



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday																																																					
1	May Day MM 9:00 MUSIC-THEME SENSATIONS V 10:00 SIT AND BE FIT GG 10:30 DEAL OR NO DEAL GF 11:30 PRE-MEAL ACTIVITY I 2:00 CHURCH SERVICE (REFLECTIONS DINING ROOM)	2	MM 9:00 KITCHEN THEME SENSATIONS K 10:00 MOTHER'S DAY TRIVIA GF 11:30 PRE-MEAL ACTIVITY V 2:00 NOODLE BALL 3:00 RESIDENT CHOICE	3	MM 9:00 NURSERY THEME SENSATIONS K 10:00 BINGO A 10:30 MOTHER'S DAY FLOWER PLANTING GF 11:30 PRE-MEAL ACTIVITY 1:00 COURTYARD CLEANUP (CIC)	4	MM 9:00 MEN'S THEME SENSATIONS M 10:00 KARAOKE CC 10:30 BIRTHDAY CELEBRATION GF 11:30 PRE-MEAL ACTIVITY CC 1:30 CHEF'S CIRCLE S 2:00 RESIDENT COUNCIL	5	Cinco de Mayo MM 9:00 TOUCH THEME SENSATIONS A 10:00 FLOWER FORK PAINTING GF 11:30 PRE-MEAL ACTIVITY 1:00 COURTYARD CLEANUP (CIC)	6	MM 9:00 LAUNDRY-THEME SENSATIONS I 10:00 DEVOTIONS GF 11:30 PRE-MEAL ACTIVITY K 1:30 BINGO M 2:00 NAME THAT TUNE GF 3:00 HAPPY HOUR	7	MM 9:00 GARDEN- THEME SENSATIONS A 10:00 ART VIDEO L 11:00 TRAVEL GF 11:30 PRE-MEAL ACTIVITY V 2:00 CHAIR EXERCISE	8	Mother's Day MM 9:00 MUSIC-THEME SENSATIONS GG 10:00 DEAL OR NO DEAL V 10:30 SIT AND BE FIT S 11:00 SUNDAY BRUNCH GF 11:30 PRE-MEAL ACTIVITY I 2:00 CHURCH SERVICE (REFLECTIONS DINING)	9	MM 9:00 KITCHEN THEME SENSATIONS K 10:00 TRIVIA GF 11:30 PRE-MEAL ACTIVITY V 2:00 NOODLE BALL 3:00 RESIDENT CHOICE	10	MM 9:00 NURSERY THEME SENSATIONS K 10:00 BINGO A 10:30 I LOVE LUCY HEARTS GF 11:30 PRE-MEAL ACTIVITY 1:30 CAMPUS IN COLOR PLANNING (CIC) V 2:00 BEACH BALL	11	MM 9:00 MEN'S THEME SENSATIONS M 10:00 KARAOKE IG 10:30 MEN'S GROUP GF 11:30 PRE-MEAL ACTIVITY CC 1:30 CHEF'S CIRCLE V 3:00 CHAIR YOGA I 6:30 BIBLE STUDY	12	MM 9:00 TOUCH THEME SENSATIONS 10:00 FLOWER BUYING (CIC) GF 11:30 PRE-MEAL ACTIVITY A 2:00 SHAVING CREAM ART GF 6:30 CARD GAMES	13	MM 9:00 LAUNDRY-THEME SENSATIONS MM 9:00 LAUNDRY-THEME SENSATIONS I 10:00 DEVOTIONS GF 11:30 PRE-MEAL ACTIVITY K 1:30 BINGO M 2:30 NAME THAT TUNE	14	MM 9:00 GARDEN- THEME SENSATIONS A 10:00 ART VIDEO L 11:00 TRAVEL GF 11:30 PRE-MEAL ACTIVITY V 2:00 CHAIR EXERCISE	15	MM 9:00 MUSIC-THEME SENSATIONS I 10:00 TV CHURCH SERVICE M 10:30 GOSPEL MUSIC GF 11:30 PRE-MEAL ACTIVITY V 1:30 SIT & BE FIT	16	MM 9:00 KITCHEN THEME SENSATIONS K 10:00 TRIVIA GF 11:30 PRE-MEAL ACTIVITY V 2:00 NOODLE BALL 3:00 RESIDENT CHOICE	17	MM 9:00 NURSERY THEME SENSATIONS K 10:00 BINGO A 10:30 PINK FLAMINGO COLLAGE (PART 1) GF 11:30 PRE-MEAL ACTIVITY 1:00 FLOWER PLANTING (CIC)	18	MM 9:00 MEN'S THEME SENSATIONS M 10:00 KARAOKE GF 11:30 PRE-MEAL ACTIVITY CC 1:30 CHEF'S CIRCLE S 2:00 INSPIRED LIVING V 3:00 CHAIR YOGA I 6:30 BIBLE STUDY	19	MM 9:00 TOUCH THEME SENSATIONS 10:00 FLOWER PLANTING (CIC) GF 11:30 PRE-MEAL ACTIVITY A 2:00 PINK FLAMINGO COLLAGE (PART 2) S 5:00 LUCILLE'S BALL THEME	20	MM 9:00 LAUNDRY-THEME SENSATIONS I 10:00 DEVOTIONS GF 11:30 PRE-MEAL ACTIVITY K 1:30 BINGO M 2:30 NAME THAT TUNE GF 3:00 HAPPY HOUR	21	Armed Forces Day MM 9:00 GARDEN- THEME SENSATIONS A 10:00 ART VIDEO L 11:00 TRAVEL GF 11:30 PRE-MEAL ACTIVITY V 2:00 CHAIR EXERCISE	22	MM 9:00 MUSIC-THEME SENSATIONS I 10:00 TV CHURCH SERVICE M 10:30 GOSPEL MUSIC GF 11:30 PRE-MEAL ACTIVITY V 1:30 SIT & BE FIT	23	MM 9:00 KITCHEN THEME SENSATIONS K 10:00 TRIVIA GF 11:30 PRE-MEAL ACTIVITY V 2:00 NOODLE BALL 3:00 RESIDENT CHOICE	24	MM 9:00 NURSERY THEME SENSATIONS K 10:00 BINGO A 10:30 CLAY POT MAKING (PART 1) GF 11:30 PRE-MEAL ACTIVITY V 2:00 CORN HOLE	25	MM 9:00 MEN'S THEME SENSATIONS M 10:00 KARAOKE IG 10:30 MEN'S GROUP GF 11:30 PRE-MEAL ACTIVITY CC 1:30 CHEF'S CIRCLE V 3:00 CHAIR YOGA I 6:30 BIBLE STUDY	26	MM 9:00 TOUCH THEME SENSATIONS GF 11:30 PRE-MEAL ACTIVITY A 2:00 CLAY POT MAKING (PART 2) GF 6:30 CARD GAMES	27	MM 9:00 LAUNDRY-THEME SENSATIONS I 10:00 DEVOTIONS GF 11:30 PRE-MEAL ACTIVITY K 1:30 BINGO M 2:30 NAME THAT TUNE GF 3:00 HAPPY HOUR	28	MM 9:00 GARDEN- THEME SENSATIONS A 10:00 ART VIDEO L 11:00 TRAVEL GF 11:30 PRE-MEAL ACTIVITY V 2:00 CHAIR EXERCISE	29	MM 9:00 MUSIC-THEME SENSATIONS V 10:00 SIT AND BE FIT GG 10:30 DEAL OR NO DEAL GF 11:30 PRE-MEAL ACTIVITY I 2:00 CHURCH SERVICE (REFLECTIONS DINING ROOM)	30	Memorial Day MM 9:00 KITCHEN THEME SENSATIONS K 10:00 TRIVIA GF 11:30 PRE-MEAL ACTIVITY V 2:00 NOODLE BALL 3:00 RESIDENT CHOICE	31	MM 9:00 NURSERY THEME SENSATIONS K 10:00 BINGO A 10:30 ANIMAL BUTTON ART GF 11:30 PRE-MEAL ACTIVITY V 2:00 BASKETBALL	<ul style="list-style-type: none"> A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality 		<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p>	



May 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1 May Day		2		3		4		5 Cinco de Mayo		6		7	
<ul style="list-style-type: none"> V Wildflower Tour MM MUSIC-THEME SENSATIONS K Devotion Sunday MM Flying Above the Clouds Relax & Recharge A Homemade Relaxation Balm M Praise and Worship Healthy Hands 		<ul style="list-style-type: none"> V Hoppin' to Health K Word Poem for Mom MM Indoor Herb Garden Relax & Recharge A Watercolor Flowers M Match The Song to the Sitcom Healthy Hands GF Relaxing Senior Social! 		<ul style="list-style-type: none"> V Grape Stomp K Penny Ante MM Breadmaking Relax & Recharge A Derby Hats M Who Sang It? Healthy Hands GF Hot Chocolate & Tales! 		<ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday MM Veggie Prep Relax & Recharge A Pouring Lucille's Ball M It's A Wonderful World Healthy Hands GF Charades! 		<ul style="list-style-type: none"> V Ballroom Dancing K Garden Beginnings MM Homemade Tortillas Relax & Recharge A Creative Storytelling M Music Trivia Healthy Hands GF Name That Croon 		<ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties MM Mindful Cocktails Relax & Recharge A Poppy Field Collage GF HAPPY HOUR M Music That Made Movies Unforgettable-Happy Hour! 		<ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies MM Scent Guessing Relax & Recharge A KY Derby Art M Bust Your Move Healthy Hands GF Relaxing Puzzle Time! 	
8 Mother's Day		9		10		11		12		13		14	
<ul style="list-style-type: none"> V Wildflower Tour MM MUSIC-THEME SENSATIONS K Devotion Sunday MM Mother's Day Recipes Relax & Recharge A Mother's Day Cards M Praise and Worship Healthy Hands 		<ul style="list-style-type: none"> V Hoppin' to Health K Word Poem for Mom MM Indoor Herb Garden Relax & Recharge A Watercolor Silhouette M Match The Song to the Sitcom Healthy Hands GF Relaxing Senior Social! 		<ul style="list-style-type: none"> V Grape Stomp K Penny Ante MM Breadmaking Relax & Recharge A Ojo De Dios (God's Eye) M Who Sang It? Healthy Hands GF Hot Chocolate & Tales! 		<ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday MM Veggie Prep Relax & Recharge A Lucille's Ball on Canvas M It's A Wonderful World Healthy Hands GF Charades! 		<ul style="list-style-type: none"> V Ballroom Dancing K Garden Beginnings MM Lifestory & Food Relax & Recharge A Ask A Beautiful Question M Music Trivia Healthy Hands GF Name That Croon 		<ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties MM Mindful Cocktails Relax & Recharge A Pulled String Art GF HAPPY HOUR M Music That Made Movies Unforgettable-Happy Hour! 		<ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies MM Scent Guessing Relax & Recharge A Dancing With Degas M Bust Your Move Healthy Hands GF Relaxing Puzzle Time! 	
15		16		17		18		19		20		21 Armed Forces Day	
<ul style="list-style-type: none"> V Wildflower Tour MM MUSIC-THEME SENSATIONS K Devotion Sunday MM Flying Above the Clouds Relax & Recharge A Sugar Scrub M Praise and Worship Healthy Hands 		<ul style="list-style-type: none"> V Hoppin' to Health K Word Poem for Mom MM Indoor Herb Garden Relax & Recharge A Lucille Ball Painting M Match The Song to the Sitcom GG Corn Hole Healthy Hands 		<ul style="list-style-type: none"> V Grape Stomp K Penny Ante MM Breadmaking Relax & Recharge A Quarter Mandala Creation M Who Sang It? Healthy Hands GF Hot Chocolate & Tales! 		<ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday MM Veggie Prep Relax & Recharge A Pouring City Colors M It's A Wonderful World Healthy Hands GF Charades! 		<ul style="list-style-type: none"> V Ballroom Dancing K Garden Beginnings MM I Love Lucy Food Moments Relax & Recharge A Creative Storytelling GG Baseball Healthy Hands GF Name That Croon 		<ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties MM Mindful Cocktails Relax & Recharge A Upcycled Art Collage GF HAPPY HOUR M Music That Made Movies Unforgettable-Happy Hour! 		<ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies MM Scent Guessing Relax & Recharge A Motherhood with Mary Cassatt M Bust Your Move Healthy Hands GF Relaxing Puzzle Time! 	
22		23		24		25		26		27		28	
<ul style="list-style-type: none"> V Wildflower Tour MM MUSIC-THEME SENSATIONS K Devotion Sunday MM Flying Above the Clouds Relax & Recharge A Paint Chip Bookmarks M Praise and Worship Healthy Hands 		<ul style="list-style-type: none"> V Hoppin' to Health K Word Poem for Mom MM Indoor Herb Garden Relax & Recharge A Collaborative Weaving-Day 1 M Match The Song to the Sitcom Healthy Hands GF Relaxing Senior Social! 		<ul style="list-style-type: none"> V Grape Stomp K Penny Ante MM Breadmaking Relax & Recharge A Making Waves M Who Sang It? Healthy Hands GF Hot Chocolate & Tales! 		<ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday MM Veggie Prep Relax & Recharge A City on Canvas M It's A Wonderful World Healthy Hands GF Charades! 		<ul style="list-style-type: none"> V Ballroom Dancing K Garden Beginnings MM Lifestory & Food Relax & Recharge A Creative Storytelling M Music Trivia Healthy Hands GF Name That Croon 		<ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties MM Mindful Cocktails Relax & Recharge A Rubbings Exploration GF HAPPY HOUR M Music That Made Movies Unforgettable-Happy Hour! 		<ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies MM Scent Guessing Relax & Recharge A American Art M Bust Your Move Healthy Hands GF Relaxing Puzzle Time! 	
29		30 Memorial Day		31									
<ul style="list-style-type: none"> V Wildflower Tour MM MUSIC-THEME SENSATIONS K Devotion Sunday MM Flying Above the Clouds Relax & Recharge A Inspiration Creations M Praise and Worship Healthy Hands 		<ul style="list-style-type: none"> V Hoppin' to Health K Word Poem for Mom MM Indoor Herb Garden Relax & Recharge A Collaborative Weaving-Day 2 M Match The Song to the Sitcom Healthy Hands GF Relaxing Senior Social! 		<ul style="list-style-type: none"> V Grape Stomp K Penny Ante MM Breadmaking Relax & Recharge A Russian Nesting Dolls M Who Sang It? Healthy Hands GF Hot Chocolate & Tales! 		<ul style="list-style-type: none"> A - Artisans GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce MM - Mindful Moments M - Music to My Ears V - Vitality 		<p>Daily Rhythm "About" Times:</p> <p>Morning:</p> <ul style="list-style-type: none"> 9:00 Vitality 9:30 Keeping it Sharp 10:00 Morning Refresher 10:30 Creative Cooking 11:30 Healthy Hands/Lunch Prep <p>Early Afternoon:</p>		<p>Late Afternoon:</p> <ul style="list-style-type: none"> 3:30 Musical Celebration 4:00 Group Games 4:30 Healthy Hands/Dinner Prep <p>Evening:</p> <ul style="list-style-type: none"> 6:00 Gathering of Friends 7:00 Nighttime Traditions 			