Wellbrooke of Carmel **Assisted Living**







May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Day M 10:45 Inspirational Music and sing along- B I 11:00 Bible Study - B C 1:30 Sunday Matinee-BC/T C 1:30 Sunday Treat Cart	V 10:45 Group Stretch-B K 11:00 Word in Word -B M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	3 1 9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR CC 1:30 Comedy Movie Tuesday -BC/T A 2:00 May Artisans-AL CR V 4:00 Trilogy fit- CR	V 10:45 Group Stretch-B K 11:00 Scategories -B O 1:30 Shopping-Meijer-O CC 1:30 Wednesday Westerns-BC/T GF 4:00 AL Social in the Pub S 4:00 Resident Council - Pub	Cinco de Mayo 1 9:30 Travel with Rick Steves-BC/T K 10:30 Bingo- DR S 11:30 Chefs Circle-DR CC 1:30 Thursday Classic Movies - BC/T 1 2:00 Rosary & Communion-T	V 10:45 Group Stretch-B K 11:15 Trivia-B M 11:45 Harpstrings with Catherine-NS CC 1:30 Friday Matinee- BC/T M 3:30 Happy Hour Music S 3:30 Horse Racing Happy Hour-B	M 8:30 Morning Melodies-AL DR GG 11:15 Jenga- B CC 1:30 Popcorn and a Movie-BC/T A 3:30 CIC Artisans-AL CR
Mother's Day M 10:45 Inspirational Music and sing along - B I 11:00 Bible Study - B CC 1:30 Sunday Matinee-BC/T CC 1:30 Sunday Treat Cart	9 V 10:45 Group Stretch-B K 11:00 Word in Word -B M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	10 1 9:30 Travel with Rick Steves-BC/T 10:45 Pokeno- DR 1:30 Comedy Movie Tuesday -BC/T 2:00 May Artisans-AL CR 4:00 Trilogy fit- CR	V 10:45 Group Stretch-B K 11:00 Scategories -B O 1:30 Shopping-Target CC 1:30 Wednesday Westerns-BC/T GF 4:00 AL Social in the Pub	12 1 9:30 Travel with Rick Steves-BC/T 1 10:30 Bingo- DR 11:30 Chefs Circle-DR 11:30 Thursday Classic Movies - BC/T 1 2:00 Rosary & Communion-T	V 10:45 Group Stretch-B CC 11:45 Therapy Dogs- NS CC 1:30 Friday Matinee- BC/T S 3:30 Friday the 13th Happy Hour-B M 3:30 Happy Hour Music with Dave Laskey	M 8:30 Morning Melodies-AL DR GG 11:15 Jenga- B CC 1:30 Popcorn and a Movie-BC/T A 3:30 CIC Artisans-AL CR
M 10:45 Inspirational Music and sing along - B I 11:00 Bible Study - B S 11:00 Brunch CC 1:30 Sunday Matinee-BC/T CC 1:30 Sunday Treat Cart	 V 10:45 Group Stretch-B K 11:00 Lucille's Ball- Word in Word -B M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O 	17 1 9:30 Travel with Rick Steves-BC/T 10:45 Pokeno- DR 1:30 Comedy Movie Tuesday -BC/T 2:00 Theme Week Artisans-AL CR 4:00 Trilogy fit- CR	18 O 11:00 Lunch Bunch-Metro Diner-O CC 1:30 Wednesday Westerns- BC/T GF 4:00 AL Social in the Pub M 4:00 Theme Week Entertainment with Rhat-a-tat - L	19 1 9:30 Travel with Rick Steves-BC/T 1 10:30 Bingo- DR 2 11:30 Chefs Circle-DR 3 Thursday Classic 4 Movies - BC/T 3 2:00 Rosary & Communion-T	V 10:45 Group Stretch-B K 11:15 Lucy Trivia-B CC 1:30 Friday Matinee- BC/T M 3:30 Happy Hour Music with Robin Harrison S 3:30 I Love Lucy Happy Hour-B	Armed Forces Day M 8:30 Morning Melodies-AL DR GG 11:15 Jenga- B CC 1:30 Popcorn and a Movie- BC/T A 3:30 CIC Artisans-AL CR
M 10:45 Inspirational Music and sing along- B I 11:00 Bible Study - B CC 1:30 Sunday Matinee-BC/T CC 1:30 Sunday Treat Cart	V 10:45 Group Stretch-B K 11:00 Word in Word -B M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	24 1 9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR CC 1:30 Comedy Movie Tuesday -BC/T A 2:00 May Artisans-AL CR V 4:00 Trilogy fit- CR	 8 9:45 Scategories-B 11:00 Picnic in the Park-O 1:30 Wednesday Westerns-BC/T 4:00 AL Social in the Pub 	26 D 9:30 Travel with Rick Steves-BC/T K 10:30 Bingo- DR S 11:30 Chefs Circle-DR CC 1:30 Thursday Classic Movies - BC/T 1 2:00 Rosary & Communion-T	V 10:45 Group Stretch-B CC 11:45 Therapy Dog- AL NS CC 1:30 Friday Matinee- BC/T M 3:30 Happy Hour Music with R.J. Sutton S 3:30 Indy 500 Happy Hour-B	M 8:30 Morning Melodies-AL DR GG 11:15 Jenga- B CC 1:30 Popcorn and a Movie-BC/T A 3:30 CIC Artisans-AL CR
M 10:45 Inspirational Music and sing along- B I 11:00 Bible Study - B CC 1:30 Sunday Matinee-BC/T C 1:30 Sunday Treat Cart	Memorial Day V 10:45 Group Stretch-B K 11:00 Word in Word -B M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR CC 1:30 Comedy Movie Tuesday -BC/T A 2:00 May Artisans-AL CR V 4:00 Trilogy fit- CR	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Resident Birthdays: 5/05 Mona H. 5/29 Marie C. Staff Birthdays: 5/05 Skylar C. 5/17 Yandeh T.	BC - Broadcast Channel 2 DR - Dining Room CR - AL Classroom GR - Game Room T -Theater L-Lobby O- Outside/Outing

Wellbrooke of Carmel Health Center





May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:00 Word in Word -B M 11:45 Midday Music and Mingle-DR M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	MN Seasonal Interests - NS 1 9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR M 11:45 Midday Music and Mingle-DR CC 1:30 Comedy Movie Tuesday -BC/T	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:00 Scategories -B M 11:45 Midday Music and Mingle-DR O 1:30 Shopping-Meijer-O CC 1:30 Wednesday Westerns-BC/T	Cinco de Mayo MM Seasonal Interests - NS 9:30 Travel with Rick Steves-BC/T 10:15 Resident Council - DR 10:30 Bingo- DR 11:30 Chefs Circle-DR CC 1:30 Thursday Classic Movie-BC/T	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:15 Trivia-B CC 1:30 Friday Matinee- BC/T M 3:30 Happy Hour Music S 3:30 Horse Racing Happy Hour-B	MM Seasonal Interests - NS GG 11:15 Jenga- B M 11:45 Midday Music and Mingle-DR CC 1:30 Popcorn and a Movie- BC/T A 3:30 CIC Artisans-AL CR
	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:00 Word in Word -B M 11:45 Midday Music and Mingle-DR M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	MN Seasonal Interests - NS 1 9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR M 11:45 Midday Music and Mingle-DR CC 1:30 Comedy Movie Tuesday -BC/T	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:00 Scategories -B M 11:45 Midday Music and Mingle-DR O 1:30 Shopping-Target CC 1:30 Wednesday Westerns-BC/T	MM Seasonal Interests - NS 1 9:30 Travel with Rick Steves-BC/T K 10:30 Bingo- DR S 11:30 Chefs Circle-DR CC 1:30 Thursday Classic Movie-BC/T 1 2:00 Rosary & Communion-	MM Seasonal Interests - NS V 10:45 Group Stretch-B CC 11:00 Therapy Dogs- L CC 1:30 Friday Matinee- BC/T S 3:30 Friday the 13th Happy Hour-B M 3:30 Happy Hour Music with Dave Laskey	MM Seasonal Interests - NS GG 11:15 Jenga- B M 11:45 Midday Music and Mingle-DR CC 1:30 Popcorn and a Movie- BC/T A 3:30 CIC Artisans-AL CR
MM Seasonal Interests - NS M 10:45 Inspirational Music and sing along - B I 11:00 Bible Study - B S 11:00 Brunch CC 1:30 Sunday Matinee-BC/T CC 1:30 Sunday Treat Cart	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:00 Lucille's Ball- Word in Word -B M 11:45 Midday Music and Mingle-DR M 1:30 Musical Movie Monday- BC/T	MN Seasonal Interests - NS 1 9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR M 11:45 Midday Music and Mingle-DR CC 1:30 Comedy Movie Tuesday -BC/T	MM Seasonal Interests - NS O 11:00 Lunch Bunch-Metro Diner-O M 11:45 Midday Music and Mingle-DR CC 1:30 Wednesday Westerns- BC/T M 4:00 Theme Week	MN Seasonal Interests - NS 9:30 Travel with Rick Steves-BC/T K 10:30 Bingo- DR 11:30 Chefs Circle-DR CC 1:30 Thursday Classic Movie-BC/T 1 2:00 Rosary & Communion-	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:15 Lucy Trivia-B CC 1:30 Friday Matinee- BC/T M 3:30 Happy Hour Music with Robin Harrison S 3:30 I Love Lucy Happy Hour-B	Armed Forces Day MN Seasonal Interests - NS GG 11:15 Jenga- B M 11:45 Midday Music and Mingle-DR CC 1:30 Popcorn and a Movie- BC/T A 3:30 CIC Artisans-AL CR
MN Seasonal Interests - NS M 10:45 Inspirational Music and sing along- B I 11:00 Bible Study - B CC 1:30 Sunday Matinee-BC/T C 1:30 Sunday Treat Cart	MM Seasonal Interests - NS V 10:45 Group Stretch-B K 11:00 Word in Word -B M 11:45 Midday Music and Mingle-DR M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	MM Seasonal Interests - NS 1 9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR M 11:45 Midday Music and Mingle-DR CC 1:30 Comedy Movie Tuesday -BC/T	MN Seasonal Interests - NS K 9:45 Scategories-B O 11:00 Picnic in the Park-O M 11:45 Midday Music and Mingle-DR CC 1:30 Wednesday Westerns- BC/T	MN Seasonal Interests - NS 9:30 Travel with Rick Steves-BC/T K 10:30 Bingo- DR 11:30 Chefs Circle-DR CC 1:30 Thursday Classic Movie-BC/T 2:00 Rosary & Communion-	MN Seasonal Interests - NS V 10:45 Group Stretch-B CC 11:00 Therapy Dogs- L CC 1:30 Friday Matinee- BC/T M 3:30 Happy Hour Music with R.J. Sutton S 3:30 Indy 500 Happy Hour-B	MN Seasonal Interests - NS GG 11:15 Jenga- B M 11:45 Midday Music and Mingle-DR CC 1:30 Popcorn and a Movie- BC/T A 3:30 CIC Artisans-AL CR
I 11:00 Bible Study - B CC 1:30 Sunday Matinee-BC/T C 1:30 Sunday Treat Cart	Memorial Day MN Seasonal Interests - NS V 10:45 Group Stretch-B K 11:00 Word in Word -B M 11:45 Midday Music and Mingle-DR M 1:30 Musical Movie Monday- BC/T O 2:00 Scenic Drive - O	MN Seasonal Interests - NS 1 9:30 Travel with Rick Steves-BC/T K 10:45 Pokeno- DR M 11:45 Midday Music and Mingle-DR CC 1:30 Comedy Movie Tuesday -BC/T	A - Artisans CC - Community Connections CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Resident Birthdays: 5/05 Mona H. 5/29 Marie C. Staff Birthdays: 5/05 Skylar C. 5/17 Yandeh T.	BC-Broadcast Channel 2 B-Bistro DR-Dining Room O-Outside/Outing AL CR- AL Classroom T-T heater L- Lobby P- Pub

Wellbrooke of Carmel Legacy Lane





May 2022

				_		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Day	2	3	4	5 Cinco de Mayo	6	7
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Rise and Shine Parfaits 12:45 Relax & Recharge 2:00 Homemade Relaxation Balm 3:30 Praise and Worship 4:00 50's Fun Clothespin	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Tropical Trail Mix 12:45 Relax & Recharge 2:00 Watercolor Flowers 3:30 Match The Song to the Sitcom 4:00 Corn Hole 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Honey Spiced Bread 12:45 Relax & Recharge 2:00 Derby Hats 3:30 Who Sang It? 4:00 Roll-a-Garden 4:30 Healthy Hands 	 9:00 Reach as High as You Can 9:30 Wacky Word Wednesday 10:45 Classic Chocolate Chip Cookie 12:45 Relax & Recharge 2:00 Pouring Lucille's Ball 	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Strawberry Hand Pies 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Music Trivia 4:00 Baseball 4:30 Healthy Hands 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Italian Pinwheel Sandwiches 12:45 Relax & Recharge 2:00 Poppy Field Collage 3:30 Music That Made 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Blueberry Oat Muffing 12:45 Relax & Recharge 2:00 KY Derby Art 3:30 Bust Your Move 4:00 Horseracing 4:30 Healthy Hands
Mother's Day	9	10	11	12	13	14
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge 2:00 Mother's Day Cards 3:30 Praise and Worship 4:00 50's Fun Clothespin Drop	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Chocolate Raspberry Trail Mix 12:45 Relax & Recharge 2:00 Watercolor Silhouette 3:30 Match The Song to the Sitcom 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Orange Cranberry Bread with Glaze 12:45 Relax & Recharge 2:00 Ojo De Dios (God's Eye) 3:30 Who Sang It? 4:00 Roll-a-Garden 	9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday C 10:45 Peanut Butter Cookie 12:45 Relax & Recharge A 2:00 Lucille's Ball on Canvas M 3:30 It's A Wonderful World	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Apple Hand Pies 12:45 Relax & Recharge 2:00 Ask A Beautiful Question 3:30 Music Trivia 4:00 Baseball 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Sandwich Pinwheel 12:45 Relax & Recharge 2:00 Pulled String Art 3:30 Music That Made Movies Unforgettable- 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Banana Nut Muffins 12:45 Relax & Recharge 2:00 Dancing With Degas 3:30 Bust Your Move 4:00 Horseracing 4:30 Healthy Hands
5	16	17	18	19	20	21 Armed Forces Day
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Peanut Butter Banana Yogurt Parfait 12:45 Relax & Recharge 2:00 Sugar Scrub 3:30 Praise and Worship 4:00 50's Fun Clothespin	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Lucy's Apple John 12:45 Relax & Recharge 2:00 Lucille Ball Painting 3:30 Match The Song to the Sitcom 4:00 Corn Hole 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Pepperoni Mini Pizzas 12:45 Relax & Recharge 2:00 Quarter Mandala Creation 3:30 Who Sang It? 4:00 Roll-a-Garden 	 9:00 Reach as High as You Can 9:30 Wacky Word Wednesday 10:45 Lucy & Ethel's Homemade Chocolate 12:45 Relax & Recharge 2:00 Pouring City Colors 	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Grape Stomping Cheese Appetizer 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Ricky Ricardo and The Big Band 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Papaya Milkshake 12:45 Relax & Recharge 2:00 Upcycled Art Collage 3:30 Music That Made Movies Unforgettable- 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Lemon Poppyseed Muffins 12:45 Relax & Recharge 2:00 Motherhood with Mai Cassatt 3:30 Bust Your Move
2	23	24	25	26	27	28
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Berry Parfait 12:45 Relax & Recharge 2:00 Paint Chip Bookmarks 3:30 Praise and Worship 4:00 50's Fun Clothespin Drop	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 M&M Trail Mix 12:45 Relax & Recharge 2:00 Collaborative Weaving-Day 1 3:30 Match The Song to the Sitcom 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Fresh Fruit Bread 12:45 Relax & Recharge 2:00 Making Waves 3:30 Who Sang It? 4:00 Roll-a-Garden 4:30 Healthy Hands 	 9:00 Reach as High as You Can 9:30 Wacky Word Wednesday 10:45 Birthday Cake Cookie 12:45 Relax & Recharge 2:00 City on Canvas 3:30 It's A Wonderful World 	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Tomato Hand Pies 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Music Trivia 4:00 Baseball 4:30 Healthy Hands 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Cream Cheese Pinwheels w/ Fresh Veggies 12:45 Relax & Recharge 2:00 Rubbings Exploration 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Apple Cinnamon Muffins 12:45 Relax & Recharge 2:00 American Art 3:30 Bust Your Move 4:00 Horseracing
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Cheesecake Berry Parfait 12:45 Relax & Recharge 2:00 Inspiration Creations 3:30 Praise and Worship 4:00 50's Fun Clothespin	Memorial Day 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Marshmallow Trail Mix 12:45 Relax & Recharge 2:00 Collaborative Weaving-Day 2 M 3:30 Match The Song to the Sitcom	9:00 Grape Stomp Signature 9:30 Penny Ante 10:45 Cream Cheese Strawberry Bread 12:45 Relax & Recharge A 2:00 Russian Nesting Dolls 3:30 Who Sang It? 4:00 Roll-a-Garden	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality		<u>Birthdays</u>	If you have not already, please send in photos, memories or small items so the Life Enrichment team can create a memory box for your loved on door.