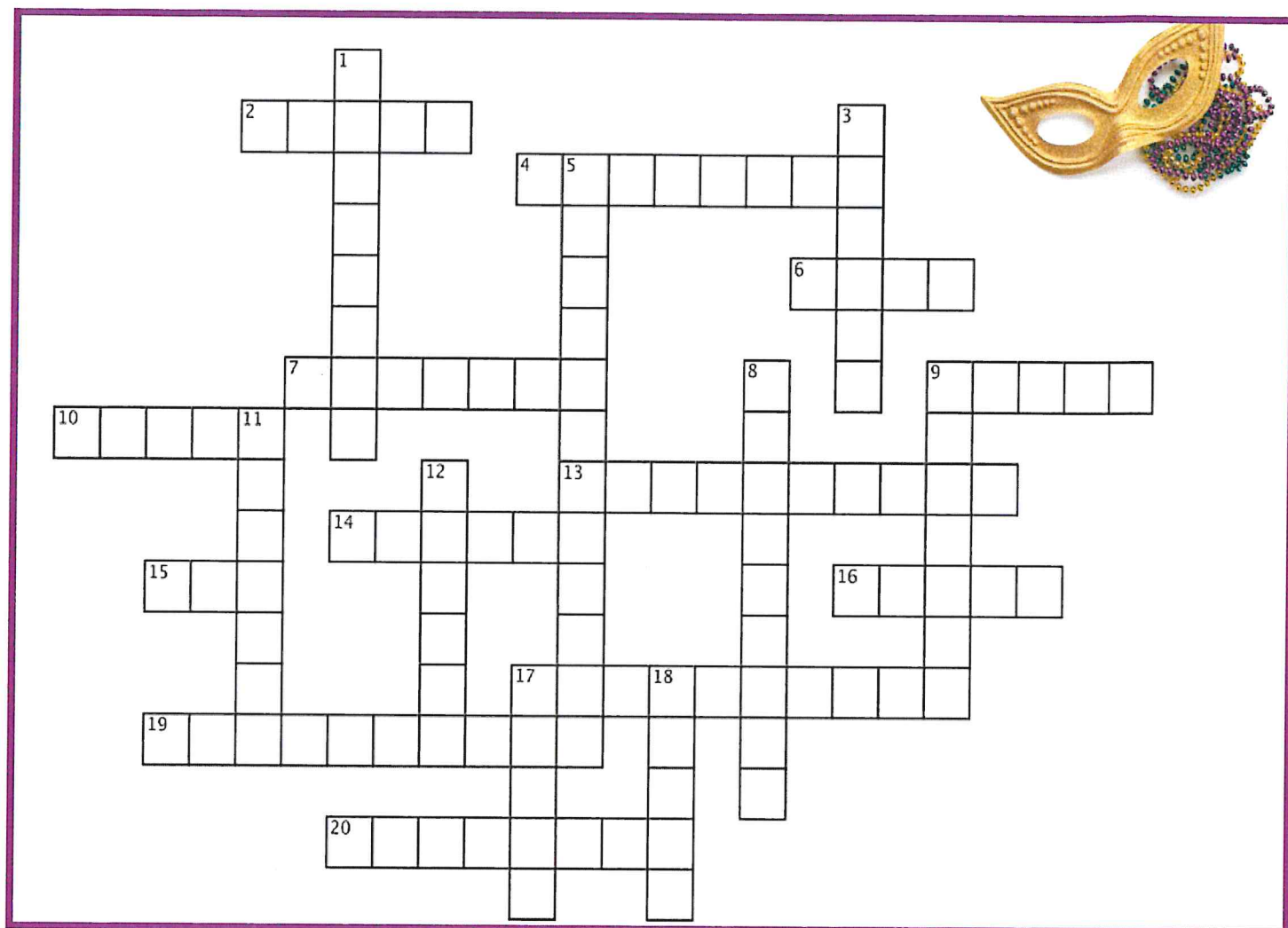
Wednesday, March 2



ASH
WEDNESDAY

Sunday, March 20





ACROSS

2. Large group of people
4. Place with rides
6. Costume party disguise
7. Mardi Gras getup
9. Shindig
10. Band's output
13. Mardi Gras locale
14. Mardi Gras event
15. Carnival city
16. Mardi Gras neckwear
17. Kind of ball
19. Mardi Gras, literally (two words)
20. Traditional Mardi Gras treat

DOWN

1. Mardi Gras coin
3. Parade features
5. It follows Mardi Gras (two words)
8. Ornamental ribbons
9. Flapjack
11. Cake topping
12. Beverages
17. The latest Mardi Gras can occur
18. Female ruler



In loving memory

Joyce Huntington



Joyce Olive Huntington, 93, of Wausau, passed away at Bell Tower Residence Assisted Living on February 3, 2022.

Joyce was born in Clintonville, WI on April 21, 1928, to the late David and Olive (Winegarten) Tornow. She graduated from Wausau High School and attended Trinity Lutheran College in Issaquah, Washington. She married Richard Huntington on April 30, 1949, in Wausau. Richard preceded her in death on February 23, 1989. Joyce retired from Wausau Insurance Companies in 1991. She was very active in volunteer work with The Grande Theatre, St. Clare's Bethesda Thrift Store, and Aspirus Hospice. Her hobbies included reading, traveling, and volunteering. She will be remembered for her deep love for her family, and she will be greatly missed.

Joyce is survived by her son Dennis (Geraldyn) Huntington; daughter Jill (Charles) Zeinert; grandchildren Michael Huntington and Jason (Beth) Zeinert; five great-grandchildren; four great-great-grandchildren; sister Inez (Richard) Berghofer; brother-in-law Ronald Anderson; and numerous nieces and nephews. She is preceded in death by her parents; husband Richard; granddaughter Jamie; sisters Arlene, Ardyce (Charles) Norton, Dorothy Anderson; and brothers Dorvin, Kenneth (Betty), and Truman Tornow.

A private family service was held at Restlawn Memorial Park, Wausau.



TO OUR NEW RESIDENTS

Margaret O. moved in on February 9th to the 2 East Neighborhood. Margaret was born and raised in Merrill. Margaret has one son who lives in Junction City. Margaret was a teacher. In her free time, she enjoyed fishing, boating, traveling, reading and crossword puzzles. Margaret continues to enjoy reading, crosswords and trivia. Margaret was honored with Teacher of the Year award. Her favorite beverage is Pepsi and she has a great sense of humor. Margaret says the hardest part about moving to Bell Tower is adapting to the new environment.

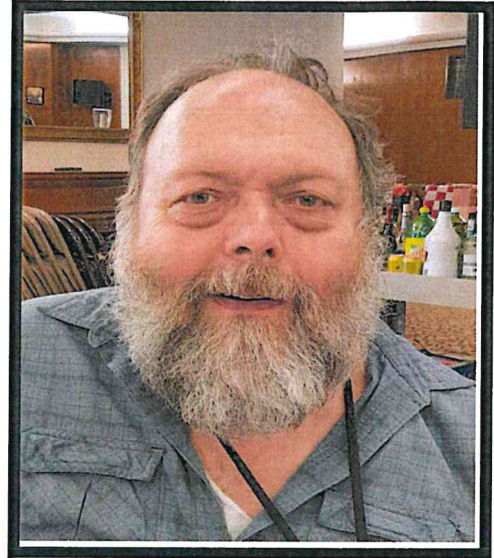


S. Mary Angela S. moved in on February 21st to the 1 West Neighborhood.



Let the
SHENANIGANS
BEGIN

LUCK of the IRISH



Steve B. moved in on February 15th to the 2 West Neighborhood. Steve was born in Des Moines, Iowa. He spent most of his life in northern Illinois and grew up in the Long Grove area. Steve received a PhD from the Northern Illinois University. Steve worked as an electronics teacher, a university instructor and a city manager. Steve was in the US Army during the Vietnam War in 1970. In Steve's free time, he enjoys rifle shooting, reading, fishing and hunting. He continues to enjoy reading and listening to music. Steve was an active member in his community by serving as a student mentor and as a Boy Scout Merit Badge Counselor. Steve is most proud of his accomplishment of receiving his PhD and mentoring other students. Steve helped take care of his parents for close to 20 years. Steve is excited to be at Bell Tower and meeting new people.



What's Lucky in March?

Lucky Color: **Purple**

Lucky Animal: Giraffe

Lucky Letter: R

Lucky Day: Sunday

Lucky Plant: Daisy



TO OUR NEW RESIDENTS



Joyce K. moved in on February 24th to the 2 West Neighborhood. Joyce was born in Manitowoc, Wisconsin. Joyce prefers to go by her nickname, "Totsy." She has spent most of her life living in the Merrill area. Totsy lived at Park Place prior to moving into Bell Tower. Totsy worked as a factory supervisor and was a foster grandparent at the boy's school.

Totsy has 2 daughters, 6 grandchildren, 4 great-grandchildren and 2 great-great-grandchildren. Totsy enjoys spending time with her family, especially during the holidays. Totsy kept busy by being an active member in the community. She was a 4-H leader in the Merrill area. Totsy would help with horse shows and chicken shows, along with other 4-H activities. In her free time, she enjoys word searches and playing scrabble. Totsy was honored as a service leader in Merrill. She served as a leader for 25 years and won the Community Service Award. Totsy is extremely proud of being a part of the community by volunteering. The hardest part for Totsy moving to Bell Tower is the change.

Remember to turn your clocks ahead 1 hour before you go to bed on Saturday, March 12. Daylight Saving Time Begins!

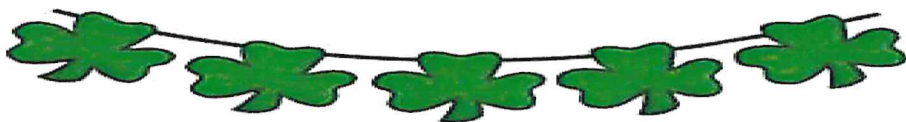


Edward S. moved in on March 1st to the 1 West Neighborhood.





THIS IS US



Birthstone - Aquamarine

Every year on March 8, **International Women's Day** is celebrated across the globe to honor the countless contributions and achievements of women throughout history and today.

The holiday is also intended to promote women's rights and equality.

The first International Women's Day occurred in 1911 when it was celebrated in Europe. Today, many types of events and festivities mark this day worldwide.

≡ International Women's Day ≡



March's birthstone, aquamarine, is a gorgeous, ethereal pale blue gem that is most frequently found in the western United States and Brazil. Its name is Latin for "water of the sea," a fitting title for this blue-hued stone. Deeply blue aquamarines are the most valuable, though sometimes the gem can have a slight hint of green. The green stones are sometimes changed to blue by heating them in an electric furnace to 842 degrees Fahrenheit. Aquamarine's watery color has made it a symbol of the purity of the oceans.

WELCOME!

TO OUR NEW STAFF



Name: Callee Sabatke
Department: Dietary
Introduction: Callee lives on River Street and has lived there most of her life. Callee attends D.C. Everest Senior High School and says it is a very good school and likes her teachers. Callee's family

enjoys hockey and her family is very loving and supportive. Callee wanted to move back to Merrill and Indeed helped her find this open dietary position. Callee enjoys hockey, basketball, hunting, fishing, four wheeling and anything involving the outdoors.

Name: Rebekka Surber
Department: CNA
Introduction: Rebekka lives in Merrill. She attended NTC for her CNA. Rebekka worked at Pine Crest Nursing Home as a CNA. Rebekka says what prompted her to apply at Bell Tower was the employee reviews were good. Hobbies include reading murder mysteries.



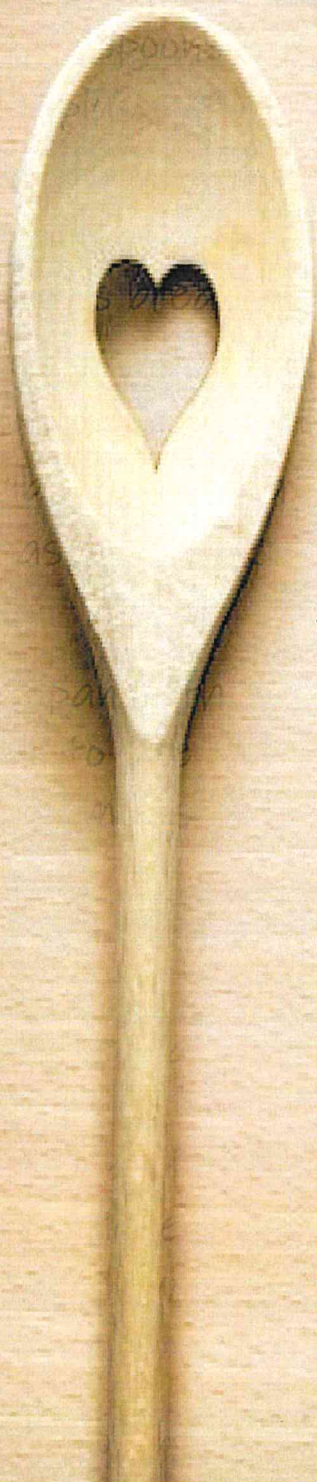
Name: Blake Wood
Department: Dietary
Introduction: Blake has lived in Irma the last 3 years. What prompted Blake to apply at Bell Tower was he wanted to gain work experience. Blake's hobbies include rodeo and he has a horse, farming and milking goats. Blake is a part of 4H.



Name: Nicole Hoffman
Department: Housekeeping
Introduction: Nicole has lived in Merrill the past 8 years. She's worked at Walmart and Aspirus. Nicole attended Merrill High School and has 3 children, Preston, Dawson and Harrison. What prompted Nicole to apply at Bell Tower was the opportunity for part-time work. Nicole's hobbies include fishing and the outdoors.



Perfect Pumpernickel



Ingredients:

- Cooking spray
- 1 cup plus 2 tablespoons water
- 1 ½ teaspoons salt
- 1/3 cup molasses
- 2 tablespoons vegetable oil
- 1 cup plus 1 tablespoon rye flour
- 1 cup plus 2 tablespoons whole wheat flour
- 1 ½ cups bread flour
- 3 tablespoons baking cocoa
- 1 ½ teaspoons instant coffee
- 1 tablespoon caraway seed
- 1 teaspoon quick active dry yeast

Directions:

1. Spray the bread pan with cooking spray.
2. Add the following to the bread pan in this order: water, salt, molasses, oil, flours, cocoa, coffee, and caraway seed.
3. Create a well in the center of the ingredients. Place yeast in the well.
4. Select "light crust" bread cycle. Press "start".
5. Remove the bread pan from the machine when baking is complete. Remove bread from the bread pan and allow to cool slightly before serving.

Makes 20 servings