

Directory of Information

LEADERSHIP TEAM

Director:

Tanner Erwin
319.533.0397

director@garnettplace.net

Administrative Assistant:

Kamry McLaughlin
admin@garnettplace.net

Health Care Coordinator:

Andrea Mundell
319.538.6862
nurse@garnettplace.net

Community Relations Coordinator:

Courtney Barksdale
319.533.5050
marketing@garnettplace.net

Life Enrichment Coordinator:

Daniel Sanford
319.929.6894
enrichlife@garnettplace.net

Memory Care Coordinator:

Tahlia Hauptly
memorycare@garnettplace.net

Culinary Coordinator:

Jeremy Curl
319.533.0409
kitchen@garnettplace.net

Maintenance Coordinator:

Jeff Steadman
319.538.5371
maintenance@garnettplace.net

Transportation Information

319.540.3630

Please inform transportation at least
48 hours in advance of drive needs.

Appointment hours:

8:30a to 3:00p

Monday, Wednesday, Thursday, Friday.

No transportation on Tuesdays

Tuesdays are reserved for activity.

Dining Room Hours of Operation:

Breakfast:

7:00a to 9:00a

Lunch (Dinner):

11:00a to 1:00p

Supper:

4:00p to 6:00p

Times will vary per dining room.

Please check with your server.

Additional snacks and beverages available 24/7

Community Programs

Live 2B Healthy

MWF | 10:00a

Live 2B Healthy is led by an exercise instructor
in the 202 Activity Room. The class is always
looking for more members to join!

Music Therapy

Wednesday 2:30p

This group requires registration as therapy
group sizes are small. Contact Daniel at
319.929.6894 if you are interested in joining.

Garnett Gazette
May 2022



Volume 22,
Issue 5

WHAT'S IN THIS MONTH'S ISSUE:

- Employee Spotlight :
Janelle Whisler
- Resident Shoutout :
Marge Mitchell



Resident Birthdays

Virginia H. | May 10

Angela H. | May 11

Maureen M. | May 17

Bob T. | May 25



"Live the Life of Luxury"

We Value Your Feedback

Update from Tahlia Hauptly

Hello everyone! I just wanted to take
some time to thank you all again for
your positive feedback and thoughts
about the updated newsletters. I love
being able to be so creative and change
it each month to reflect our new theme.
I would like to remind you all, that I
am open to any suggestions or
feedback you would like to share about
the newsletters, community activities
and everything in between and
beyond. As staff, we are all honored to
be able to provide you with exceptional
care and purposeful, meaningful and
fun activities. We recognize that this is
your home, so please feel empowered
to share what you would like to see!



Professionally Managed by
Jaybird Senior Living



202 35th Street Dr. SE
Cedar Rapids, IA

319.362.3630
GarnettPlace.net



Community Reminders

MAY HIGHLIGHTS

May 1
May Day

May 3
National Teacher
Day

May 8
Mother's Day

May 16
National "Do
Something for Your
Neighbor" Day

May 22
National Solitaire
Day

May 30
Memorial Day

Upcoming Meetings in the Community:

- Townhouse Council
Meeting:
May 3 @ 9:30a
in 202 Front Lobby
- Resident Council Meeting:
May 24 @ 3:00p
in 202 Front Lobby
- Resident Meeting:
May 25 @ 3:00p
in 208 Lobby



VISIT US AT: GarnettPlace.Net or Facebook.com/GarnettPlace

Visiting Policy Update



New Visitation Guidelines

In response to successful vaccine distribution and falling numbers of COVID-19 cases, we have updated our visitation and resident outing guidelines to reflect recommendations provided by the Centers for Disease Control (CDC) and the Centers for Medicare and Medicaid Services (CMS).

- ◆ Visitors no longer need to schedule visits.
- ◆ Visits can happen at any time a resident desires visitors. Visits can take place within a residents' apartment regardless of vaccination status.
- ◆ The apartments are the only area you can visit unless you make reservations for areas such as a private dining room or parlor.
- ◆ All visitors are required to screen in as well as use good hand hygiene and wear masks in public areas. You will be asked to leave if you cannot comply with these two safety measures.
- ◆ Please do not come in to visit if you are feeling ill.

Please contact the community if
you have any questions.

202 35th Street Dr. SE, Cedar Rapids, IA
(319) 362-3630

Community News

TEAM MEMBER RECOGNITION

**Happy
Birthday!**

Kamry M. | May 19

**Happy Work
Anniversary!**

James K. | May 28



**Resident
Shoutout:
Marge Mitchell**
We at Garnett Place Retirement Community would like to acknowledge and recognize Marge Mitchell, who represents what it means to be a great neighbor! We are all so thankful for the pretty pictures she has shared for everyone to enjoy coloring and display. Both residents and staff look forward to seeing the new pictures in everyone's windows. Thank you Marge!
-- From residents and staff of Garnett Place.

Your Resident Council Representatives

We're here to represent you

Elayne G. Carol S.
Bernadean S. Mary M.

Director Greeting

Welcome to May!



We are approaching warmer weather, slowly but surely, and I am hoping to see more events outside this spring and summer. If you all have any yard games you would like to play, let Daniel or myself know, so I can look into purchasing them for everyone to enjoy. You will also see landscaping updates going on outside the community and we are looking for input on different bushes and flowers to plant. I do not have a green thumb by any means, but I do know we have some avid gardeners living in the community and I would like to get some input from you all to spruce up the exterior. We have almost completed the update of the interior of the community, and I hope you all are enjoying the brighter colors and fresh look of the community!

**Tanner Erwin
Director**

WELCOME HOME!

Kathleen M.

Kathryn M.

Maureen M.

Donna J.

Larry J.

Beryl H.

Pam C.

Coordinator Greetings



Happy May everyone!

We've had so much growth over the last couple of months, and I'm very excited for all of the new neighbors we've welcomed into the community. May is looking to be another busy month, and I am so happy to share that we are almost full in the 202 and 208 buildings.

I won't be around for the first week of the month, as my family is taking a vacation to Disney World! We're blessed t

o have my sister working in the parks in Florida, which makes this trip all the more special. I promise to have lots of pictures to share.

When I return, it will be full steam ahead with out May marketing and activity theme: The Life of Luxury. My focus will be promoting the maintenance-free lifestyle of senior living, all while having people around to to provide Red Carpet Service whenever you need.

Because we are so full now, I'm looking for a couple of people who would allow me to show their apartments during a tour. I promise to be fully respectful of your space, and you will always have advanced notice of when we would be coming by. If this is something you would be willing to assist with, please let me know.

As always, thank you so much for making this community a success. Your welcoming, friendly attitudes are the biggest reasons that people to move here!

All the best,

Courtney Barksdale
Community Relations Coordinator

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There's No Place Like Home : "Take Me to the Ball Game" Party in Memory Care



202 35th Street Dr. SE, Cedar Rapids, IA
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Employee Spotlight:

Janelle Whisler



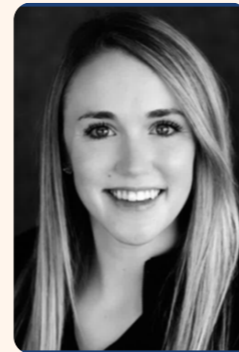
Hi everyone! My name is Janelle Whisler and I am one of the cooks here at Garnett Place. I was born and raised in Des Moines, IA and moved to Cedar Rapids in 2016. I married my husband, Mark, in 1986 and we have two wonderful children, Shannon and Brennan. My family is everything to me! My daughter, Shannon, is married to her husband Jarred and they live in Dysart, IA. Shannon works in the Hy-vee Bakery in Waverly, IA as a manager. Jarred works as a high school social studies teacher at Waterloo West and also is their basketball and football coach. My son, Brennan, works 2nd shift at Nordstrom. My children stay busy and work hard and I am very proud of them!

I thoroughly enjoyed growing up in Des Moines, and I have a huge family that still calls the 515 their home. I love being able to visit them when I can, and always look forward to being back in Des Moines. My mom lives in a memory care center in Granger, IA and my dad passed away in 2004.

I love being able to cook for you all and see you enjoy the food and company during meal times. But I wanted to share a few fun facts about myself you may or may not know about me outside of Garnett Place. My favorite type of food is Mexican food! My favorite seasons are spring and fall— so I'd really like it if it started feeling like spring finally! I also collect hearts and like to spend my free time watching Hallmark movies or keeping up with my favorite sports teams: Iowa State Cyclones, St. Louis Cardinals and Green Bay Packers

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Coordinator Greetings



Hello everyone and welcome to the month of May. This past month was a little rough. As many of you already know, I had Covid-19, but I am happy to say I am much better now! Due to this virus continuing to spread, it is now recommended that those who are 55 years old and up, should receive another booster for the Covid-19 vaccine. I will be setting up another booster clinic just like we had last time, so be on the lookout for further details on that to come.

This will be a busy month, as we will also have the podiatrist coming May 10th, starting at 9:00am and the doctor will come room to room. Lastly, I have a nursing conference this month on May 11th-12th in Des Moines so I will be out of the office for this.

We are still in the process of looking for a second nurse, but until we find one, I will keep working my hardest to ensure each one of you is well cared for.

Have a great month!

Andrea Mundell
Health Care Coordinator

Hello everyone,

I hope May finds you well. I have begun to settle into my role as the Administrative Assistant for our community. I am enjoying the day-to-day tasks of the job and getting to know each of you along the way. As I continue to grow in my position, if there is anything I can do to improve, please let me know.

As many of you have probably noticed, I have been bringing my dog, Darby, to work with me on occasion. I hope to continue doing that, as she seems to really love getting to meet all of you and many residents have enjoyed meeting her as well. ON the days she does join me here at Garnett Place, I do my best to get her out into the community as much as possible so she can see everyone. If you would like me to bring Darby for a one-on-one visit in your apartment when she is here, please come let me know and we will make time in our day to come visit individual residents.

I would like to thank all the residents here at Garnett Place for the very thoughtful card I was given on Administrative Assistant's Day. It was very thoughtful, and I appreciated it so very much. You all always make me feel so welcomed in your home. I hope each of you have a great month!

Kamry McLaughlin
Administrative Assistant



Coordinator Greetings



May the Forth be with you, Garnett Family!

Although May has arrived, I'm not sure that Spring has gotten the message! I can't remember a windier and more unpredictable April. Yet, April was a beautiful time living life with you: playing Tee Ball, laughing at Happy Hour, sharing Eucharist on Good Friday, and hearing the wonderful stories of your lives, both past and present.

April was a special month for my family in that: we welcomed my mother-in-law to Cedar Rapids, celebrated my grandson's four-month-old birthday, gathered today as a whole family on more occasions than usual, and (finally) was able to adopt our new cat, "Rosie."

I anticipate the coming of May with my new hobby of growing plants (thanks, Steve and Tahlia), the foreseeable warmer weather, and the beautiful colors of green grass, budding trees, and multicolored flowers. May is the month where I open my garage door workshop, after a long winter, and enjoy the sunshine streaming in and the breeze blowing through. It encourages me to see so many of you beginning to take advantage of the Courtyard and Entrance Swing as the sun peaks through the clouds and the wind gives way to temperatures in the 60's and 70's.

May reminds me of renewed life, and as your AL/IL Life Enrichment Coordinator, I am so blessed to be able to experience each new day, afresh with you!

Blessings,

Daniel Sanford
Life Enrichment Coordinator

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UPDATE
from Elayne (319-551-4492)



**Feels like Spring.
LOOKS like Spring.
IS IT FINALLY SPRING??**

Some flowers are starting to bloom, grass is starting to turn green ... Maybe we are truly into SPRING!! How 'bout spreading your wings and doing something **NEW** to celebrate! If you are not color blind, join up and help the Ding-A-Ling Bell Choir celebrate Spring with our lovely music. We have room for YOU too!! Stop down, listen to us and join the fun!!

DING-A-LING's meet
every Monday and Thursday at 6:00 in the 202 Activity Room!

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COME... SHARE... SMILE... LEARN

I'm think'n that there is some mis-understanding about the "HUB" and how you can share with us. Several have come down and want to take something to their room to do, or, are expecting us to all sit around a table and stick pins in a Styrofoam ball and make some "something" that you take back to your room don't know what to do with. **NOT what the "HUB" is** – the "HUB" is what you make it. Did you see the owls that Mary A. made?? Yup that'll be a quilt in the next few weeks. Did you see the scarf that Alice is working on? Or the one that Doris finished?? Yup those and ALL the things we create will be given to those less fortunate (Foster Kids, Homeless Mothers, and others in "need".) There is **no charge** for the materials used in the HUB --- and the huge benefit is sharing what others are doing, learning about other crafts, and knowing you are helping someone less fortunate – and if all else fails – just getting OUT of your room to see what's on the other side of the door!! There is no limit to what we can do – if it isn't in the HUB, ask, and it WILL be there. **Come on down - let's talk!!!**

The HUB is open EVERY week on:

Tuesday 12:30 to 3:00 and Saturday 10:00 to 3:00

Whether you think you CAN or CANT - You are probably right! – Henry Ford

Personal Note: Elayne is currently having some medical tests run that may alter the above schedule. Please be patient, share a prayer, and believe!

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Coordinator Greetings



Happy May everyone!

As many of you know, last month I went on a vacation at Disney World! I had an incredible time and fell in love with all things Disney again and my inner child loved every second. I had so much fun riding all the rides, cried during the amazing fireworks, and loved seeing my little brother witness the magic that is Disney World for the first time. As much fun as I had, it definitely feels good to be back. I will say that we ended up walking about 10 miles a day and were on our feet for 12-14 hours so if you see me limping around, I'm just slowly recovering from all the blisters! I also tried bringing the warm weather back with me, but it must have gotten lost along the way. Hopefully, nice weather and temperatures will find us in Iowa soon and we can start being outside for various activities.

In our last resident meeting, it was brought up that some of you would like to know more updates about what's going on in Closer Care and Memory Care, so I will make sure to be better about letting you all know. This month, our theme is "Live the Life of Luxury" and I am so excited about how fun and filled our days are going to be! We will be having a heavy focus on France, but also learning about the most luxurious destinations in the world. We will be doing virtual visits to some of the best museums the world has to offer, baking French pastries, having spa days, enjoying yoga and bringing our artistic ideas to life. In fact, we will be opening an art gallery on our floors to showcase all the projects we work on so please feel free to come check that out as it will be opening on May 30th and then updated throughout the following months. Our weekly movies will be all Audrey Hepburn movies, since she was an actress that embodied the idea of luxury in and out of her many films, and our big party at the end of the month we always do to send off the monthly theme will be inspired by her, as well as Paris. After I finalized my calendar, I was excited to find out her birthday was May 4th so it just felt so perfect that we were dedicating so much of our month to her.

I'd also like to extend an invitation to everyone who may be interested in participating in my activities offered. Previously some of you have come to our movies or parties, and we thoroughly enjoy having you! If you would like to have a schedule of these activities, please let me know and I will keep you updated on the latest plans. Please also let me know what activities and when you'd be interested in joining in, so I can make sure I have enough supplies for everyone!

Thank you all for your support and I hope to be able to continue building relationships with all of you no matter where you reside in our community. I hope you all have an amazing, relaxing and simply luxurious month!

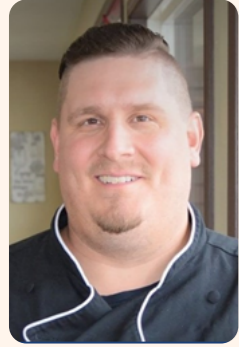
Tahlia Hauptly
Memory Care Coordinator



Activity
Photos

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Coordinator Greetings



Hello Garnett Place! We are heading into May and hopefully the weather will level out and be more consistent for us to get out and grill items for our meals. I want to let everyone know that May is an all-new menu, so please make sure you are giving me feedback. I will also be starting up the salad bar, but it will be a smaller version and hopefully something you will all take advantage of. I will be trying to get a continental breakfast in sometime this month and I will make sure to give you all enough notice.

For some family updates, my oldest is currently playing tennis for her school and really enjoying it. My middle is still doing her karate and just received her yellow belt. She is also now into soccer as well. My youngest is in soccer and t-ball. They are definitely keeping us busy right now! They are looking forward to summer since it is only a month away for them. My wife is still going hard at her home décor business so that is very exciting!

I hope you all have a great month and enjoy the new items on the menu

Jeremy Curl
Culinary Coordinator

Hello Garnett Place residents!

You may have noticed a few more trees were removed recently. Unfortunately, this needed to happen because these trees were Ash and were infested with the Emerald Ash Borer insects. They were not looking healthy, and so the only option was to have them removed. We will however, be replacing those trees with some ornamentals and a couple of hardwoods.



Painting and interior upkeep is almost complete, and we anticipate this completion by the end of this month. We thank you all for your patience!

Once again, if there are any Maintenance or Housekeeping needs, or if you need to get a hold of me to speak to me directly, please call the front desk and state what services you would like.

Kind regards,

Jeff Steadman
Maintenance Coordinator

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Activity Photos



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