

# At Home

Making The Most of Living in a Cowboy
Properties Community
May 20, 2022

#### Invest in Adventure

Purchasing outdoor gear is an investment in adventure, but most of us don't have room for a full-sized kayak in our homes. These options shrink to a size that is easier for transport and storage yet still provides maximum fun. If you're on a budget, many companies offer used or refurbished models.

#### Folding Kayak/Canoe

Oru Kayak makes several different folding kayaks with models for if you want a calm day on the lake or a more aggressive ocean expedition. Their newest kayak is the Inlet model that goes from box to built in 3 minutes and weighs just 20 pounds, plus has a wide base for stability. Tucktec Folding Kayaks come in a variety of bright colors. They weigh just 28 pounds and fold down to about a 4 foot x 1 foot rectangle. If you're looking to paddle with camping gear, the MyCanoe Duo has a load capacity of up to 480 pounds. The Origami Paddler is a hardshell kayak that breaks into three pieces and can also be used as a stand-up paddleboard.

#### **Packraft**

A packraft is an inflatable boat that you can roll up and put in your backpack. Kokopelli makes models that will have you paddling smoothly through the lake or riding Class IV rapids. With its smallest boat coming in at 5.2 pounds, we love the idea of hiking up the river and riding down it. Aquaglide also has several ultralight kayak options. A great budget option is the Intex Explorer Inflatable Boat.

#### Paddle Board Giveaway

We're giving away an all-around stand up paddle board! Click here to enter the giveaway.

#### Inflatable Paddle Board

There are an endless number of ways to enjoy stand-up paddle boarding (also known as SUP). It's a great low-impact workout, use it as a surfboard, do yoga or fish from your board, or add a seat to convert it into a kayak. Choose an all-around model to start out (between 10'6" and 11'6" long and 32" to 35" wide). Most inflatables come in a package with a bag, paddle, fins, leash and hand pump. Some of the most popular brands include iRocker, Bote, Gili, Isle and Bluefin. If you're looking for a deal, SereneLife boards are highly rated by Amazon users and Walmart and Costco also have budget options.

#### Folding Bike

Folding bikes are great for getting around town yet store easily for a train ride, stashing in your office for your work day or even taking on an airplane. If you're going for compact, the Brompton C Line is considered one of the best products out there. Most folding bikes are smaller than their non-folding counterparts but Montague offers a full-size folding bike. Options across a variety of budgets include the Tern Link C8, Schwinn Loop, Zizzo Ferro and Camping Survival.

\* Utah law states that one life jacket per person is required on board for all of the watercraft mentioned here, so make sure you add one to your purchase. Click to learn more.

#### Covid-19 Update

Click for the latest resources on vaccine eligibility and distribution. Everyone ages 5 and up is eligible for the vaccine in Utah. Need a rapid test? Here is a list of locations. Visit COVIDtests.gov to receive four free at-home test kits. The CDC recently recommended an additional booster shot for certain individuals.

Click for a list of pharmacies offering free N95 masks.

#### **Assistance Resources**

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with <u>Flex</u> to give you flexibility in how you pay your rent.

### Housing Assistance

rentrelief.utah.gov

#### <u>General Assistance (Utilities, Food,</u> Housing)

utahca.org/housing/ or call (801) 359-2444 211utah.org/ or call 211

#### <u>Utah Department of Workforce Services</u> <u>Resources</u>

jobs.utah.gov/

## Food Resources, and Mobile Food Pantry Dates and Locations

slc.gov/sustainability/food-covid/ utahfoodbank.org/programs/mobile-pantry/ feedut.org/