



WESTPORT PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

Reporter

May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



Happy Birthday!

Residents

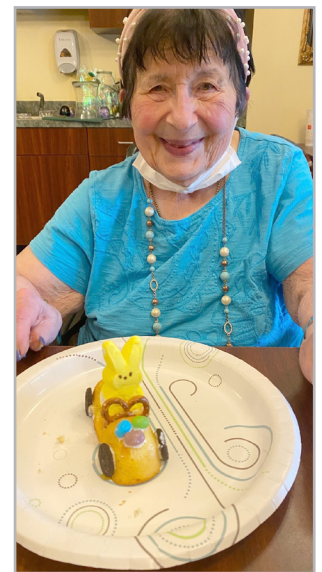
John V.	May 07
Mary P.	May 09
Dorothy W.	May 18
Carol J.	May 31
Beverly W.	May 31

Staff

Bailey P.	May 01
Kimberly R.	May 10
Jennifer P.	May 11
Diana H.	May 14
Sayee S.	May 19
Ashley F.	May 22
Whitley M.	May 24
Merhawit T.	May 27
Jennifer D.	May 31

CREATIVE COOKING

Every month, we have various creative cooking classes where residents can explore savory and sweet snacks and dishes that they may have never made before. Recently, residents created a very cute, sweet treat to celebrate Easter. They made Twinkie peep bunny cars. There were smiles all around!



Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme Week in February, this event will

capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Lauren Clayton
Executive Director

Entertainment

Music can soothe the soul! The residents love live music performances and “Sweet harmony” did not disappoint!



Theme Dinner

We're inviting our residents to participate in our one-of-a-kind Lucille's Ball event. The week of May 15th, our campus will serve as a venue to one of the most incredible galas our residents have ever attended. All week we will celebrate Lucille's Ball. Our artisan groups will prepare decorations, our cooking classes will feature Lucy's favorite recipes, and our lifelong learning programs will explore the life and culture of Lucille Ball.

Artisan Program

"Art is the expression of those beauties and emotions that stir the human soul" - Howard Pyle

The artisan program at Westport Place is more than "arts and crafts". We explore many art mediums and creative projects that include photography classes, various painting methods, sculpting clay, and jewelry making, just to name a few. Residents loved showing their creative side by making beautiful one-of-a-kind pieces of jewelry.





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Louisville, KY 40207

502-893-3033

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Director of Health Services

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Life Enrichment Director

Bella Liston
Staff Development

Tanya Jones
BOM

Leah McMahan
AP Payroll

Whitney Haynes
Community Service Rep.

Wyatt Carwile
Customer Service Specialist

Michele Rodriguez
Director of Environmental Services

Rena Pearle
Weekend Supervisor

Ted Kizer
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

We strive to provide the best customer
service and quality care for our residents.

Our Department Leaders are here
to solve any concerns you may have.

In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in
our upcoming month's newsletter!

Question 1: In what
sport is "love" a score?

Question 2: Which candy has
the slogan "Taste the rainbow"?

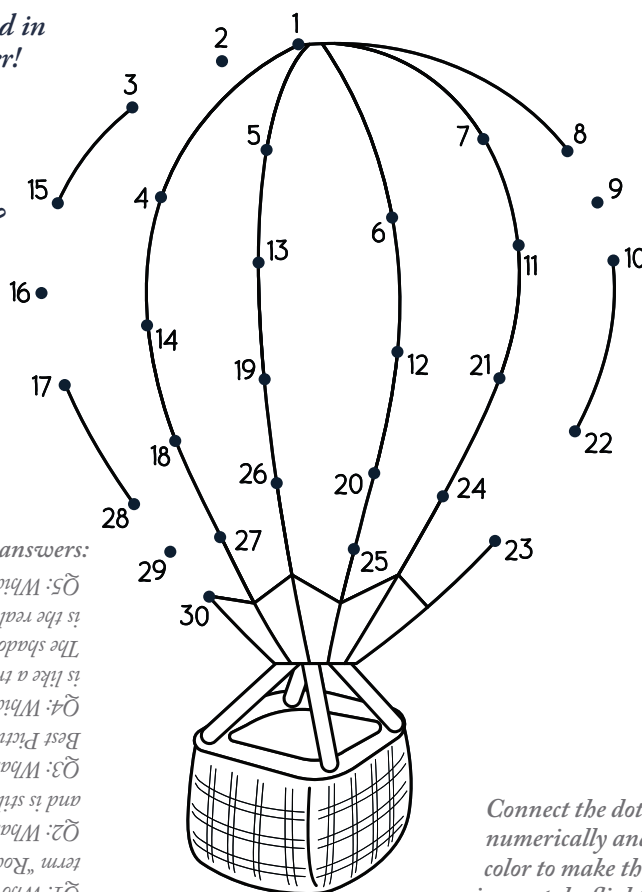
Question 3: Who was
the fourth president
of the United States?

Question 4: Which state is
known as the "Granite State"?

Question 5: Which sense
do dogs use the most?

Flip the page for last month's trivia answers:

Q1: Who is the disc jockey who coined the
term "Rock N Roll" in 1951? Alan Freed
Q2: What TV game show aired in 1956
and is still on today? The Price Is Right
Q3: What movie won the Oscar for
Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character
is like a tree and reputation like a shadow.
The shadow is what we think of it; the tree
is the real thing." ? Abraham Lincoln
Q5: Which planet is closest to Earth? Mercury



Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
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T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
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F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER
SKYDIVE

STADIUM
THRILL
VISIT
ZIPLINE