

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>11:00A, Mount Olivet Worship Livestream (CR) 1</p> <p>11:30A, Coffee Social Hour (B)</p> <p>12:00P, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00P, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00P, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30P, Relaxing Music (1-3)</p> <p>May Day</p>	<p>10:00am, Bell Choir (TR) 2</p> <p>11:00a, Upper Body Stretching (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>3:45p, Bingo (CR)</p>	<p>10:00A, Coffee & Donut Social Hour (B) 3</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00A, Leg Exercises (1-3)</p> <p>11:15A, Group Exercise (TR)</p> <p>1:30P, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing (L)* Target</p> <p>6:00P, Evening Movie (T)</p>	<p>10:30a, Christian Worship & Communion (CR 1-2) 4</p> <p>11:05, Full Body Exercise (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>2:00p, Ballroom Dance Class with Lily (TR)</p> <p>3:45p, Group Crossword (CR)</p> <p>Healing Touch (by appointment)</p>	<p>10:00A, Coffee & Pastry Social Hour (CR) 5</p> <p>10:30a, Brain Training (1-3)</p> <p>10:30A, Assisted Living Resident Council Meeting (CR & 1-2)</p> <p>11:00a, Pilates (1-3)</p> <p>11:15A Family & Resident Council Meeting (CR)</p> <p>1:30p, Group Outing: Dollar Tree (L)</p> <p>2:00p, Northern Clay: Last Day (CR)</p> <p>3:30p Salsa Making (B)</p> <p>6:00p, Livingroom Symphony (1-3)</p> <p>Cinco de Mayo</p>	<p>10:00a, Catholic Service & Communion (CR & 1-2) 6</p> <p>11:15a, Group Exercise (TR)</p> <p>11:20a, Pilates (1-3)</p> <p>1:30p, Houseplant Coaching (CR)</p> <p>3:00p, Happy Hour (B)</p>	<p>9:30a, Sitting or Standing Tai Chi (1-3) 7</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p>	
<p>11:00A, Mount Olivet Worship Livestream (CR) 8</p> <p>11:30A, Coffee Social Hour (B)</p> <p>12:00P, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00P, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00P, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30P, Relaxing Music (1-3)</p> <p>Mother's Day</p>	<p>11:00a, Upper Body Stretching (1-3) 9</p> <p>10:00am, Bell Choir (TR)</p> <p>10:30a, Mindfulness Meditation (MR)</p> <p>11:15a, Group Exercises (TR)</p> <p>1:15p, Sharing & Caring – Grief Support (MR)</p> <p>2:30p, MacPhail "Unwrapping Music" Live Performance (CR 1-2)</p> <p>4:00p, Mother's Day Tea Party (B)</p> <p>Happy Birthday Lewis & Doug!</p>	<p>10:00a, Coffee & Donut Social Hour (B) 10</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00P, Individual Outing (L)* Lunds & Byerlys or Whole Foods</p> <p>6:00p, Evening Movie (T)</p>	<p>10:30a, Christian Worship (CR 1-2) 11</p> <p>11:05, Full Body Exercise (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>2:00p, Birthday Party Live Entertainment: Accordionist Ryan Cihlar (CR)</p> <p>3:45p, Group Crossword (CR)</p>	<p>10:00A, Coffee & Pastry Social Hour (CR) 12</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Pilates (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>1:30p, Outing: Arboretum (L)*</p> <p>6:00P, Livingroom Symphony (1-3)</p>	<p>10:00a, Catholic Service & Communion (CR & 1-2) 13</p> <p>11:15a, Group Exercise (TR)</p> <p>11:20a, Pilates (1-3)</p> <p>1:00p, Movie Matinee (T)</p> <p>3:00p, Happy Hour (B)</p>	<p>9:30a, Sitting or Standing Tai Chi (1-3) 14</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p>	
<p>11:00A, Mount Olivet Worship Livestream (CR) 15</p> <p>11:30A, Coffee Social Hour (B)</p> <p>12:00P, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00P, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00P, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30P, Relaxing Music (1-3)</p>	<p>10:00am, Bell Choir (TR) 16</p> <p>10:15a, The Chosen - Video Bible Study (T)</p> <p>11:00a, Upper Body Stretching (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>1:00p, MacPhail Music Hour (CR 1-2)</p> <p>3:45p, Bingo (CR)</p>	<p>10:00a, Coffee & Donut Social Hour (B) 17</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing: Trader Joe's (L)</p> <p>6:00p, Evening Movie (T)</p>	<p>10:30a, Christian Worship (CR 1-2) 18</p> <p>11:05, Full Body Exercise (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>2:00pm, Dale Martell – 1 Man Band</p> <p>3:45p, Group Crossword (CR)</p> <p>Healing Touch (by appointment)</p>	<p>10:00A, Coffee & Pastry Social Hour (CR) 19</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Pilates (1-3)</p> <p>11:00a, Restaurant Outing: The Cheesecake Factory (L)</p> <p>11:15a, Group Exercises (TR)</p> <p>2:00p, 1:1 Visits w/ Activities Staff (TBD)</p> <p>6:00P, Livingroom Symphony (1-3)</p>	<p>10:00a, Catholic Service & Communion (CR & 1-2) 20</p> <p>10:30a, Men's Group (TBD)</p> <p>11:20a, Pilates (1-3)</p> <p>1:00p, Movie Matinee (T)</p> <p>3:00p, Happy Hour (B)</p>	<p>9:30a, Sitting or Standing Tai Chi (1-3) 21</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p> <p>Armed Forces Day</p>	
<p>11:00A, Mount Olivet Worship Livestream (CR) 22</p> <p>11:30A, Coffee Social Hour (B)</p> <p>12:00P, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00P, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00P, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30P, Relaxing Music (1-3)</p>	<p>10:00am, Bell Choir (TR) 23</p> <p>11:00a, Upper Body Stretching (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>2:30p, MacPhail "Unwrapping Music" Live Performance (CR 1-2)</p> <p>3:45p, Bingo (CR)</p> <p>Victoria Day (Canada)</p>	<p>10:00a, Coffee & Donut Social Hour (B) 24</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing: Cub & Walgreens (L)</p> <p>6:00p, Evening Movie (T)</p> <p>Happy Birthday Martha!</p>	<p>10:30a, Christian Worship (CR 1-2) 25</p> <p>11:05, Full Body Exercise (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>5:00pm, Spring Fling! w/ Live String Trio</p> <p>Healing Touch (by appointment)</p> <p>Happy Birthday Leonard!</p>	<p>10:00A, Coffee & Pastry Social Hour (CR) 26</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Pilates (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>1:30p, Group Outing: Minnesota Zoo (L)</p> <p>6:00P, Livingroom Symphony (1-3)</p>	<p>10:00a, Catholic Service & Communion (CR & 1-2) 27</p> <p>11:15a, Group Exercise (TR)</p> <p>11:20a, Pilates (1-3)</p> <p>3:00p, Happy Hour (B)</p>	<p>9:30a, Sitting or Standing Tai Chi (1-3) 28</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p>	
<p>11:00A, Mount Olivet Worship Livestream (CR) 29</p> <p>11:30A, Coffee Social Hour (B)</p> <p>12:00P, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00P, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00P, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30P, Relaxing Music (1-3)</p>	<p>10:00am, Bell Choir (TR) 30</p> <p>11:00a, Upper Body Stretching (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>2:00p, Memorial Day Service</p> <p>3:45p, Bingo (CR)</p> <p>Memorial Day</p>	<p>10:00A, Coffee & Donut Social Hour (B) 31</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00A, Leg Exercises (1-3)</p> <p>11:15A, Group Exercise (TR)</p> <p>1:30P, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing (L)* Target</p> <p>6:00P, Evening Movie (T)</p> <p>6:30p, Aurora Women's Book Club (B)</p> <p>Happy Birthday Dave R!</p>	<p>(B) Bistro (CR) 1st Floor Community Room (T) 1st Floor Community Theater (TR) 3rd Floor Training Room (MR) 3rd Floor Meditation Room (L) Lobby</p> <p>(*) RSVP Required Outings TV-only Programs Performances & Special Events Independent Programs (No Instructor)</p>	<h1>May 2022</h1>			

*Activities, movies, locations, and times subject to change.