

Senior Living at Forest Ridge
Independent Living



May 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	May Day K 1:00 Rummy Card Game K 2:30 Resident's Choice (2)	2	V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) K 1:15 Snack Pokeno (2) K 2:30 313 Card Group Game (2) CC 6:00 NC Line Dancing Practice (2)	3	V 10:00 Morning Stretch (2) I 10:45 Reflections with Sheila (2) M 1:30 Chords of Friendship Performance (2) V 3:00 Miniature Corn Hole (2) M 3:30 Name That Music/Artist (1)	4	CC Tonia Wilson/Manicures by Appointment (3) V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) O 1:00 Derby Day/Shelbyville	5	Cinco de Mayo V 10:00 Morning Stretch (2) I 10:30 Reflections with Sheila (2) S 12:00 Happy Cinco de Mayo Day (DR) I 1:00 Book of Psalms Study (3) K 1:30 10 Penny Group Game	6	O 9:00 Shopping @ Walmart (UC) L 9:44 Mother's Day Trivia (DR) V 11:00 Walking Club/Indoors all Floors K 1:15 Dime Bingo (2) M 3:00 Happy Hour with	7	I 10:00 Bible Study with Steven (3) K 1:00 Resident's Choice (2) 2:30 Euchre (2)
8	Mother's Day K 1:00 Rummy Card Game K 2:30 Resident's Choice (2)	9	V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) K 1:15 Snack Pokeno (2) K 2:30 313 Card Group Game (2) CC 6:00 NC Line Dancing Practice (2)	10	V 10:00 Morning Stretch (2) I 10:45 Reflections with Sheila (2) K 1:15 Mexican Train (2) V 3:00 Miniature Corn Hole (2) G 3:30 Mother/Daughter Hand Photography (2)	11	V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) O 11:00 Outing: Willie and Red's/Hagerstown K 1:15 Bingo (2) K 2:30 Golf Card Game {2}	12	V 10:00 Morning Stretch (2) CC 10:00 Social Society Flower/Plant Exchange (DR) I 10:30 Reflections with Sheila (2) I 1:00 Book of Psalms Study (3)	13	O 9:00 Shopping @ Walmart (UC) V 11:00 Walking Club/Indoors all Floors L 12:00 Friday the 13th Trivia (DR) K 1:15 Dime Bingo (2) M 3:00 Social Hour with Paul	14	I 10:00 Bible Study with Steven (3) K 1:00 Resident's Choice (2) S 2:00 Mother's Day Banquet (DR) 2:30 Euchre (2)
15	K 1:00 Rummy Card Game K 2:30 Resident's Choice (2)	16	V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) K 1:15 Snack Pokeno (2) K 2:30 313 Card Group Game (2) L 3:30 The History of Lucille Ball (2)	17	V 10:00 Morning Stretch (2) I 10:45 Reflections with Sheila (2) S 12:00 Lucille's Ball Dinner (DR) K 1:15 Mexican Train (2) V 3:00 Miniature Corn Hole (2) M 3:30 Name That	18	V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) K 1:15 Bingo (2) A 2:30 Jessica's "I Love Lucy's" Flower Arranging {3} V 3:30 Bulls Eye (DR)	19	V 10:00 Morning Stretch (2) I 10:30 Reflections with Sheila (2) O 12:45 Abbot's Candy Factory Tour/Hagerstown (UC) I 1:00 Book of Psalms	20	O 9:00 Shopping @ Walmart (UC) V 11:00 Walking Club/Indoors all Floors K 12:00 Lucille Ball's Top 10 (DR) K 1:15 Dime Bingo (2) M 3:00 Happy Hour With the	21	Armed Forces Day I 10:00 Bible Study with Steven (3) K 1:00 Resident's Choice (2) 2:30 Euchre (2)
22	K 1:00 Rummy Card Game K 2:30 Resident's Choice (2)	23	V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) K 1:15 Snack Pokeno (2) K 2:30 313 Card Group Game (2) A 3:30 Spring Garden Club Planning (UC)	24	V 10:00 Morning Stretch (2) I 10:45 Reflections with Sheila (2) K 1:15 Mexican Train (2) V 3:00 Miniature Corn Hole (2) M 3:30 The Side Kicks (1) A 6:00 Volunteer Banquet (DR)	25	V 10:00 Morning Stretch (2) M 10:45 Reflections with Sheila (2) K 1:15 Bingo (2) K 2:30 Golf Card Game {2}	26	O 9:30 Shopping/Lunch Castleton Square Mall (UC) V 10:00 Morning Stretch (2) I 10:30 Reflections with Sheila (2) I 1:00 Book of Psalms Study (3)	27	O 9:00 Shopping @ Walmart (UC) O 11:00 Bank Trip V 11:00 Walking Club/Indoors all Floors K 1:15 Dime Bingo (2) M 3:00 Happy Hour (2)	28	I 10:00 Bible Study with Steven (3) K 1:00 Resident's Choice (2) 2:30 Euchre (2)
29	S 11:00 Family Brunch (DR) 11AM - 1PM K 1:00 Rummy Card Game K 2:30 Resident's Choice (2)	30	Memorial Day O 9:00 Memorial Day Parade (UC) K 1:15 Snack Pokeno (2) K 2:30 313 Card Group Game (2) A 3:30 Spring Garden Club (UC) CC 6:00 NC Line Dancing	31	V 10:00 Morning Stretch (2) I 10:45 Reflections with Sheila (2) K 1:15 Mexican Train (2) V 3:00 Miniature Corn Hole (2) M 3:30 Name That Music/Artist (1) A 6:00 Knitting Club	DEPARTMENT LEADERS: John Craig, ED Vickie Taylor, BOM Norma Kriner, LED Stacey Bonwell, DFS Charles Riley, DPO Hannah McCubbins, ESD Lisa Miller, CSR		ACTIVITY LOCATION ABBRVS: UC = Under Canopy Outside MB = Middle Back Outside DR = Dining Room CR = Cafe' Room 1ST = 1st Floor Family Room 2ND = 2nd Floor Table Area 3RD = 3rd Floor Kitchen Area		EMPLOYEE BIRTHDAYS: Sheila M! 5/9 Norma K! 5/10 Chuck R! 5/20 Emilee O! 5/25		RESIDENT BIRTHDAYS: Charles K! 5/3 Jeanine M! 5/7 David W! 5/12 Jacky S! 5/15 Fred F! 5/25 Betty H! 5/3	