

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Beanbag Baseball-L 6:00pm-Bridge-MR</p> <p>May Day</p>	<p>2</p> <p>9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Beanbag Baseball-L 6:00pm-Bridge-MR</p> <p>Mother's Day</p>	<p>3</p> <p>9:00am-Full Body Workout-ER 9:45pm-Alpha One Blood Pressure-L 2:30pm-Indoor Golf-L 4:00pm-Avalon Hearing Aid Services-MR 7:00pm-Bingo w/Fred-MR</p>	<p>4</p> <p>9:00am-Weights Workout-ER 11:00am-Resident Birthday Brunch Celebration-DR 3:00pm-Happy Hour w/Mike Ely 7:00pm-Trivia w/Kay-MR</p>	<p>5</p> <p>9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 1:00pm-Cinco de Mayo Celebration-MR 2:00pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p> <p>Cinco de Mayo</p>	<p>6</p> <p>9:00am-Weights Workout-ER 10:00am-The Farmers Wife Farmers Market w/Zhanna 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>7</p> <p>1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>8</p> <p>9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Volleyball-ER 6:00pm-Bridge-MR</p> <p>Mother's Day</p>	<p>9</p> <p>9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Volleyball-ER 6:00pm-Bridge-MR</p>	<p>10</p> <p>9:00am-Full Body Workout-ER 1:00pm-Paratransit Presentation w/Bill Lafond-MR 2:30pm-Corn Hole-L 7:00pm-Bingo w/Fred-MR</p>	<p>11</p> <p>9:00am-Weights Workout-ER 9:00am-Chair Massage Therapist-LIB (2nd floor) 3:00pm-Happy Hour w/Gary Blodgett 7:00pm-Trivia w/Kay-MR</p>	<p>12</p> <p>9:00am-Resistance Bands Exercise (video)-ER 10:00am-Wii Bowling-MR 1:00pm-Bingo w/Zhanna-MR 2:30pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>13</p> <p>9:00am-Resistance Bands Exercise (video)-ER 10:00am-Handmade Knitted Goods Vendor-L 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>14</p> <p>1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>15</p> <p>9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Beanbag Baseball-L 4:00pm-Caption Call Presentation-MR 6:00pm-Bridge-MR</p>	<p>16</p> <p>9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Beanbag Baseball-L 4:00pm-Caption Call Presentation-MR 6:00pm-Bridge-MR</p>	<p>17</p> <p>9:00am-Full Body Workout-ER 9:45pm-Alpha One Blood Pressure-L 1:00pm-Book Club-LIB (upstairs 2nd floor) 2:30pm-Indoor Golf-L 7:00pm-Bingo w/Fred-MR</p>	<p>18</p> <p>9:00am-Weights Workout-ER 3:00pm-Happy Hour w/Capital City Reflections 7:00pm-Trivia w/Kay-MR</p>	<p>19</p> <p>9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 1:00pm-Crafts w/Zhanna-PR 2:00pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>20</p> <p>9:00am-Weights Workout-ER 10:00am-The Farmers Wife Farmers Market w/Zhanna 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>21</p> <p>11:00am-Armed Forces Day Live Entertainment w/Moonglow Band-DR 1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p> <p>Armed Forces Day</p>
<p>22</p> <p>9:00am-Tai Chi w/Pati-ER 9:00am-Podiatrist Visit-S 1:00pm-Word Makers-ER 2:30pm-Volleyball-ER 6:00pm-Bridge-MR</p>	<p>23</p> <p>9:00am-Tai Chi w/Pati-ER 9:00am-Podiatrist Visit-S 1:00pm-Word Makers-ER 2:30pm-Volleyball-ER 6:00pm-Bridge-MR</p> <p>Victoria Day (Canada)</p>	<p>24</p> <p>9:00am-Full Body Workout-ER 1:00pm-Bookmobile (side entrance parking lot) 2:30pm-Corn Hole-L 7:00pm-Bingo w/Fred-MR</p>	<p>25</p> <p>9:00am-Weights Workout-ER 9:00am-Chair Massage Therapist-LIB (2nd floor) 3:00pm-Happy Hour w/Todd Morgan 7:00pm-Trivia w/Kay-MR</p>	<p>26</p> <p>9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 1:00pm-Bingo w/Deanna-MR 2:30pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>27</p> <p>9:00am-Weights Workout-ER 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>28</p> <p>1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>29</p> <p>2:30pm-Beanbag Baseball-L 6:00pm-Bridge-MR</p> <p>Memorial Day</p>	<p>30</p> <p>2:30pm-Beanbag Baseball-L 6:00pm-Bridge-MR</p> <p>STAFF HOLIDAY</p> <p>Memorial Day</p>	<p>31</p> <p>9:00am-Full Body Workout-ER 1:00pm-Introduction to Bee's & Beekeeping w/Paul Legacki-MR 2:30pm-Indoor Golf-L 7:00pm-Bingo w/Fred-MR</p>	<h1>May 2022</h1> 			