



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	May Day I 9:00 Church in Townsquare V 10:00 Sittercise (AR) K 10:30 Reminiscing (AR) MM 11:45 Healthy Hands I 1:30 Anoka United Methodist Church A 2:00 Craft Corner- May Day Basket	2	V 9:30 Chair Drumming (AR) K 10:00 Trivia (AR) MM 11:45 Healthy Hands L 1:00 Creative Cooking- Diabetic-friendly Sweet Sour Cream Lemon Bread M 2:00 Music with Adam	3	GF 9:00 Fancy Nails (AR) K 10:00 Jeopardy MM 11:00 Themed Sensations MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games (Bistro & Activity Room)	4	V 9:30 Seated Chair Ballet (AR) A 10:30 Craft Corner (AR)- Cinco De Mayo Craft MM 11:45 Healthy Hands O 1:30 Wal-Mart Shopping****	5	Cinco de Mayo V 9:30 Fiesta Cinco De Mayo Chair Fitness (AR) K 10:00 Fiesta Shopping Game (Act Room) CC 10:30 Fried Ice Cream (AR) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games	6	V 9:30 Zumba (AR) M 10:00 Hymn Singing (AR) GF 10:30 Inspired Living Committee MM 11:45 Healthy Hands O 1:30 Fun Drive *** S 3:00 Fiesta Happy Hour with Roy	7	V 10:00 Volleyball (AR) K 10:30 Saturday morning Trivia (AR) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR)
8	Mother's Day I 9:00 Church in Townsquare V 10:00 Sittercise (AR) K 10:30 Reminiscing (AR) S 11:30 Mother's Day Brunch MM 11:45 Healthy Hands A 2:00 Craft Corner- Egg Carton Tulips	9	V 9:30 Chair Drumming (AR) K 10:00 Trivia (AR) MM 11:45 Healthy Hands L 2:00 Creative Cooking- Creamy Coconut Pineapple Pie	10	GF 9:00 Fancy Nails (AR) K 10:00 Jeopardy MM 11:00 Themed Sensations MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games (Bistro & Activity Room)	11	V 9:30 Seated Chair Ballet (AR) A 10:30 Craft Corner (AR)- Dot Painting MM 11:45 Healthy Hands JG 12:00 Gentlemen's Club O 1:30 Dollar General Shopping***** K 2:00 Bingo Shopping	12	V 9:30 Yoga (AR) K 10:00 Trivia (Act Room) I 10:30 Chicken Noodle Soup for the Soul (AR) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games (Bistro & Activity)	13	V 9:30 Zumba (AR) M 10:00 Hymn Singing (AR) CC 10:30 Baking Dog Biscuits for the Humane Society MM 11:45 Healthy Hands O 1:30 Fun Drive *** S 3:00 Take Me Out To The Ball Game Happy Hour	14	V 10:00 Volleyball (AR) K 10:30 Saturday morning Trivia (AR) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR)
15	I 9:00 Church in Townsquare V 10:00 Sittercise (AR) K 10:30 Reminiscing (AR) MM 11:45 Healthy Hands G 1:30 Hillcrest Baptist Church AL dining room A 2:00 Craft Corner- Stained Glass Kite	16	V 9:30 Chair Drumming to Cuban Music (AR) K 10:00 Shoot the Martians (AR) MM 11:45 Healthy Hands L 2:00 Creative Cooking- Lucy's Candy Shoppe V 2:30 Chocolate Candy Wrap	17	GF 9:00 Fancy Nails (AR) K 10:00 Jeopardy MM 11:00 Themed Sensations MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games (Bistro & Activity Room)	18	V 9:30 Seated Chair Ballet (AR) A 10:30 Craft Corner (AR)- I Love Lucy Craft MM 11:45 Healthy Hands O 1:30 Goodwill Shopping***	19	V 9:30 Grape Smashing (AR) K 10:00 Lucy's Spelling Bee (Act Room) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) S 5:00 Lucille Ball Theme Dinner	20	V 9:30 Zumba (AR) M 10:00 Hymn Singing (AR) CC 10:30 Baking Dog Biscuits for the Humane Society MM 11:45 Healthy Hands O 1:30 Fun Drive *** S 3:00 Lucille's Ball Happy Hour with Gil	21	Armed Forces Day V 10:00 Volleyball (AR) K 10:30 Saturday morning Trivia (AR) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR)
22	I 9:00 Church in Townsquare V 10:00 Sittercise (AR) K 10:30 Reminiscing (AR) MM 11:45 Healthy Hands A 2:00 Craft Corner- Tin Critters	23	V 9:30 Chair Drumming (AR) K 10:00 Trivia (AR) MM 11:45 Healthy Hands L 2:00 Creative Cooking- Chocolate Chip Cookies	24	GF 9:00 Fancy Nails (AR) K 10:00 Jeopardy MM 11:00 Themed Sensations MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games (Bistro & Activity Room)	25	V 9:30 Seated Chair Ballet (AR) A 10:30 Craft Corner (AR)- Cotton Swab Flower Painting MM 11:45 Healthy Hands O 1:30 Dollar Tree Shopping**** K 2:00 Bingo Shopping	26	V 9:30 Yoga (AR) K 10:00 Trivia (Act Room) I 10:30 Chicken Noodle Soup for the Soul (AR) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games (Bistro & Activity)	27	V 9:30 Zumba (AR) M 10:00 Hymn Singing (AR) CC 10:30 Delivering Dog Biscuits to the Humane Society MM 11:45 Healthy Hands O 1:30 Fun Drive *** S 3:00 Memorial Day Happy Hour with Mike Almon	28	V 10:00 Volleyball (AR) K 10:30 Saturday morning Trivia (AR) MM 11:45 Healthy Hands K 2:00 Bingo (AL DR)
29	I 9:00 Church in Townsquare V 10:00 Sittercise (AR) K 10:30 Reminiscing (AR) MM 11:45 Healthy Hands A 2:00 Craft Corner- Paper Craft	30	Memorial Day V 9:30 Chair Drumming (AR) K 10:00 Trivia (AR) MM 11:45 Healthy Hands L 2:00 Creative Cooking- Diabetic Friendly Apple Crumble	31	GF 9:00 Fancy Nails (AR) K 10:00 Jeopardy MM 11:00 Themed Sensations MM 11:45 Healthy Hands K 2:00 Bingo (AL DR) GF 6:30 Cards & Board Games (Bistro & Activity Room)	****Please sign up for outings in the Activity Room		A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce	L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Birthdays			



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May 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	May Day	2		3		4		5	Cinco de Mayo	6		7	
V 9:00 Wildflower Tour K 9:30 Devotion Sunday CC 10:45 Rise and Shine Parfaits 12:45 Relax & Recharge A 2:00 Homemade Relaxation Balm M 3:30 Praise and Worship GG 4:00 50's Fun Clothespin	V 9:00 Hoppin' to Health K 9:30 Word Poem for Mom CC 10:45 Tropical Trail Mix 12:45 Relax & Recharge A 2:00 Watercolor Flowers M 3:30 Match The Song to the Sitcom GG 4:00 Corn Hole	V 9:00 Grape Stomp K 9:30 Penny Ante CC 10:45 Honey Spiced Bread 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Derby Hats M 3:30 Who Sang It? GG 4:00 Roll-a-Garden	V 9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday CC 10:45 Classic Chocolate Chip Cookie 12:45 Relax & Recharge A 2:00 Pouring Lucille's Ball	V 9:00 Ballroom Dancing K 9:30 Garden Beginnings CC 10:45 Strawberry Hand Pies 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Creative Storytelling M 3:30 Music Trivia GG 4:00 Baseball	V 9:00 Stop and Smell the Roses K 9:30 Letter to Besties CC 10:45 Italian Pinwheel Sandwiches 12:45 Relax & Recharge A 2:00 Poppy Field Collage M 3:30 Music That Made	V 9:00 Pigs in a Blanket K 9:30 Spring Babies CC 10:45 Blueberry Oat Muffins 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 KY Derby Art M 3:30 Bust Your Move GG 4:00 Horseracing							
8	Mother's Day	9		10		11		12		13		14	
V 9:00 Wildflower Tour K 9:30 Devotion Sunday CC 10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge A 2:00 Mother's Day Cards M 3:30 Praise and Worship GG 4:00 50's Fun Clothespin Drop	V 9:00 Hoppin' to Health K 9:30 Word Poem for Mom CC 10:45 Chocolate Raspberry Trail Mix 12:45 Relax & Recharge A 2:00 Watercolor Silhouette M 3:30 Match The Song to the Sitcom	V 9:00 Grape Stomp K 9:30 Penny Ante CC 10:45 Orange Cranberry Bread with Glaze 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Ojo De Dios (God's Eye) M 3:30 Who Sang It?	V 9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday CC 10:45 Peanut Butter Cookie 12:45 Relax & Recharge A 2:00 Lucille's Ball on Canvas M 3:30 It's A Wonderful World	V 9:00 Ballroom Dancing K 9:30 Garden Beginnings CC 10:45 Apple Hand Pies 12:45 Relax & Recharge A 2:00 Ask A Beautiful Question K 2:00 Bingo (AL DR) M 3:30 Music Trivia	V 9:00 Stop and Smell the Roses K 9:30 Letter to Besties CC 10:45 Sandwich Pinwheel 12:45 Relax & Recharge A 2:00 Pulled String Art M 3:30 Music That Made GG 4:00 Movies Unforgettable-	V 9:00 Pigs in a Blanket K 9:30 Spring Babies CC 10:45 Banana Nut Muffins 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Dancing With Degas M 3:30 Bust Your Move GG 4:00 Horseracing							
15		16		17		18		19		20		21	Armed Forces Day
V 9:00 Wildflower Tour K 9:30 Devotion Sunday CC 10:45 Peanut Butter Banana Yogurt Parfait 12:45 Relax & Recharge A 2:00 Sugar Scrub M 3:30 Praise and Worship GG 4:00 50's Fun Clothespin	V 9:00 Hoppin' to Health K 9:30 Word Poem for Mom CC 10:45 Lucy's Apple John 12:45 Relax & Recharge A 2:00 Lucille Ball Painting M 3:30 Match The Song to the Sitcom GG 4:00 Corn Hole	V 9:00 Grape Stomp K 9:30 Penny Ante CC 10:45 Pepperoni Mini Pizzas 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Quarter Mandala Creation M 3:30 Who Sang It?	V 9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday CC 10:45 Lucy & Ethel's Homemade Chocolate 12:45 Relax & Recharge A 2:00 Pouring City Colors	V 9:00 Ballroom Dancing K 9:30 Garden Beginnings CC 10:45 Grape Stomping Cheese Appetizer 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Creative Storytelling M 3:30 Ricky Ricardo and The	V 9:00 Stop and Smell the Roses K 9:30 Letter to Besties CC 10:45 Papaya Milkshake 12:45 Relax & Recharge A 2:00 Upcycled Art Collage M 3:30 Music That Made GG 4:00 Movies Unforgettable-	V 9:00 Pigs in a Blanket K 9:30 Spring Babies CC 10:45 Lemon Poppyseed Muffins 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Motherhood with Mary Cassatt							
22		23		24		25		26		27		28	
V 9:00 Wildflower Tour K 9:30 Devotion Sunday CC 10:45 Berry Parfait 12:45 Relax & Recharge A 2:00 Paint Chip Bookmarks M 3:30 Praise and Worship GG 4:00 50's Fun Clothespin Drop	V 9:00 Hoppin' to Health K 9:30 Word Poem for Mom CC 10:45 M&M Trail Mix 12:45 Relax & Recharge A 2:00 Collaborative Weaving-Day 1 M 3:30 Match The Song to the Sitcom	V 9:00 Grape Stomp K 9:30 Penny Ante CC 10:45 Fresh Fruit Bread 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Making Waves M 3:30 Who Sang It? GG 4:00 Roll-a-Garden	V 9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday CC 10:45 Birthday Cake Cookie 12:45 Relax & Recharge A 2:00 City on Canvas M 3:30 It's A Wonderful World	V 9:00 Ballroom Dancing K 9:30 Garden Beginnings CC 10:45 Tomato Hand Pies 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Creative Storytelling M 3:30 Music Trivia GG 4:00 Baseball	V 9:00 Stop and Smell the Roses K 9:30 Letter to Besties CC 10:45 Cream Cheese Pinwheels w/ Fresh Veggies 12:45 Relax & Recharge A 2:00 Rubbings Exploration	V 9:00 Pigs in a Blanket K 9:30 Spring Babies CC 10:45 Apple Cinnamon Muffins 12:45 Relax & Recharge A 2:00 American Art K 2:00 Bingo (AL DR) M 3:30 Bust Your Move							
29		30	Memorial Day	31		<ul style="list-style-type: none"> A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality 				Birthdays		***Sign up for outings in Activity Room***	
V 9:00 Wildflower Tour K 9:30 Devotion Sunday CC 10:45 Cheesecake Berry Parfait 12:45 Relax & Recharge A 2:00 Inspiration Creations M 3:30 Praise and Worship GG 4:00 50's Fun Clothespin	V 9:00 Hoppin' to Health K 9:30 Word Poem for Mom CC 10:45 Marshmallow Trail Mix 12:45 Relax & Recharge A 2:00 Collaborative Weaving-Day 2 M 3:30 Match The Song to the Sitcom	V 9:00 Grape Stomp K 9:30 Penny Ante CC 10:45 Cream Cheese Strawberry Bread 12:45 Relax & Recharge K 2:00 Bingo (AL DR) A 2:00 Russian Nesting Dolls M 3:30 Who Sang It?											