

# Weekly Menu

## The Meadows - Spring



	Sun 05-01-2022	Mon 05-02-2022	Tue 05-03-2022	Wed 05-04-2022	Thu 05-05-2022	Fri 05-06-2022	Sat 05-07-2022
B R K	Buttermilk Pancakes Oatmeal Bacon Egg of Choice Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Cream of Wheat Sausage Egg of Choice Fresh Fruit 100% Juice	Berry Scones Oatmeal Egg of Choice Bacon Fresh Fruit 100% Juice	Strawberry Belgian Waffle Cream of Wheat Sausage Egg of Choice Fresh Fruit 100% Juice	French Toast Oatmeal Bacon Egg of Choice Fresh Fruit 100% Juice	Banana Pancakes Cream of Wheat Sausage Egg of Choice Fresh Fruit 100% Juice	Raisin French Toast Oatmeal Bacon Egg of Choice Fresh Fruit 100% Juice
L U N	<b>Mother's Day Buffet Brunch</b> egg muffins lox and bagels seared baramundi (asian sea bass) chicken osso bucco (chicken drumsticks braised in wine sauce) and polenta potatoes o brien sauteed brussel sprouts assorted pastries chicken apple sausage ricotta cheese crepe with berries assorted dessert bar	White Bean and Ham Soup <i>or</i> Green Salad Classic Meatloaf Seasoned Parmesan Fish Fresh Mashed Potatoes and Gravy Braised Cabbage Baked Roll Peach Crisp	Cream of Mushroom Soup <i>or</i> Green Salad Pork Chop Dijon <i>or</i> Beef Tips in Gravy Baked Yams Lemon Buttered Broccoli Baked Roll Rootbeer Float Cake	Vegetable Barley Soup <i>or</i> Green Salad Chicken Stroganoff Glazed Baked Ham Roasted Potato Medley Mixed Vegetables Baked Roll Pecan Pie	Split Pea Soup <i>or</i> Green Salad Battered Fish and Fries Shepherds Pie Coleslaw <i>or</i> Fresh Asparagus Lemon Cake	Soup Du Jour <i>or</i> Green Salad Baby Back Pork Ribs <i>or</i> BBQ Chicken Sandwich Potato Salad Corn O'Brien Baked Roll Classic Pineapple Upside Down Cake	Green Salad Beef Mushroom Stroganoff Herb Turkey Stew Garlic Mashed Potatoes Baked Seasoned Squash Garlic Bread Homemade Carrot Cake
D I N	Black Bean Cuban Style Soup Marinated Seafood Salad Chicken Tamale and Beans Ambrosia Assorted Desserts	Cream of Mushroom Soup Turkey Club Sandwich Baked Penne Bacon Pea Salad Crusty Garlic Bread Lemon Blueberry Bread	Vegetable Barley Soup Asian Orange Chicken Garden Veggie Frittata Green Bean Carrot Blend Sherbet	Split Pea Soup Swedish Meatballs Baked Chicken Tenders and Fries Broccoli Salad Rice Pudding	Soup Du Jour Pork Taco Beef Taco Black Bean Corn Salad Refried Beans Churro with Vanilla Ice Cream	Classic Minestrone Soup Butter Chicken Mushroom Ravioli with Supreme Sauce Wedge Salad Peach Cobbler	Bean Vegetable Soup Chicken Patty Sandwich Corn and Pepper Quesadilla Cauliflower and Carrots Soft Snickerdoodle
Milk offered at every meal							Week 4

Dietitian's Signature: *Diana Jegan RDN 4-10-2022*  
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