


MAY 2022

WEST PARK SENIOR LIVING

(909) 592-8844
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <ul style="list-style-type: none"> S 8:00 Church Run (Bus) L 10:00 True or False (LR) L 11:00 Shuffle Board (Garden) O 1:30 Scenic Drive (Bus) S 2:30 Prayers Request (5th Floor) L 3:00 Arts & Crafts (BR) P 3:30 Indoor Golfing (BR) S 6:30 Movie & Popcorn (LR) 	<p>2</p> <ul style="list-style-type: none"> S 9:00 Discussion & Coffee (LR) O 10:00 Shopping at Walmart P 10:30 Morning Exercise (BR) L 11:00 Word Search (LR) L 1:30 Bingo M 3:00 Choral Choir (BR) L 3:30 Poker Game (BR) L 6:30 Evening Movie (BR) 	<p>3</p> <ul style="list-style-type: none"> L 9:30 Trivia Questions (LR) L 10:00 Recreational (LR) P 10:30 Morning Stretch (BR) 12:00 Ambassadors Luncheon L 1:30 Bingo (BR) L 2:30 Jewelry Making (BR) L 3:30 Brain Games (BR) L 6:30 Lifelong Learning (BR) 	<p>4</p> <ul style="list-style-type: none"> S 9:30 Bible Study (LR) O 10:00 Morning Stretch (BR) C 10:30 Country Store (Lobby) C 11:00 OUTING: Antique Store S 2:30 Service & Rosary (LR) L 3:30 Billiard Challenge (2nd Flr) P 3:45 Healthy Aging Exercise (BR) C 6:30 Evening Movie (LR) 	<p>5</p> <ul style="list-style-type: none"> C 8:30 What's on the News? (LR) P 9:30 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Trivia Questions (LR) L 1:30 Bingo (BR) L 2:30 Bean Toss (BR) M 3:30 Cinco de Mayo Mariachi Band C 6:30 Evening Movie (LR) 	<p>6</p> <ul style="list-style-type: none"> L 9:30 Puzzle Time (LR) P 10:00 True or False (BR) L 10:45 Healthy Aging Exercise (BR) L 11:30 Wii Bowling (BR) P 2:30 Arts & Crafts (BR) L 3:30 Tic Tac Toe (LR) P 4:00 Storywise (LR) L 6:30 Movie & Popcorn (LR) 	<p>7</p> <ul style="list-style-type: none"> L 9:30 True or False (BR) L 10:30 Yoga Balance (BR) P 11:30 Volleyball (BR) L 1:30 Bingo (BR) S 2:30 Afternoon Service (LR) P 2:30 Walking Club L 3:30 Poker Game (BR) L 6:30 Evening Movie (LR)
<p>8</p> <ul style="list-style-type: none"> S 8:00 Church Run (Bus) L 10:00 True or False (LR) L 11:30 Mother's Day Luncheon O 1:30 Scenic Drive (Bus) S 2:30 Prayers Request (5th Floor) L 3:00 Arts & Crafts (BR) P 3:30 Indoor Golfing (BR) S 6:30 Movie & Popcorn (LR) 	<p>9</p> <ul style="list-style-type: none"> S 9:00 Discussion & Coffee (LR) O 10:00 Shopping at Dollar Tree P 10:30 Morning Exercise (BR) L 11:00 Word Search (LR) L 1:30 Bingo M 3:00 Choral Choir (BR) L 3:30 Poker Game (BR) L 6:30 Evening Movie (BR) 	<p>10</p> <ul style="list-style-type: none"> L 9:30 Trivia Questions (LR) L 10:00 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Jewelry Making (BR) L 1:30 Bingo (BR) L 2:30 Ladder Ball (BR) L 3:30 Ping Pong (BR) L 6:30 Lifelong Learning (BR) 	<p>11</p> <ul style="list-style-type: none"> S 9:30 Bible Study (LR) P 10:00 Scenic Drive C 10:30 Country Store (Lobby) O 11:00 Resident Council Meeting S 2:30 Service & Rosary (LR) L 3:30 Billiard Challenge (2nd Flr) P 3:45 Healthy Aging Exercise (BR) C 6:30 Evening Movie 	<p>12</p> <ul style="list-style-type: none"> C 8:30 What's on the News? (LR) P 9:30 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Trivia Questions (LR) L 1:30 Bingo (BR) L 2:30 Ladies Afternoon Tea (BR) M 3:30 Sherri S. & Cocktails (BR) C 6:30 Evening Movie (LR) 	<p>13</p> <ul style="list-style-type: none"> L 9:30 Puzzle Time (LR) P 10:00 True or False (BR) L 10:45 Healthy Aging Exercise (BR) L 11:30 Wii Bowling (BR) P 2:30 Arts & Crafts (BR) L 3:30 Tic Tac Toe (LR) L 4:00 Storywise (LR) L 6:30 Movie & Popcorn (LR) 	<p>14</p> <ul style="list-style-type: none"> L 9:30 True or False (BR) P 10:30 Yoga Balance (BR) M 11:30 Karaoke Time (BR) L 1:30 Bingo (BR) S 2:30 Afternoon Service (LR) P 2:30 Walking Club L 3:30 Poker Game (BR) L 6:30 Evening Movie (LR)
<p>15</p> <ul style="list-style-type: none"> S 8:00 Church Run (Bus) L 10:00 True or False (LR) L 11:00 Wii Bowling (BR) O 1:30 Scenic Drive (Bus) S 2:30 Prayers Request (5th Floor) L 3:00 Arts & Crafts (BR) P 3:30 Indoor Golfing (BR) S 6:30 Movie & Popcorn (LR) 	<p>16</p> <ul style="list-style-type: none"> S 9:00 Discussion & Coffee (LR) O 10:00 Shopping at Target P 10:30 Morning Exercise (BR) L 11:00 Word Search (LR) L 1:30 Bingo L 3:00 Food For Thoughts L 3:30 Poker Game (BR) L 6:30 Evening Movie (BR) 	<p>17</p> <ul style="list-style-type: none"> L 9:30 Trivia Questions (LR) L 10:00 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Jewelry Making (BR) L 1:30 Bingo (BR) L 2:30 Ladder Ball (BR) L 3:30 Music with Julliena O. (BR) L 6:30 Lifelong Learning (BR) 	<p>18</p> <ul style="list-style-type: none"> S 9:30 Bible Study (LR) O 10:30 Scenic Drive C 10:30 Country Store (Lobby) L 11:30 Wii Bowling (BR) S 2:30 Service & Rosary (LR) L 3:30 Billiard Challenge (2nd Flr) P 3:45 Healthy Aging Exercise (BR) C 6:30 Night Owl Bingo 	<p>19</p> <ul style="list-style-type: none"> C 8:30 What's on the News? (LR) P 9:30 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Trivia Questions (LR) L 1:30 Bingo (BR) L 2:30 Volleyball (BR) M 3:30 Happy Hour with Rudy (BR) C 6:30 Evening Movie (LR) 	<p>20</p> <ul style="list-style-type: none"> L 9:30 Puzzle Time (LR) P 10:00 True or False (BR) L 10:45 Healthy Aging Exercise (BR) L 11:30 Wii Bowling (BR) P 2:30 Arts & Crafts (BR) L 3:30 Tic Tac Toe (LR) L 4:00 Storywise (LR) L 6:30 Meditations & Spa (LR) 	<p>21</p> <ul style="list-style-type: none"> L 9:30 True or False (BR) P 10:30 Yoga Balance (BR) P 11:30 Volleyball (BR) L 1:30 Bingo (BR) S 2:30 Afternoon Service (LR) P 2:30 Walking Club L 3:30 Poker Game (BR) L 6:30 Evening Movie (LR)
<p>22</p> <ul style="list-style-type: none"> S 8:00 Church Run (Bus) L 10:00 True or False (LR) L 11:00 Shuffle Board (Garden) O 1:30 Scenic Drive (Bus) S 2:30 Prayers Request (5th Floor) L 3:00 Arts & Crafts (BR) P 3:30 Indoor Golfing (BR) S 6:30 Movie & Popcorn (LR) 	<p>23</p> <ul style="list-style-type: none"> S 9:00 Discussion & Coffee (LR) O 10:00 Shopping at Walmart P 10:30 Morning Exercise (BR) L 11:00 Word Search (LR) L 1:30 Bingo M 3:00 Choral Choir (BR) L 3:30 Poker Game (BR) L 6:30 Evening Movie (BR) 	<p>24</p> <ul style="list-style-type: none"> L 9:30 Trivia Questions (LR) L 10:00 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Jewelry Making (BR) L 1:30 Bingo (BR) L 2:30 Jewelry Making (BR) L 3:30 Ping Pong (BR) L 6:30 Lifelong Learning (BR) 	<p>25</p> <ul style="list-style-type: none"> O 9:00 OUTING: Flowers Field S 9:30 Bible Study (LR) P 10:00 Morning Stretch (BR) C 10:30 Country Store (Lobby) S 2:30 Service & Rosary (LR) L 3:30 Billiard Challenge (2nd Flr) P 3:45 Healthy Aging Exercise (BR) C 6:30 Evening Movie (LR) 	<p>26</p> <ul style="list-style-type: none"> C 8:30 What's on the News? (LR) P 9:30 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Trivia Questions (LR) L 1:30 Bingo (BR) L 2:30 Ping Pong (BR) M 3:30 50+ Birthday Night with Ryan C 6:30 Evening Movie (LR) 	<p>27</p> <ul style="list-style-type: none"> L 9:30 Puzzle Time (LR) P 10:45 Healthy Aging Exercise (BR) L 11:00 Wii Bowling (BR) L 2:30 Arts & Crafts (BR) P 3:00 Afternoon Stroll (Garden) L 3:30 Storywise (LR) P 4:30 Tic Tac Toe (LR) L 6:30 Movie & Popcorn (LR) 	<p>28</p> <ul style="list-style-type: none"> L 9:30 True or False (BR) P 10:30 Yoga Balance (BR) M 11:30 Karaoke Time (BR) L 1:30 Bingo (BR) S 2:30 Afternoon Service (LR) P 2:30 Walking Club L 3:30 Poker Game (BR) L 6:30 Evening Movie (LR)
<p>29</p> <ul style="list-style-type: none"> S 8:00 Church Run (Bus) L 10:00 True or False (LR) L 11:00 Wii Bowling (BR) O 1:30 Scenic Drive (Bus) S 2:30 Prayers Request (5th Floor) L 3:00 Arts & Crafts (BR) P 3:30 Indoor Golfing (BR) S 6:30 Movie & Popcorn (LR) 	<p>30</p> <ul style="list-style-type: none"> S 9:00 Discussion & Coffee (LR) O 10:00 Shopping at Farmers Market P 10:30 Morning Exercise (BR) L 11:00 Word Search (LR) L 1:30 Bingo M 3:00 Choral Choir (BR) M 3:30 Memorial Day Ceremony (BR) L 6:30 Evening Movie (BR) 	<p>31</p> <ul style="list-style-type: none"> L 9:30 Trivia Questions (LR) L 10:00 Recreational (LR) P 10:30 Morning Stretch (BR) L 11:00 Jewelry Making (BR) L 1:30 Bingo (BR) L 2:30 Indoor Golfing (BR) L 3:30 Brain Games (BR) L 6:30 Lifelong Learning (BR) 	<p>P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities</p>	<p>HAPPY BIRTHDAY!</p> <ul style="list-style-type: none"> Amparo A.—May 4th Beverly B. May 5th Richard M. - May 12th Linda G. May 14th Martha B-N. & Margaret P.—May 18th Daniel P. & Werner Sp.— May 24th Paul G.—May 25th Rhoda C.—May 30th 	<p>This is a projected calendar for the month of May. For more detailed scheduling please refer to the Daily Sheet. If you have any further questions or comments, please contact Jenny, Activity Director</p>	 <p>WEST PARK SENIOR LIVING</p>