

Life at Providence

#### **RESIDENT &** ASSOCIATE **BIRTHDAYS**

1<sup>st.</sup> -Aslihan A.

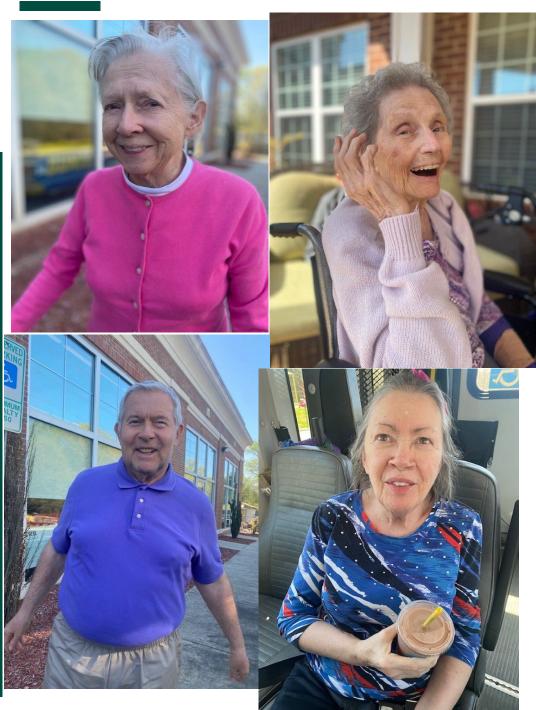
2<sup>nd-</sup> Paola L.

7<sup>th</sup>-Hilda G.

12<sup>th</sup>-Estela B.

17th-Alanis R.

19<sup>th</sup>-Paulette A.





FRIENDS & FAMILY REFERRAL PROGRAM!

#### \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# PROVIDENCE CONNECT

MAY 2022



# **UPCOMING EVENT HIGHLIGHT**

Happy Spring! We have so many exciting things coming together for the next couple months. We are so excited for warm weather, blooming flowers and happy faces!

Performers: 2<sup>nd</sup>-John Lewis at 2pm 5<sup>th</sup>-Intro to Spanish with Chelsea at 10:30am 13<sup>th</sup>-Patrick on the Piano at 3:30pm 16<sup>th</sup>-Brian McCarn at 10:30am 18<sup>th</sup>-Ethan at 2pm 25<sup>th</sup>-Sarah at 10:30am 31<sup>st</sup>- Martha on the Violin at 2:30

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Redefining Retirement Living

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# COMMUNITY MANAGEMENT

John Ficker **Executive Director** 

Vicki Shotwell Business Office Manager

Tyler Rockmore Culinary Manager

Ernie Collie Maintenance Manager

Cara Nirenberg Marketing Manager

Matt Swaney Marketing Manager

Bethany DeGennaro Life Enrichment Manager

Vicky Holland **Resident Care Manager** 

Debbie Cirtrullo Wellness Coordinator

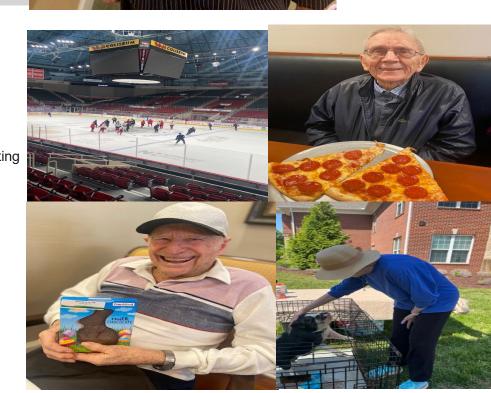
Grace Gallozzi Special Care Coordinator

## ASSOCIATE SPOTLIGHT

Betty is our associate of the month for May! She has been at Waltonwood in March it was 7 years! She such an asset to our company. She takes pride everyday in serving the meals to our memory care residents. She always takes the extra time and initiative to build relationships with our residents and treat them like her family.Betty's favorite thing about working at Waltonwood is being involved with the residents. In Betty's free time her favorite thing is to cook steaks! Please take a moment to congratulate Betty on being nominated for associate of the month. Thank you Betty! We apperciate every you do!

# **APRIL HIGHLIGHTS**

07 11 Music Hall of Fame Outing **Checkers Practice** 27 17 Spring Awakening Easter



# TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm. Residents must wear a mask at all times and they must sanitize their hands pre and post transportation.

Lunch Outings

2<sup>nd</sup> at 11:30 to Red Bowl

6<sup>th</sup> at 10:00 MacTabby Cat Café and Lunch at Pier 51

9<sup>th</sup>-at 11:30 Picnic at the Park

13<sup>th</sup> at 3:00 Scenic Drive to Ben & Jerry's

16<sup>th</sup> at 11:30 to Cantina 1511

#### 23<sup>rd</sup> at 10:00 Schiele Musuem and Lunch at Cheddar's MAY SPECIAL EVENTS

05	07
Cinco De Mayo	Kentucky Derby
08	30
Mother's Day	Memorial Day

## **Focus on Fitness**

On Wednesday May 25th join Waltonwood and over 100,00 other older adults across the country as we celebrate National Senior Health and Fitness Day. The annual celebration highlights the impact that staying active and fit has on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health an Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. From group classes to fitness center training and education programs to informative demonstrations, the Waltonwood Forever Fit Program can help lay the foundation for an active, healthy lifestyle. This May 25th, lace up your walking shoes gather a few of friends and join us as we celebrate National Senior Health and Fitness Day 2022!

### **EXECUTIVE DIRECTOR CORNER**

I would like to say thank-you for a wonderful first 5 weeks. I am asked frequently how I am enjoying the new job and I can respond enthusiastically that it is great. One of my focuses is on a "reopening" of our community. We have been so entrenched in Covid over the last two years that we have forgotten some of the fun get togethers that are so important for our social well-being. We will invite families from our Assisted Living in for a meeting of two new nurse managers. These include Vicki Holland, our new Resident Care Manager, and Debbie Citrullo who will serve as our AL Wellness Nurse. We will host this event with heavy appetizers and beverage stations on May 12 from 5:00-7:00. I am excited to be here and look forward to a great Summer.

Sincerely,

John Ficker

