

May 2022

Assisted Living Lifestyle & Leisure

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00  Welcome Committee Meeting [AR] 3:00  Pretty Patio-Gardening 6:00  Sunday Night Bible Study and Fellowship [AR]	10:00  Let's Move It! Seated Exercise [AR] 10:30  Play Pool with Roger [FL] 1:00  Black Jack [AR] 2:00  Food, Fun, and Friends- Birthday Celebration [AR] 3:00  Fred Meyer Trip- Sign Up at the Front Desk	New Menus Available in the Lobby 10:00  Let's Move It! Seated Exercise [AR] 1:00  Diamond Painting [AR] 1:00  Mah Jong (Group 1) 2:30  Doo Wop With Terry [DR] 3:30  Trivia Tuesday! [AR] 6:00  Golf Card Game [AR]	10:00  Let's Move It! Seated Exercise [AR] 1:00  Resident Meeting [AR] 2:00  Teaching Technology- Cell Phones, Tablets, and iPads [AR] 3:00  Mah Jong (Group 2) [AR] 3:00  Wednesday Walkers [LOB]	10:00  Let's Move It! Seated Yoga [AR] 1:00  Cardio Drumming [AR] 2:00  Dining Room BINGO [DR] 3:00  Chips, Salsa, and National Parks- Chilean Patagonia [AR] 3:15  Scenic Drive with Joe	Library Pick Up and Drop Off National Nurse's Day 10:00  Let's Move It! Seated Exercise [AR] 1:00  Colorful Meditation [AR] 1:00  Mah Jong (Group 3) [AR] 2:00  Wordle- Word Game [MR] 3:00  UNO [AR] 5:30  Friday Night Movie- Sweet Home Alabama [MR]	10:00  Meaningful Mingling and Munchies [FL] 1:00  Nail Care with Amy- Sign Up at the Front Desk 3:00  Skip-Bo [AR]
Happy Birthday Joan T. Spirit Week!- Wear Patterns (Polka dots, stripes, florals...) 3:00  Pretty Patio-Gardening 6:00  Sunday Night Bible Study and Fellowship [AR]	Spirit Week!- Crazy Hair Day 10:00  Let's Move It! Seated Exercise [AR] 10:30  Play Pool with Roger [FL] 1:00  Black Jack [AR] 2:00  Food, Fun, and Friends- Fruit Platter [AR] 3:00  Fred Meyer Trip- Sign Up at the Front Desk	New Menus Available in the Lobby Spirit Week!- Mismatched Day 10:00  Let's Move It! Seated Exercise [AR] 1:00  Diamond Painting [AR] 2:00  Mah Jong (Group 1) 3:00  Trivia Tuesday! [AR] 6:00  Golf Card Game [AR]	Happy Birthday Mickey C. Spirit Week!- Crazy Socks Day-Thank you Receptionist Day 10:00  Let's Move It! Seated Exercise [AR] 1:00  Activity Planning Meeting 2:00  Wii Bowling [AR] 3:00  Mah Jong (Group 2) [AR] 3:00  Wednesday Walkers [LOB]	Spirit Week!- Wear Jeans Day 10:00  Let's Move It! Seated Yoga [AR] 1:00  Cardio Drumming [AR] 2:00  Dining Room BINGO [DR] 3:00  National Parks- Tsavo Kenya [AR] 3:15  Scenic Drive with Joe	Spirit Week!- Sports Pride Day 10:00  Let's Move It! Seated Exercise [AR] 1:00  Colorful Meditation [AR] 1:00  Mah Jong (Group 3) [AR] 2:00  Scrabble [AR] 3:15  Scategories- Word Recall game [AR] 5:30  Friday Night Movie- Dirty Dancing [MR]	Spirit Week!- Wear Blue and Thank your Nurse! 10:00  Meaningful Mingling and Munchies [FL] 12:00  Out to Lunch with Joe- Yen Ching Chinese 3:00  Skip-Bo [AR]
1:15  Chat with the Chef [AR] 3:00  Pretty Patio-Gardening 6:00  Sunday Night Bible Study and Fellowship [AR]	10:00  Let's Move It! Seated Exercise [AR] 10:30  Play Pool with Roger [FL] 1:00  Black Jack [AR] 2:00  Food, Fun, and Friends- Chocolate Chip Cookies [AR] 3:00  Fred Meyer Trip- Sign Up at the Front Desk	New Menus Available in the Lobby 10:00  Let's Move It! Seated Exercise [AR] 1:00  Diamond Painting [AR] 2:00  Mah Jong (Group 1) 3:00  Trivia Tuesday! [AR] 6:00  Golf Card Game [AR]	Happy Birthday Billy B. 10:00  Let's Move It! Seated Exercise [AR] 1:00  Craft Hour [AR] 2:00  Dominoes [AR] 3:00  Mah Jong (Group 2) [AR] 3:00  Wednesday Walkers [LOB]	Happy Birthday Charlotte B. 10:00  Let's Move It! Seated Yoga [AR] 1:00  Cardio Drumming [AR] 2:00  Dining Room BINGO [DR] 3:00  National Parks- Monterey Bay California [AR] 3:15  Scenic Drive with Joe	10:00  Let's Move It! Seated Exercise [AR] 1:00  Colorful Meditation [AR] 1:00  Mah Jong (Group 3) [AR] 2:00  Chat with Pat (ED) [DR] 3:00  UNO [AR] 5:30  Friday Night Movie- Affair to Remember [MR]	Happy Birthday Don G. 10:00  Meaningful Mingling and Munchies [FL] 1:00  Nail Care with Amy- Sign Up at the Front Desk 2:00  Memory Lane Music with Bob [DR] 3:00  Skip-Bo [AR]
1:00  Sunshine Group Meeting [AR] 3:00  Pretty Patio-Gardening 6:00  Sunday Night Bible Study and Fellowship [AR]	10:00  Let's Move It! Seated Exercise [AR] 10:30  Play Pool with Roger [FL] 1:00  Black Jack [AR] 2:00  Food, Fun, and Friends- Veggies and Dip [AR] 3:00  Fred Meyer Trip- Sign Up at the Front Desk	New Menus Available in the Lobby 10:00  Let's Move It! Seated Exercise [AR] 1:00  Diamond Painting [AR] 2:00  Mah Jong (Group 1) 3:00  Trivia Tuesday! [AR] 6:00  Golf Card Game [AR]	10:00  Let's Move It! Seated Exercise [AR] 1:00  Paint, Sip, and Smile 2:00  Wii Bowling [AR] 3:00  Mah Jong (Group 2) [AR] 3:00  Wednesday Walkers [LOB]	10:00  Let's Move It! Seated Yoga [AR] 1:00  Cardio Drumming [AR] 2:00  Dining Room BINGO [DR] 3:00  National Parks- Gunung Leser Indonesia [AR] 3:15  Scenic Drive with Joe	10:00  Let's Move It! Seated Exercise [AR] 1:00  Colorful Meditation [AR] 1:00  Mah Jong (Group 3) [AR] 2:00  Music w/ Lynne and Root Beer Floats [DR] 3:00  UNO [AR] 5:30  Friday Night Movie- Walk the Line [MR]	10:00  Meaningful Mingling and Munchies [FL] 12:00  Out to Lunch- Bruno's European Restaurant 3:00  Skip-Bo [AR]
3:00  Pretty Patio-Gardening 6:00  Sunday Night Bible Study and Fellowship [AR]	10:00  Let's Move It! Seated Exercise [AR] 10:30  Play Pool with Roger [FL] 1:00  Black Jack [AR] 2:00  Food, Fun, and Friends- Roger's Recipe [AR] 3:00  Fred Meyer Trip- Sign Up at the Front Desk	Happy Birthday Darlene U. New Menus Available in the Lobby 10:00  Let's Move It! Seated Exercise [AR] 1:00  Diamond Painting [AR] 2:00  Mah Jong (Group 1) 3:00  Trivia Tuesday! [AR] 6:00  Golf Card Game [AR]	 Bridgeport Place Assisted Living & Memory Care	 Artistic Expression  Community Connections  Continuing Education  Lifestyle & Leisure  Physical Engagement  Spiritual Support	Location Keys Activity Room AR Dining Room DR Fireside Lounge FL Lobby LOB Media Room MR	3:00  Skip-Bo [AR]