

May 2022  
Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:30  Gentle Chair Yoga [W]</div> <div>1:00  Sunday Service [B]</div> <div>2:30  Musical Moments [CR]</div> <div>3:00  Ice-cream Social [B]</div> <div>6:00  Is it Cake? [T]</div> <div>1</div>	<div>11:00  Balloon Volleyball Challenge [W]</div> <div>1:00  Garden Club [RP]</div> <div>2:30  Current Events [L]</div> <div>5:00  Tap your Toes [W]</div> <div>6:00  The American Bible Challenge [T]</div> <div>2</div>	<div>10:45  Fitness Drumming [W]</div> <div>1:00  Show &amp; Tell [CR]</div> <div>2:00  Book Club [LR]</div> <div>3:00  Art Class [CR]</div> <div>6:00  The SHACK [T]</div> <div>3</div>	<div>10:30  Scenic Drive [S]</div> <div>1:30  Jeopardy [CR]</div> <div>3:00  Mothers Day Gift (Dream Pillow) [B]</div> <div>4:30  Astrology Club [CR]</div> <div>6:00  Fatima [T]</div> <div>4</div>	<div>10:30  Gourmet Espresso Bar [B]</div> <div>1:00  Give Back Club [W]</div> <div>3:00  Bingo &amp; Happy Hour [T]</div> <div>4:30  Simple Stretching [W]</div> <div>6:00  The Young Messiah [T]</div> <div>5</div>	<div>11:30  Mothers Day Brunch [R]</div> <div>1:15  Flower Arrangement [CR]</div> <div>3:00  Faithful Poems [T]</div> <div>4:30  Blue Miracle &amp; Popcorn [T]</div> <div>6:00  Evening Stroll [L]</div> <div>6</div>	<div>10:30  Fresh Air [RP]</div> <div>2:00  Around the World [CR]</div> <div>4:30  3 Minute Hand Massage [BS]</div> <div>6:00  Stories Of A Generation with Pope Francis [T]</div> <div>7</div>
<div>Mother's Day</div> <div>11:00  Sit &amp; be Fit [W]</div> <div>1:00  Bible Study [T]</div> <div>3:00  Sundae Social [B]</div> <div>4:00  Smart Art [B]</div> <div>6:00  Is it Cake? [T]</div> <div>8</div>	<div>11:00  Fitness Funn [W]</div> <div>1:00  Puzzle Perfect [B]</div> <div>2:30  Chefs Special [B]</div> <div>5:00  Evening Stroll [W]</div> <div>6:00  The American Bible Challenge [T]</div> <div>9</div>	<div>10:30  Let's go Shopping @ PCC Community Markets [S]</div> <div>1:30  Spacecraft [CR]</div> <div>2:30  Faithful Poems [CR]</div> <div>4:30  Concert (A Fiddle in the Forrest) [R]</div> <div>6:00  Raiding faith [T]</div> <div>10</div>	<div>10:30  Scenic Drive [S]</div> <div>1:00  Smoothie Bar [B]</div> <div>3:00  Cranium Crunches [CR]</div> <div>4:30  Fitness Drumming [W]</div> <div>6:00  Don't Look Up [T]</div> <div>11</div>	<div>11:00  Tai Chi [W]</div> <div>1:00  Google Earth [CR]</div> <div>2:15  Simple Stretching [W]</div> <div>3:00  Bingo &amp; Happy Hour [T]</div> <div>6:00  The Green Mile [T]</div> <div>12</div>	<div>11:00  Resident Council [B]</div> <div>1:15  Flower Arrangement [CR]</div> <div>3:30  Astrology Club [CR]</div> <div>4:30  Strength &amp; Balance [W]</div> <div>5:30  The Imitation Game &amp; Popcorn [T]</div> <div>13</div>	<div>10:30  Fresh Air [RP]</div> <div>12pm  Senior Spring Fair [L]</div> <div>3:00  Balloon Volleyball Challenge [W]</div> <div>4:30  3 Minute Hand Massage [BS]</div> <div>6:00  Stories Of A Generation with Pope Francis [T]</div> <div>14</div>
<div>11:00  5 Minute Moves [W]</div> <div>1:00  Bible Study [B]</div> <div>3:00  Ice-cream Social [B]</div> <div>4:30  Reading Round Table [LR]</div> <div>6:00  Is it Cake? [T]</div> <div>15</div>	<div>10:30  Tai Chi [W]</div> <div>11:30  Historical Moment [CR]</div> <div>2:30  Crossword [B]</div> <div>4:00  Cornhole [W]</div> <div>6:00  The American Bible Challenge [T]</div> <div>16</div>	<div>10:30  Lets go Shopping @ Target [S]</div> <div>2:00  Ladder Golf [W]</div> <div>3:30  Bingo &amp; Happy Hour [T]</div> <div>4:00  Fitness Drumming [W]</div> <div>6:00  Inception [T]</div> <div>17</div>	<div>10:30  Scenic Drive [S]</div> <div>1:30  Jeopardy [CR]</div> <div>2:30  Zumba- Seated Class [W]</div> <div>3:30  Astrology Club [CR]</div> <div>6:00  Just Like Heaven [T]</div> <div>18</div>	<div>9:00  Men's Breakfast [CR]</div> <div>11:00  Guided Meditation [W]</div> <div>1:00  Give Back Club [W]</div> <div>2:00  Puzzle Perfect [B]</div> <div>3:00  Ladies Tea Time [B]</div> <div>6:00  The Two Popes [T]</div> <div>19</div>	<div>10:30  Gourmet Espresso Bar [B]</div> <div>1:15  Flower Arrangement [CR]</div> <div>2:30  Faithful Poems [T]</div> <div>3:15  Spacecraft [CR]</div> <div>4:30  Catch &amp; Release [T]</div> <div>20</div>	<div>10:30  Fresh Air [RP]</div> <div>2:30  Around the World [CR]</div> <div>4:30  3 Minute Hand Massage [BS]</div> <div>6:00  Stories Of A Generation with Pope Francis [T]</div> <div>21</div>
<div>11:00  Tap your toes [W]</div> <div>1:00  Bible Study [T]</div> <div>3:00  Sundae Social [B]</div> <div>4:00  Smart Art [B]</div> <div>6:00  Is it Cake? [T]</div> <div>22</div>	<div>10:30  Tai Chi [W]</div> <div>1:00  Garden Club [RP]</div> <div>3:00  Cards and Games [T]</div> <div>5:00  Tap your Toes [W]</div> <div>6:00  The American Bible Challenge [T]</div> <div>23</div>	<div>11:00  Simple Stretching [W]</div> <div>1:30  Smoothie Bar [B]</div> <div>3:00  Puzzle Perfect [CR]</div> <div>4:00  Book Club [L]</div> <div>6:00  The Boy Who Harnessed The Wind [T]</div> <div>24</div>	<div>10:30  Chihuly Garden &amp; Glass Museum [S]</div> <div>4:00  Jeopardy [CR]</div> <div>6:00  Coach Carter [T]</div> <div>25</div>	<div>11:00  Tai Chi [W]</div> <div>1:00  Google Earth [CR]</div> <div>2:00  Cranium Crunches [CR]</div> <div>3:00  Bingo &amp; Happy Hour [T]</div> <div>6:00  Worth [T]</div> <div>26</div>	<div>11:00  Fitness Drumming [W]</div> <div>1:15  Flower Arrangement [CR]</div> <div>3:00  Art Class [CR]</div> <div>4:00  Astrology Club [CR]</div> <div>6:00  A Walk Among The Tombstones [T]</div> <div>27</div>	<div>10:30  Fresh Air [RP]</div> <div>2:00  Around the World [CR]</div> <div>3:00  Balloon Volleyball Challenge [W]</div> <div>4:30  3 Minute Hand Massage [BS]</div> <div>6:00  Stories Of A Generation with Pope Francis [T]</div> <div>28</div>
<div>11:00  Sit &amp; be Fit [W]</div> <div>1:00  Bible Study [B]</div> <div>3:00  Ice-cream Social [B]</div> <div>4:00  Musical Moments [CR]</div> <div>6:00  Is it Cake? [T]</div> <div>29</div>	<div>Memorial Day</div> <div>10:30  Tai Chi [W]</div> <div>11:30  Memorial Day Brunch [R]</div> <div>3:00  Cards and Games [T]</div> <div>5:00  Tap your Toes [W]</div> <div>6:00  The American Bible Challenge [T]</div> <div>30</div>	<div>10:30  Fitness Drumming [W]</div> <div>11:30  Lets go Shopping @ Trader Joe's [S]</div> <div>2:00  Ladder Golf [W]</div> <div>3:30  Bingo &amp; Happy Hour [T]</div> <div>6:00  Casino Royale [T]</div> <div>31</div>	<div></div> <div>112 Andover Park East Tukwila, WA 98188 206-962-5448</div>			<div><div><div> Artistic Expression</div><div> Community Connection</div><div> Continuing Education</div><div> Lifestyle &amp; Leisure</div><div> Physical Engagement</div><div> Spiritual Support</div></div><div><div>Location Keys</div><div>Beauty SalonBS</div><div>BistroB</div><div>Club RoomCR</div><div>Living RoomLR</div><div>LobbyL</div><div>RestaurantR</div><div>Rooftop PatioRP</div><div>ShuttleS</div><div>TheaterT</div><div>Wellness CenterW</div></div></div>