



# May 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<b>1</b> <b>May Day</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b> <b>Cinco de Mayo</b>		<b>6</b>		<b>7</b>	
I 10:00 Our Daily Bread I 10:30 Pray Every Day K 3:00 Trivia		V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging		CD 10:00 Chef Circle L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles		V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS GG 1:30 5 Up M 3:00 Happy Hour w/ Gene Z.		V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles GG 2:00 Pokeno V 3:00 Walking Club	
<b>8</b> <b>Mother's Day</b>		<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>	
I 10:00 Our Daily Bread I 10:30 Pray Every Day S 11:00 Sunday Brunch K 3:00 Trivia		V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging		CD 10:00 Chef Circle L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles		V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS GG 1:30 5 Up I 1:30 Catholic Mass- AR M 2:30 Happy Hour w/ Alan - HCDR		V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles GG 2:00 Pokeno V 3:00 Walking Club	
<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b> <b>Armed Forces Day</b>	
I 10:00 Our Daily Bread I 10:30 Pray Every Day K 3:00 Trivia		V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging		CD 10:00 Chef Circle L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles		V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS GG 1:30 5 Up M 3:00 Happy Hour w/ Lyle- TS		V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles GG 2:00 Pokeno V 3:00 Walking Club	
<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>	
I 10:00 Our Daily Bread I 10:30 Pray Every Day K 3:00 Trivia		V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging		CD 10:00 Chef Circle L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles		V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR		V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS GG 1:30 5 Up M 3:00 Happy Hour w/ Dave R.- TS		V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles GG 2:00 Pokeno V 3:00 Walking Club	
<b>29</b>		<b>30</b> <b>Memorial Day</b>		<b>31</b>									
I 10:00 Our Daily Bread I 10:30 Pray Every Day K 3:00 Trivia		V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles A 1:30 Floral Fun Flower Arranging		CD 10:00 Chef Circle L 10:30 Daily News/Chronicles K 3:00 Bingo - HCDR									
								A - Artisans CD - Clinical Distinction GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events		V - Vitality			



# May 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	<b>May Day</b> I 10:00 Our Daily Bread I 10:30 Pray Every Day MM 11:00 Mindful Moments K 3:00 Trivia	2	V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	3	CD 10:00 Chef Circle L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	4	V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments	5	<b>Cinco de Mayo</b> V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	6	V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS MM 11:00 Mindful Moments GG 1:30 5 Up M 3:00 Happy Hour w/ Gene Z.	7	V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles MM 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
8	<b>Mother's Day</b> I 10:00 Our Daily Bread I 10:30 Pray Every Day MM 11:00 Mindful Moments S 11:00 Sunday Brunch K 3:00 Trivia	9	V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	10	CD 10:00 Chef Circle L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	11	V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments	12	V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	13	V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS MM 11:00 Mindful Moments GG 1:30 5 Up I 1:30 Catholic Mass- AR M 2:30 Happy Hour w/ Alan - HCDR	14	V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles MM 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
15	I 10:00 Our Daily Bread I 10:30 Pray Every Day MM 11:00 Mindful Moments K 3:00 Trivia	16	V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	17	CD 10:00 Chef Circle L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	18	V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments	19	V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	20	V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS MM 11:00 Mindful Moments GG 1:30 5 Up M 3:00 Happy Hour w/ Lyle- TS	21	<b>Armed Forces Day</b> V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles MM 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
22	I 10:00 Our Daily Bread I 10:30 Pray Every Day MM 11:00 Mindful Moments K 3:00 Trivia	23	V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	24	CD 10:00 Chef Circle L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	25	V 10:00 Chair Zumba- AR L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments	26	V 10:00 Chair Yoga- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	27	V 10:00 Movers and Shakers- TS I 10:30 Guided Imagery- TS MM 11:00 Mindful Moments GG 1:30 5 Up M 3:00 Happy Hour w/ Dave R.- TS	28	V 10:00 Workout Wonders- TS K 10:30 Daily News/Chronicles MM 11:00 Mindful Moments GG 2:00 Pokeno V 3:00 Walking Club
29	I 10:00 Our Daily Bread I 10:30 Pray Every Day MM 11:00 Mindful Moments K 3:00 Trivia	30	<b>Memorial Day</b> V 10:00 Workout Wonders- TS L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments A 1:30 Floral Fun Flower Arranging	31	CD 10:00 Chef Circle L 10:30 Daily News/Chronicles MM 11:00 Mindful Moments K 3:00 Bingo - HCDR	<ul style="list-style-type: none"> <li>A - Artisans</li> <li>CD - Clinical Distinction</li> <li>GG - Group Games</li> <li>I - Inspirations</li> <li>K - Keeping it Sharp/Reminisce</li> <li>L - Lifelong Learning</li> <li>MM - Mindful Moments</li> <li>M - Music to My Ears</li> </ul>		<ul style="list-style-type: none"> <li>S - Signature Events</li> <li>V - Vitality</li> </ul>		<b>Birthdays</b>			





# May 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	<b>May Day</b> 1:00 Standing Invite to Gather At Clubhouse	2	11:00 Seated Stretching 1:00 Cards	3	11:00 Patio Games 2:00 Bingo	4	1:00 Scrabble 3:00 Ambassador Meeting	5	<b>Cinco de Mayo</b> 10:00 Book Club 3:00 Happy Hour	6	9:00 Hot Breakfast 3:00 Main Campus Happy Hour with Gene Z.	7	10:00 Walking Group
8	<b>Mother's Day</b> 11:00 Family Brunch (RSVP Required) 1:00 Standing Invite to Gather At Clubhouse	9	11:00 Succulent Cloning and Care 1:00 Cards	10	10:00 Gentlemen's Coffee Break 6:00 Poker	11	Clubhouse Closed for Private Event 2:00 SEC Main Campus (RSVP Required)	12	9:00 Neighborhood Garage Sale 9-5 3:00 Happy Hour	13	9:00 Neighborhood Garage Sale 9-5 2:30 Main Campus Happy Hour with Alan 6:00 Trivia Bingo	14	9:00 Neighborhood Garage Sale 9-5 10:00 Walking Group
15	1:00 Standing Invite to Gather At Clubhouse	16	10:00 Outing to Greenhouse 1:00 Cards	17	12:00 How To DIY 1:00 Billiards	18	10:00 Meditation 1:00 Cooking Class	19	4:30 Themed Dinner 3:00 Happy Hour 5:30 Euchre Tournament	20	9:00 Hot Breakfast 3:00 Main Campus Happy Hour with Lyle	21	<b>Armed Forces Day</b> 10:00 Walking Group
22	1:00 Standing Invite to Gather At Clubhouse	23	11:00 Cleaning Tips and Tricks 1:00 Cards	24	10:00 Cardio Drumming 1:00 Crafting	25	1:00 Women's Group - Clara J's 3:00 Farkle	26	1:00 Bingo 3:00 Happy Hour	27	3:00 Main Campus Happy Hour with Dave R. 6:00 Poker	28	10:00 Walking Group
29	1:00 Standing Invite to Gather At Clubhouse	30	<b>Memorial Day</b> 1:00 Cards	31	10:00 Memorial Day History 3:00 Bingo								