



RESIDENT BIRTHDAYS

Lenore D. 5/2
Barbara Y. 5/5
Joyce R. 5/10
Rita R. 5/12
Joyce C. 5/14
Susan M. 5/28
Marilyn G. 5/31

RESIDENTS INFORMATION

- Welcome, new residents and employees! We're glad to have you be part of our growing family.
- All scheduled activities are subject to change depending on transportation availability, weather, and for other unforeseen reasons. Please look for updates on the TV screen, daily schedule in the elevator, or flyer updates on our poster display stand by the dining room entrance or by the elevator.
- Adventure by Waltonwood – Please visit our 2nd floor display and share your dream day adventure. We will have a drawing throughout the year to help make some lucky resident's dream come true.
- Waltonwood Open - Registration available starting May 1st. Each resident golfer may bring a guest.
- Quilt of Valor – Handmade quilt is awarded to a Service Member or Veteran who has been touched by war. If you're interested, please see Melanee, Life Enrichment Manager, in the Activity Room. You can also email melanee.hirvela@singhmail.com



Asian American and Pacific Islander Heritage Month

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

MAY 2022

Among the changing months, May stands confest

The sweetest, and in fairest colors dressed.

– James Thomson



Goodbye April & Hello May!

What a sweet time to celebrate moms! Culinary is hosting its first brunch this year and families are welcome to dine with residents on Saturday May 7th. We will begin celebrating Mother's day on Friday and tying it to the Kentucky Derby. We invite you to wear your favorite hats. Drop by the activity room to make a fascinator (decorative headbands) if you'd like. Let's walk the runway wearing our favorite hats or fascinators to celebrate May, Mother's Day, Teachers' Day, Nurses' Day, and more. We will also celebrate Senior National Health and Fitness Day on May 25th. It's never too late to work toward a healthier lifestyle. We will end the month with a luau celebration – a Hawaiian themed dinner hosted by culinary and live entertainment to follow with dancers representing the Japanese and Hawaiian cultures. Let's just have fun and enjoy what this season has in store for us.

-Melanee Hirvela, Life Enrichment Manager melanee.hirvela@singhmail.com

SINGH

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COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Rebecca Nims
Business Office Manager

Rehan Ahsan
Culinary Services Manager

Andrew Raudszus
Environmental Services
Manager

Krystal Sidibe
Independent Living Manager

Melanee Hirvela
Independent Living
Life Enrichment Manager

Brittany Neal
Assisted Living
Life Enrichment Manager

Mary Reifert
Memory Care
Life Enrichment Manager

Renee Ralsky
Marketing Manager

Jasmine Montgomery
Resident Care Manager

Edward Sloss
Wellness Coordinator

Dawn Vernon
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month

Laurie, Culinary Dept.

If you're going to have lunch in our café, expect to receive special treatment from Laurie. Both residents and staff enjoy the lunches that she prepares and the good conversations. She just adds to the family feeling that we all strive to have at Waltonwood. We appreciate all that you do, Laurie!



APRIL HIGHLIGHTS

7

It's National Beer Day – We featured Michigan beers and did some beer tasting.

9 & 14

We made beautiful Spring wreaths to help brighten up our community. We also celebrated Gardening Day by decorating our garden hats.

15

We got our residents moving again with an Easter Scavenger Hunt. Thank you to a couple of our local bunnies who dressed for this event.

22

We celebrated Earth Day by planting seeds and enjoying music from the Silver Strings Dulcimer Band.



TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours in advance. A request must be made at the front desk with a slip completed. Request is scheduled based on availability with confirmation by our drivers. Mondays, Wednesdays, and Fridays are best days for appointments for our Independent Living Community. Transportation is reserved first for Assisted and Memory Care Communities on Tuesdays & Thursdays. See this month's calendar for scheduled group outings. Please see details in the sign up binder for fees and other information. Our drivers do their very best with scheduling. Please continue to let them know how much we appreciate their efforts.

MAY SPECIAL EVENTS



6

Kentucky Derby Mama Day - Let's wear our favorite hats, enjoy a Kentucky Derby game (bets are welcomed), and enjoy an outdoor concert (if weather permits) with Thee Swing.

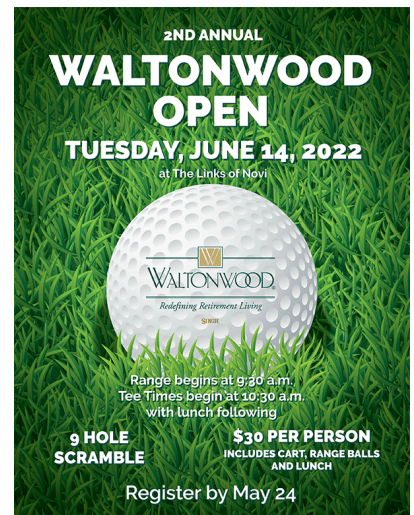
13

Let's get ready to Rock & Roll with a tribute to Elvis. Sing-a-long to your favorite Elvis tunes and get your feet moving.

25

National Health Fitness Day: Yoga, Balance & Stretch, Cardio Drumming, Walk-a-Thon, Healthy Happy Hour, & Let's Dance!

27



Save these dates:



- Wednesday, May 4 – Resident Council Meeting
- Saturday, May 7 – Mother's Day Brunch – See calendar for times.
- Friday, May 27 – 1pm – Town Hall Dining Room



Forever Fitness: National Senior Health & Fitness Day

On Wednesday May 25th join Waltonwood and over 100,00 other older adults across the country as we celebrate National Senior Health and Fitness Day. The annual celebration highlights the impact that staying active and fit has on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. From group classes to fitness center training and education programs to informative demonstrations, the Waltonwood Forever Fit Program can help lay the foundation for an active, healthy lifestyle. This May 25th, lace up your walking shoes gather a few of friends and join us as we celebrate National Senior Health and Fitness Day 2022!

– Chris, Senior Fitness Instructor

EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends,

May has arrived! May flowers...

We are looking forward to this fun-filled season and all it brings. This season we will be able to plant and enjoy walks outdoors and so much more! Please be sure to continue to check-in and out through the Accushield. We invite you to see our activity calendar for additional information planned for May. As always, we value your input and suggestions.

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com.