



## Life at Providence



### RESIDENT BIRTHDAYS

3<sup>rd</sup>: Dottie N  
13<sup>th</sup>: Mary H  
28<sup>th</sup>: Bill S

### ASSOCIATE BIRTHDAYS

1<sup>st</sup>: Aslihan A  
2<sup>nd</sup>: Paola L  
7<sup>th</sup>: Hilda G  
12<sup>th</sup>: Estela C  
17<sup>th</sup>: Alanis R  
19<sup>th</sup>: Paulette A



### \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM

## PROVIDENCE CONNECT

MAY 2022



### Spring is Coming!

Performers:

13<sup>th</sup>: Patrick on the piano at 2:30p  
16<sup>th</sup>: Brian McCarn at 10:30am  
18<sup>th</sup>: Ethan on the Piano 3:00pm  
28<sup>th</sup>: Theresa Vintage Singer at 3:00pm  
27<sup>th</sup>: Sarah on Piano at 10:30am  
25<sup>th</sup>: John Lewis at 3:30pm  
31<sup>st</sup>: Martha at 2:30pm (floating)

Happy Spring! We have so many exciting things coming together for the next couple months. We are so excited for warm weather, blooming flowers and happy faces!



*Redefining Retirement Living*

SINGH

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[www.waltonwood.com](http://www.waltonwood.com) | 704-246-8636

Facebook: /WaltonwoodProvidence

### COMMUNITY MANAGEMENT

John Ficker  
Executive Director

Vicki Shotwell  
Business Office Manager

Tyler Rockmore  
Culinary Manager

Ernie Collie  
Maintenance Manager

Matt Swaney  
Marketing Manager

Cara Nirenberg  
Marketing Manager

Samantha Toms  
Life Enrichment Manager

Vicky Holland  
Resident Care Manager

Debbie Citrullo  
Wellness Coordinator

Grace Gallozzi  
Special Care Coordinator



## ASSOCIATE SPOTLIGHT

Betty is our associate of the month for May! She has been at Waltonwood in March it was 7 years! She such an asset to our company. She takes pride every day in serving the meals to our memory care residents. She always takes the extra time and initiative to build relationships with our residents and treat them like her family. Betty’s favorite thing about working at Waltonwood is being involved with the residents. In Betty’s free time her favorite thing is to cook steaks! Please take a moment to congratulate Betty on being nominated for associate of the month. Thank you, Betty! We appreciate every you do!



## TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm. Residents must wear a mask at all times and they must sanitize their hands pre and post transportation.

We will be continue our lunch outings every Friday at 11:00. Sign up at the table across from the concierge desk.

06

McTabby Cat  
Cafe

09

Dollar Tree

20

Smithfield’s BBQ

23

Harris Teeter

27

Red Bowl

## APRIL HIGHLIGHTS

17

Easter

19

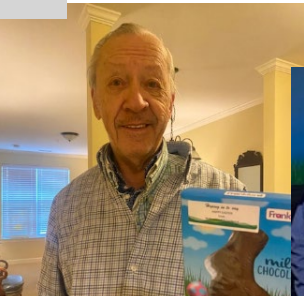
Knights Baseball

22

Earth day

27

Spring Awakening



## National Senior Health and Fitness Day

On Wednesday May 25<sup>th</sup> join Waltonwood and over 100,00 other older adults across the country as we celebrate National Senior Health and Fitness Day. The annual celebration highlights the impact that staying active and fit has on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. From group classes to fitness center training and education programs to informative demonstrations, the Waltonwood Forever Fit Program can help lay the foundation for an active, healthy lifestyle. This May 25<sup>th</sup>, lace up your walking shoes gather a few of friends and join us as we celebrate National Senior Health and Fitness Day 2022!

## MAY SPECIAL EVENTS

05

Cinco De Mayo

08

Mother’s Day

25

National Senior  
Health & Fitness  
Day

30

Memorial Day



## EXECUTIVE DIRECTOR CORNER

I would like to say thank-you for a wonderful first 5 weeks. I am asked frequently how I am enjoying the new job and I can respond enthusiastically that it is great. One of my focuses is on a “reopening” of our community. We have been so entrenched in Covid over the last two years that we have forgotten some of the fun get togethers that are so important for our social well-being. We will invite families from our Assisted Living in for a meeting of two new nurse managers. These include Vicki Holland, our new Resident Care Manager, and Debbie Citrullo who will serve as our AL Wellness Nurse. We will host this event with heavy appetizers and beverage stations on May 12 from 5:00-7:00. I am excited to be here and look forward to a great Summer.