

COOKING DEMONSTRATIONS

02 Lemon Cookies 2pm

08 Chocolate Covered Strawberries 2pm

Memorial Day Parfait 2pm

TWELVE OAKS CONNECT MAY 2022



UPCOMING EVENT HIGHLIGHT

"All Things Seem Possible in May." Edwin Way Teale

We are looking forward to the warm days ahead, so that we can enjoy our patio. At the end of the month we will plant our flower, herb and vegetable gardens. Hopefully our friendly hummingbird will be back to visit. It'll be so nice to feel the warm breezes and watch the birds come to the feeders.

As always May is a very active and busy month here in MC. We start the month off with Cinco de Mayo on 5/5, which is always a lively celebration. We will be making our own centerpieces for the event. On Friday, 5/6 we jump into Mother's Day with our Mother's Day Champagne Brunch from 11-2. Please make sure to rsvp with our concierge by 5/2. The celebration of mothers continues on Mother's Day 5/8. In the middle of the month we will put our artistic skills to work as we do many Spring art projects, bake spring inspired food like lemon cookies, rainbow fruit pizza to name a few. On 5/18 we'll be making and sending Thank You Cards to our troops for their service. We then have Victoria Day on 5/23, we are bringing the Green Hat Ladies back and having a tea party and create Victorian fans. Wednesday 5/25 is National Senior Health and Fitness Day, we will have an active day of exercise, gardening and laughter. We end the month with Memorial Day. There will be patriotic sing-alongs, entertainment, a memorial service, parade and a good old fashion BBQ to celebrate all of those that have passed defending our great nation.

We are still looking for family mambers to come in, at your convenience and share a hobby, special vacation or a collection. Please contact Alecia or Emily to set that up.

RESIDENT **BIRTHDAYS**

Happy Birthday

5/1 Lucy F

09 Fruit Pizza 2pm

COMMUNITY COMMUNICATION





30







\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for 04 details!

FRIENDS & FAMILY REFERRAL PROGRAM!



Redefining Retirement Living

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COMMUNITY MANAGEMENT

Joe Whitney Executive Director

Deanna Hite **Business Office Manager**

Deosikay Ross **Environmental Services** Manager

Arthur Woods Culinary Service Manager

Alyssa "Lee" Tobias Independent Living Manager

Alecia Greenebrg Life Enrichment Manager

Heather Laskos Marketing Manager

Ashley Hecksel Marketing Manager

Wellness Coordinator Edith Denson

Wellness Coordinator Toni Griffin

May 2022 ASSOCIATE SPOTLIGHT-ETHEL BRAUN

Ethel Braun was voted Employee of the Month for Independent Living. You can easily see why in her kind and warm interaction with the residents. Ethel came to work at WTO, because she believes that she was meant to serve, encourage and love our residents.

Ethel has worked at WTO for a year. She is a prep cook/server and runs the IL café and breakfast buffet with a smile and helpful spirit.

She was born in Nicaragua and has lived in the United States for 35 years. Ethel is married and has 2 children. Her oldest is 26 years old, married and has a Human Resources and Business Degree. Her youngest is 20 years old and is going to college working towards her Degree in Interior Design.

When Ethel has free time she loves to cook and garden indoor and outdoors, when the weather is warm enough.

We are so lucky to have her working at WTO and look forward to many more years of her service with a smile..

APRIL HIGHLIGHTS

06 National Walking

Day. It felt so wonderful to get out and enjoy the sunshine and fresh air as we walked around our community. We are so grateful for such beautiful surroundings.

Passover. We

continued our exploration of other religions and cultures by having a Passover Sedar. The residents enjoyed some of the foods that are eaten during Passover and learned why they are eaten.

Easter. Coloring Easter eggs, an Easter egg scavenger hunt, doing the Bunny Hop, reading the bunny funnies and of course making our Twinkie/peeps racecars were just a few of the things the residents enjoyed. We ended with a lovely Easter Mass.

ZZ Earth Day. This is

such and important day to bring awareness of all that we need to do to take care of the Earth. We did our part by planting seeds that we hope to bring our flowers that we will plant in our garden at the end of the month. They also

FOREVER FIT



TRANSPORTATION INFORMATION

Come join us for our enriching outings.

- Tuesday, May 3: Spring Scenic Drive & Donuts at 10:30 a.m.
- Tuesday, May 10: Rainbow Restaurant at noon.
- Tuesday, May 17: Walled Lake to Feed the Ducks at 10:30am.
- Tuesday, May 31: Guernsey at 1:30 pm.

MAY SPECIAL EVENTS

05 Cinco de Mayo. This

is always such a fun celebration. We will discuss what the meaning of the holiday is, do the macarena, play pinata and of course enjoy yummy food and margaritas!

23 Victoria Day Tea

Party. Our Green Hat Ladies will be invited to enjoy slovely Victorian Tea Party and fan themselves with the fans that we will be making. We will also learn about the secret language of fans.

06 Mother's Day Champagne Brunch.

Please join your loved one atnd celebrate how wonderful and important they are in you life. It is 11-2pm and please sign up with the concierge by 5/2. We will enjoy music with Gail Engling during brunch.

$30 \hspace{0.1in} \text{Memorial Day. We} \\$

will honor all of those that have served our great nation. Katie will take the residents around for a Memorial Day Parade. We will have entertainment and a patriotic sing-along, and enjoy a red, wjite and blue

parfait. **EXECUTIVE DIRECTOR CORNER**

April Showers bring May flowers.....well in Michigan, April snow may also bring May flowers. With May around the corner, I wanted to first of all, wish all mothers a Happy Mother's Day on May 8th. If you are a mother, then you are a special person in the life of others. Mothers deserve a day to be celebrated and loved, so enjoy your day.

also wanted to let those residents in our AL/MC know that we have hired another Wellness Coordinator. Her name is Toni Griffin and she will be working side by side with Edith to help in the Resident Care department. We are also going to be hiring a nurse to fill the Resident Services Position very soon. Please stay tuned for that....

Joe Whitney **Executive Director**

03

National Senior Health and Fitness Day

On Wednesday May 25th join Waltonwood and over 100,00 other older adults across the country as we celebrate National Senior Health and Fitness Day. The annual celebration highlights the impact that staying active and fit has on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. From group classes to fitness center training and education programs to informative demonstrations, the Waltonwood Forever Fit Program can help lay the foundation for an active, healthy lifestyle. This May 25th, lace up your walking shoes gather a few of friends and join us as we celebrate 02 National Senior Health and Fitness Day 2022!

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