



INGLESIDE COMMUNITIES

NEWS

JAN
2022

REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

Artist Spotlight:

All of Ingleside Residents for a Thankful Turkey in the month of November. Each feather is something a resident is thankful for.



Skilled Nursing Highlights

During the month of November a few residents from all three of our communities went on a bus trip to a local winery Bailey's Run. Cheese, sausage, drinks and some wine were enjoyed by all. We even had a dog Bailey visit the residents during our outing. Thanksgiving celebrations included a meal cooked in the activity room as the lunch in for the month. The menu was specifically picked out by one of the residents who wanted to cook a meal for others. The Legion Post 113 held a program for the Veterans here at Ingleside, each Veteran received a flag for their room to honor their time in the service.



Danielle, RN Administrator and Cynthia, ADON/Infection Preventionist from Ingleside Communities had the pleasure of sponsoring blackout BINGO at The Mount Horeb Senior Center.

Ingleside Communities is honored to serve the Mount Horeb Community. Feel free to reach out if you or your loved one would like respite care, skilled care, long-term care, assisted living or independent living.



407 North 8th Street, Mount Horeb, WI 53572

608-437-5511

Danielle Sigler, NHA, Administrator

Like Us On Facebook

TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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Wisconsin Illinois
SENIOR HOUSING INC.

InglesideCommunities.org

Ingleside Communities

Laundry Reminder: If you purchase clothing for a loved one it is very important that laundry labels the clothing with the resident's name. Please bag the new item up and put a tag on it "to be labeled" with the residents name. Any questions, please ask a staff member.

Check out our Facebook page to see some of the highlighted events we are doing in activities: facebook.com/inglesidecommunities

Please visit bit.ly/i-wishes to see our WISH List of activity items that can be easily purchased through Amazon and sent directly to us for the benefit of our residents.



Resident of the Month: Pauline S.

I was born on February 27, 1932 in Wauwatosa, Wisconsin to Kenneth and Lenore (Worm) Zahrt. My father was a probation officer for many years in Milwaukee County. My mother was a homemaker. My sister, Carole, was five years younger than me. We had a small family – no uncles, aunts or cousins.

I had a lot of friends while growing up. One of the things we enjoyed doing was buying single records (45s) and playing them in our bedrooms. I enjoyed going to basketball and football games. We often went swimming or hung out at the local drugstore, buying treats for a nickel or a dime. My family loved traveling the state of Wisconsin. My sister and I enjoyed swimming in the lakes and my dad enjoyed fishing. We all liked eating the fish he would catch.

I graduated from Wauwatosa High School in 1950 and went to Beloit College. I remember one horrible year when the polio epidemic caused us to be quarantined most of the year. Fortunately, none of my classmates contracted the disease. I was a member of Pi Beta Phi Sorority and was selected to join the National Mortar Board in recognition of exemplary scholarship, leadership and service in college. I was a very good student, graduating Cum Laude in Political Science.

One of the highlights of my college career was “Washington Semester”. Selected Political Science majors were permitted to live in Washington D.C. for a semester. There were students from colleges/universities from throughout the nation in this program. We were responsible for researching a political science topic and writing a major paper on this topic at the end of the semester. We were totally on our own for this, except for help from other students. One

student helped me a great deal. His name was Jim S, from Transylvania University in Lexington, KY. I was one year older than him, but we really liked each other.

When I graduated from Beloit College in 1954, I moved to Lexington to be with Jim. He graduated the following year and we were married on August 14, 1955. We moved to Pittsburgh PA. I got a job as a 7th & 8th grade teacher for three years to support us while Jim worked on his master’s degree in Religious Studies at Pittsburgh Theological Seminary.

After Jim graduated from his master’s program in Pittsburgh, we moved to Madison, Wisconsin where he was a minister at Dale Heights Presbyterian Church for nine years. During this time, Jim enrolled in a second master’s program in Adult Education at UW Madison. Upon graduation, Jim was invited to design an adult educational program for UW Madison. He traveled all over the country helping universities design graduate level adult education programs. He reached full professor status and worked for UW Extension for the rest of his career.

I did not work after we moved to Madison WI. I often traveled with Jim on his work assignments. Jim retired in 1998 and that gave us much more time together. When I had free time, I was a voracious knitter, providing my family and others with countless gorgeous sweaters, jackets and outdoor wear.

For many years, Jim and I bought and sold antiques. We sold antiques from the Hoff Mall Antique Store in Mount Horeb for about ten years. We traveled around the country and internationally exhibiting at antique shows or finding great antiques to bring or ship back to sell in our store. We traveled to England and

Scotland several times each year. Jim died after a short illness in December 2019 and I miss him dearly. If you marry the right person, you enjoy doing everything together. We were married for 64 years.

Our daughter, Beth, was born in 1959. She grew up and went to school in Madison, graduating from Edgewood High School. I feel fortunate that I was able to stay home with my daughter while she grew up. Beth went to UW-EauClaire and got her degree in Journalism. She moved to the Chicago area and worked as a paralegal for ten years.

Beth still lives in the Chicago area. Sometimes I feel like she is living my life now. She is able to do the things I have always enjoyed. She learned about the antique business from Jim and me. Her husband, Dan, was interested in antiques even before they met. She still has a double booth in Odana Antiques in Madison.

Because we owned the antique store in the downtown, we were very familiar with Mount Horeb, even though we lived in Madison. Several years ago, I was diagnosed with spinal stenosis and eventually needed help with my activities of daily living. I moved to Ingleside Communities in 2018 and I thank God every day for the attention and care provided here.

I have decorated my room with many of the antiques and pictures from our home. I spend a lot of time listening to talking books. I have always been a voracious reader. I really appreciate visits from Beth and my friends. I also enjoy the people who work here and the residents that I have met. The staff will do anything for you. I do have occasional visits from the pastor or friends from Covenant Presbyterian Church.

Skilled Nursing Photos





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Skilled Nursing Events	
1/01	1:45pm New Year's Day Treat Cart
1/09	1:45pm Snowman Creative Expression
1/10	1:45pm Kitchen Fun
1/14	6:30pm Holiday Party for Residents and Families
1/21	1:45pm Winter Bingo
1/22	3:00pm Men's Choir Performance
1/26	2:00pm Birthday Party with Live Music

Skilled Nursing Photos ...continued

