



# INGLESIDE COMMUNITIES

# NEWS

APRIL  
2022

REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS



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1. Scan the QR code with the cell phone or tablet's camera.



2. Sign-in to your Google account (if not signed in).
3. Give star rating and add your review.



We appreciate your feedback.

## Skilled Nursing Highlights

Residents enjoyed “Booze and Tattoos” with Blackberry Brandy, Pink Moscato Wine and blueberry drinks. We also celebrated National Margarita Day with margaritas, nachos and staff wore tutus for 2/22/22. We were lucky enough to have two entertainers this past month and danced in our chairs quite a bit! Before we knew it Mardi Gras was here! Residents made homemade king cake for staff and other residents. Dennis was lucky enough to get the coin out of one of the staff cakes, this means he is to make one for the residents next year!

### National Volunteer Month

Thank You to the volunteers who come weekly for bingo, Father, communion volunteers, and Pastors for continuing to come in whenever possible to help our residents express their faithfulness. To the many groups that come to share their musical talents and the volunteers that come in to visit with residents. Thank You all for your compassion and dedication! If you or your loved ones want to volunteer, please call 608.470.4017.



407 North 8th Street, Mount Horeb, WI 53572  
608-437-5511

Danielle Sigler, Administrator  
Kevin Lawrence, Business Office Mgr.  
Kelsey Hendrickson, Activities

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### TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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**Wisconsin Illinois**  
SENIOR HOUSING INC.

[InglesideCommunities.org](http://InglesideCommunities.org)



## Ingleside Communities

Check out our Facebook page to see some of the highlighted events we are doing in activities: [facebook.com/inglesidecommunities](https://facebook.com/inglesidecommunities)

Please visit [bit.ly/i-wishes](https://bit.ly/i-wishes) to see our WISH List of activity items that can be easily purchased through Amazon and sent directly to us for the benefit of our residents.



# Residents of the Month: Ruth and Byron P.

I was born Ruth Justice in Brookings, South Dakota November 25, 1925. I had a twin sister (Ruby), another sister (Arla) and a brother (Gene). Growing up I spent considerable time with my grandmother, who lived in nearby Aurora, learning how to cook, garden and sew. I had a wonderful childhood, but many of the details are now lost in my memory.

I was born Byron Parfrey in Richland Center, Wisconsin August 27, 1928, to William and Violet Parfrey. My dad worked for the Carnation (condensed milk) Company in Richland Center. I had two sisters (Bettie and Beverly).

I (Byron) went to Richland Center High School where I was active in sports, including baseball, boxing, and basketball. After graduation in 1946 I worked at the Carnation Company in Richland Center and Oscar Mayer in Madison until I was drafted into the Army in 1950. After training at Fort Polk in Louisiana, I was sent overseas to fight in the Korean War as part of the First Calvary Division.

I was the best shot in my outfit and became well respected by my unit for accuracy. I once shot into the turret of a Chinese T-34 tank with my M-1 rifle and set the tank on fire. I also had an amazing sense of when danger was close by and was made squad leader early in my deployment. Often our squad would pray over dead enemy soldiers, which led to our nickname of "The Sunday School Squad". We served in what was referred to as the "Iron Triangle", where the enemy Chinese soldiers dramatically outnumbered the Allied troops. I was honored to serve with soldiers from many countries and nearly all the states in America.

Unfortunately, I was severely wounded by a buried landmine that blew up our armored vehicle and later by an artillery shell that sent shrapnel into my head

and upper body. These injuries led to extended treatment and recovery in the Army Hospital in Kellogg Michigan, and my honorable discharge in January 1953.

After my discharge, I enrolled in Madison Business School and soon was employed by the State of Wisconsin in the Division of Public Health. In this role I traveled the state advising and troubleshooting for the various public health providers to improve their services to Wisconsin's citizens. I was good at my job and retired after nearly 34 years of service in 1992.

I enjoyed hunting and traveled to South Dakota in 1955 to hunt pheasants. While buying supplies in the Town of Brookings one day, I was assisted by a clerk named Ruth. I was quite taken by her and began writing to her when I returned to my home in Wisconsin. Five years later, Ruth and I were married, and we recently celebrated our 61st wedding anniversary.

I (Ruth) have to say that I am glad Byron stopped by our store that day in 1955. We have enjoyed a wonderful life together. Because of Byron's work, I was able to stay at home most of my life. My most notable job was serving as a nanny for the family of Wisconsin Governor Lee Sherman Dreyfus. Other than that, I enjoyed cooking, gardening, and caring for our home of 61 years on Vahlen Street in Madison, very near Maple Bluff.

Mostly we enjoyed our many travel experiences together. One of our favorite destinations was Alaska, which we visited three times. We have so many stories about our travels. I think we have seen every wild animal in this country (including Kodiak Bears in Denali National Park) and we have even witnessed UFOs up close and personal. Ask us about the time the UFO stripped the meat out of a small herd of cattle, leaving only the carcass, but no blood!



Byron and I were never able to have our own children, but we remained very close to our parents, brothers, nephews, and nieces throughout our lives. Our religion (Baptist) has been a very important part of our lives.

We are pleased to live at Ingleside Communities, where we moved after selling our home in 2020. The wonderful staff here provides us with the assistance we now need. We are still able to be together most of the time and we appreciate our blessings.





# Skilled Nursing Photos



## Skilled Nursing Events

- 4/01 10:30am April Fool's Day Jokes AR
- 4/08 1:30pm Culinary Council AR
- 4/09 11am Blackhawk Men's Choir MD
- 4/12 1:45pm Egg Decorating AR
- 4/13 2:00pm Birthday Party with KG & Ranger MD
- 4/20 Lunch In AR
- 4/21 1:45pm Resident Council AR
- 4/22 10:30am Earth Day Good News AR
- 4/26 1:45pm Pretzel Day AR

## Haiku Fun!

What is a haiku (hahy-koo)? A haiku is traditionally a non-rhyming three-line poem of Japanese origin that offers a way of looking at the physical world. The origins of haiku can be traced back to the ninth century.

The haiku consists of three lines with a five-seven-five syllable structure using sensory language to gain inspiration. Matsuo Basho (1644-1694) is considered the greatest haiku poet of all time.

### Here is simple Easter-themed haiku:

Easter Bunny Hops  
Flower Eggs Jelly Beans Fun  
Hidden Baskets Full

Clapping out each word's syllables makes them easier to count when creating your poem.

Haikus can be a fun and fast alternative to writing a longer poem. Try your hand at writing a haiku today and share with family and friends.



## Artist Spotlight:

Charlotte, Artist of the month



## Employees of the Month

Charlene, Nurse- Voted by Residents

I'm honored to have been chosen employee of the month by the wonderful people I'm able to help every day. Many of whom, I consider friends. I find great joy in the level of care and comfort that each person receives and so this honor certainly helps to provide validation that my efforts aren't going unnoticed.

While I'm not working, I enjoy parenting the four, yes I said four, wonderful children who range in age from 2 to 15. This includes three boys, ages 2, 4, and 15, and a daughter, age 9. Like work, it can be challenging at times but there's nothing more satisfying than seeing them grow and develop on a daily basis. Luckily I'm able to share the fun with my husband of 16 years.

For fun, I enjoy fishing, especially at night, reading non-fiction kidnapping stories (weird I know), cooking, watching tv, and bowling.



Jackie, CNA- Voted by Staff

Thank you for all you do Jackie!



## Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

### Staff

Jack P.	April 09
Princewell E.	April 10
Corissa L.	April 16
Andra T.	April 17
Sandra K.	April 21
Chelsea C.	April 22
Teresa L.	April 26

### Staff Anniversaries

Mignot U.	April 6, 2021
Brenda Q.	April 13, 2021
Crystal B.	April 20, 2018
Andrea S.	April 24, 2020
Julie F.	April 24, 2021

## Skilled Nursing Photos ...continued

