The Lakes of Monclova Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Day I 10:00 Our Daily Bread I 10:30 Pray Every Day K 3:00 Trivia	V 10:00 Workout Wonders- TS 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging	10:00 Chef Circle 10:30 Daily News/Chronicles 3:00 Bingo - HCDR	V 10:00 Chair Zumba- AR 10:30 Daily News/Chronicles	Cinco de Mayo V 10:00 Chair Yoga- TS 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR	10:30 Guided Imagery- TS	7 V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles G 2:00 Pokeno V 3:00 Walking Club
Mother's Day I 10:00 Our Daily Bread I 10:30 Pray Every Day S 11:00 Sunday Brunch K 3:00 Trivia	9 V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging	10 10:00 Chef Circle 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR	11 V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles	V 10:00 Chair Yoga- TS 1 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR	TS	V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles G 2:00 Pokeno V 3:00 Walking Club
15 1 10:00 Our Daily Bread 1 10:30 Pray Every Day K 3:00 Trivia	10:00 Workout Wonders- TS 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging	17 10:00 Chef Circle 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR	18 V 10:00 Chair Zumba- AR 1 10:30 Daily News/Chronicles	19 V 10:00 Chair Yoga- TS 1 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR	TS	Armed Forces Day V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles GC 2:00 Pokeno V 3:00 Walking Club
1 10:00 Our Daily Bread 1 10:30 Pray Every Day K 3:00 Trivia	V 10:00 Workout Wonders- TS 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging	10:00 Chef Circle 10:30 Daily News/Chronicles 3:00 Bingo - HCDR	V 10:00 Chair Zumba- AR 1 10:30 Daily News/Chronicles	V 10:00 Chair Yoga- TS 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR	10:30 Guided Imagery- TS	V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles GC 2:00 Pokeno V 3:00 Walking Club
1 10:00 Our Daily Bread 1 10:30 Pray Every Day K 3:00 Trivia	Memorial Day V 10:00 Workout Wonders- TS 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging	10:00 Chef Circle 10:30 Daily News/Chronicles 3:00 Bingo - HCDR		A - Artisans CD - Clinical Distinction GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce I - Lifelong Learning M - Music to My Ears S - Signature Events	V - Vitality	

All groups are subject to change. Please refer to LifeShare for any changes.

The Lakes of Monclova Health Campus Health Center





May 2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Day 1 10:00 Our Daily Bread 1 10:30 Pray Every Day 11:00 Mindful Moments K 3:00 Trivia	V 10:00 Workout Wonders- TS 1 10:30 Daily News/Chronicles MN 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	10:00 Chef Circle 10:30 Daily News/Chronicles MN 11:00 Mindful Moments K 3:00 Bingo - HCDR	V 10:00 Chair Zumba- AR 10:30 Daily News/Chronicles MM 11:00 Mindful Moments	Cinco de Mayo V 10:00 Chair Yoga- TS 1 10:30 Daily News/Chronicles MN 11:00 Mindful Moments K 3:00 Bingo - HCDR	I 10:30 Guided Imagery- TSM 11:00 Mindful Moments	7 V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles MN 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
Mother's Day 1 10:00 Our Daily Bread 1 10:30 Pray Every Day MN 11:00 Mindful Moments 5 11:00 Sunday Brunch K 3:00 Trivia	9 V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MN 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	10 10:00 Chef Circle 10:30 Daily News/Chronicles 11:00 Mindful Moments 3:00 Bingo - HCDR	11 V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles MN 11:00 Mindful Moments	12 V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles MN 11:00 Mindful Moments K 3:00 Bingo - HCDR	10:30 Guided Imagery- TS	V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles M 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
15 1 10:00 Our Daily Bread 1 10:30 Pray Every Day 11:00 Mindful Moments K 3:00 Trivia	V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles M 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	17 10:00 Chef Circle 10:30 Daily News/Chronicles 11:00 Mindful Moments K 3:00 Bingo - HCDR	V 10:00 Chair Zumba- AR 1 10:30 Daily News/Chronicles MM 11:00 Mindful Moments	19 V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles MN 11:00 Mindful Moments K 3:00 Bingo - HCDR	TS 1 10:30 Guided Imagery- TS 11:00 Mindful Moments	Armed Forces Day V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles MN 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
1 10:00 Our Daily Bread 1 10:30 Pray Every Day MM 11:00 Mindful Moments K 3:00 Trivia	V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MN 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	10:00 Chef Circle 10:30 Daily News/Chronicles MN 11:00 Mindful Moments K 3:00 Bingo - HCDR	V 10:00 Chair Zumba- AR 10:30 Daily News/Chronicles MM 11:00 Mindful Moments	V 10:00 Chair Yoga- TS 10:30 Daily News/Chronicles MN 11:00 Mindful Moments K 3:00 Bingo - HCDR	TS 1 10:30 Guided Imagery- TS 11:00 Mindful Moments	V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles MN 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
1 10:00 Our Daily Bread 1 10:30 Pray Every Day MM 11:00 Mindful Moments K 3:00 Trivia	Memorial Day V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MN 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	10:00 Chef Circle 10:30 Daily News/Chronicles 11:00 Mindful Moments 3:00 Bingo - HCDR	A - Artisans CD - Clinical Distinction GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears	S - Signature Events V - Vitality	<u>Birthdays</u>	

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The Lakes of Monclova Legacy Memory Care







May 2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 May Day	2	3	4	5 Cinco de Mayo	6	7
 9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Rise and Shine Parfaits 12:45 Relax & Recharge 2:00 Homemade Relaxation Balm 3:30 Praise and Worship 4:00 50's Fun Clothespin 	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Tropical Trail Mix 12:45 Relax & Recharge 2:00 Watercolor Flowers 3:30 Match The Song to the Sitcom 4:00 Corn Hole 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Honey Spiced Bread 12:45 Relax & Recharge 2:00 Derby Hats 3:30 Who Sang It? 4:00 Roll-a-Garden 4:30 Healthy Hands 	 9:00 Reach as High as You Can 9:30 Wacky Word Wednesday 10:45 Classic Chocolate Chip Cookie 12:45 Relax & Recharge 2:00 Pouring Lucille's Ball 	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Strawberry Hand Pies 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Music Trivia 4:00 Baseball 4:30 Healthy Hands 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Italian Pinwheel Sandwiches 12:45 Relax & Recharge 2:00 Poppy Field Collage 3:30 Music That Made 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Blueberry Oat Muffins 12:45 Relax & Recharge 2:00 KY Derby Art 3:30 Bust Your Move 4:00 Horseracing 4:30 Healthy Hands
8 Mother's Day	9	10	11	12	13	14
 9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge 2:00 Mother's Day Cards 3:30 Praise and Worship 4:00 50's Fun Clothespin Drop 	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Chocolate Raspberry Trail Mix 12:45 Relax & Recharge 2:00 Watercolor Silhouette 3:30 Match The Song to the Sitcom 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Orange Cranberry Bread with Glaze 12:45 Relax & Recharge 2:00 Ojo De Dios (God's Eye) 3:30 Who Sang It? 4:00 Roll-a-Garden 	 9:00 Reach as High as You Can 9:30 Wacky Word Wednesday 10:45 Peanut Butter Cookie 12:45 Relax & Recharge 2:00 Lucille's Ball on Canvas 3:30 It's A Wonderful World 	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Apple Hand Pies 12:45 Relax & Recharge 2:00 Ask A Beautiful Question 3:30 Music Trivia 4:00 Baseball 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Sandwich Pinwheel 12:45 Relax & Recharge 2:00 Pulled String Art 3:30 Music That Made Movies Unforgettable- 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Banana Nut Muffins 12:45 Relax & Recharge 2:00 Dancing With Degas 3:30 Bust Your Move 4:00 Horseracing 4:30 Healthy Hands
15	16	17	18	19	20	21 Armed Forces Day
 9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Peanut Butter Banana Yogurt Parfait 12:45 Relax & Recharge 2:00 Sugar Scrub 3:30 Praise and Worship 4:00 50's Fun Clothespin 	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Lucy's Apple John 12:45 Relax & Recharge 2:00 Lucille Ball Painting 3:30 Match The Song to the Sitcom 4:00 Corn Hole 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Pepperoni Mini Pizzas 12:45 Relax & Recharge 2:00 Quarter Mandala Creation 3:30 Who Sang It? 4:00 Roll-a-Garden 	 9:00 Reach as High as You Can 9:30 Wacky Word Wednesday 10:45 Lucy & Ethel's Homemade Chocolate 12:45 Relax & Recharge 2:00 Pouring City Colors 	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Grape Stomping Cheese Appetizer 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Ricky Ricardo and The Big Band 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Papaya Milkshake 12:45 Relax & Recharge 2:00 Upcycled Art Collage 3:30 Music That Made Movies Unforgettable- 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Lemon Poppyseed Muffins 12:45 Relax & Recharge 2:00 Motherhood with Mary Cassatt 3:30 Bust Your Move
 9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Berry Parfait 12:45 Relax & Recharge 2:00 Paint Chip Bookmarks 3:30 Praise and Worship 4:00 50's Fun Clothespin Drop 	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 M&M Trail Mix 12:45 Relax & Recharge 2:00 Collaborative Weaving-Day 1 3:30 Match The Song to the Sitcom 	 9:00 Grape Stomp 9:30 Penny Ante 10:45 Fresh Fruit Bread 12:45 Relax & Recharge 2:00 Making Waves 3:30 Who Sang It? 4:00 Roll-a-Garden 4:30 Healthy Hands 	 9:00 Reach as High as You Can 9:30 Wacky Word Wednesday 10:45 Birthday Cake Cookie 12:45 Relax & Recharge 2:00 City on Canvas 3:30 It's A Wonderful World 	 9:00 Ballroom Dancing 9:30 Garden Beginnings 10:45 Tomato Hand Pies 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Music Trivia 4:00 Baseball 4:30 Healthy Hands 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:45 Cream Cheese Pinwheels w/ Fresh Veggies 12:45 Relax & Recharge 2:00 Rubbings Exploration 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Apple Cinnamon Muffins 12:45 Relax & Recharge 2:00 American Art 3:30 Bust Your Move 4:00 Horseracing
29	30 Memorial Day	31				
 9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Cheesecake Berry Parfait 12:45 Relax & Recharge 2:00 Inspiration Creations 3:30 Praise and Worship 4:00 50's Fun Clothespin 	 9:00 Hoppin' to Health 9:30 Word Poem for Mom 10:45 Marshmallow Trail Mix 12:45 Relax & Recharge 2:00 Collaborative Weaving-Day 2 3:30 Match The Song to the Sitcom 	9:00 Grape Stomp 9:30 Penny Ante 10:45 Cream Cheese Strawberry Bread 12:45 Relax & Recharge A 2:00 Russian Nesting Dolls M 3:30 Who Sang It? GG 4:00 Roll-a-Garden				



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Standing Invite to Gather At Clubhouse	11:00Seated Stretching 1:00 Cards	11:00Patio Games 2:00 Bingo	1:00 Scrabble 3:00 Ambassador Meeting	Cinco de Mayo 10:00Book Club 3:00 Happy Hour	9:00 Hot Breakfast 3:00 Main Campus Happy Hour with Gene Z.	10:00Walking Group
Mother's Day 11:00Family Brunch (RSVP Required) 1:00 Standing Invite to Gather At Clubhouse	11:00Succulent Cloning and Care 1:00 Cards	10:00Gentlemen's Coffee Break 6:00 Poker	Clubhouse Closed for Private Event 2:00 SEC Main Campus (RSVP Required)	9:00 Neighborhood Garage Sale 9-5 3:00 Happy Hour	9:00 Neighborhood Garage Sale 9-5 2:30 Main Campus Happy Hour with Alan 6:00 Trivia Bingo	9:00 Neighborhood Garage Sale 9-5 10:00Walking Group
1:00 Standing Invite to Gather At Clubhouse	10:00Outing to Greenhouse 1:00 Cards	12:00How To DIY 1:00 Billiards	10:00Meditation 1:00 Cooking Class	4:30 Themed Dinner 3:00 Happy Hour 5:30 Euchre Tournament	9:00 Hot Breakfast 3:00 Main Campus Happy Hour with Lyle	10:00Walking Group
1:00 Standing Invite to Gather At Clubhouse	11:00Cleaning Tips and Tricks 1:00 Cards	10:00Cardio Drumming 1:00 Crafting	1:00 Women's Group - Clara J's 3:00 Farkle	1:00 Bingo 3:00 Happy Hour	3:00 Main Campus Happy Hour with Dave R. 6:00 Poker	10:00Walking Group
1:00 Standing Invite to Gather At Clubhouse	1:00 Cards	10:00Memorial Day History 3:00 Bingo				