Bringing Your Dreams to Life



Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.

To learn more about our *Live* a *Dream* program, contact a member of our team today!









Happy Birthday!

Residents Ianis G. 5/04 Sharon I. 5/07 Kathy F. 5/08 Ann G. 5/21 5/25 Shirley M. Margaret H. 5/27 Sharon W. 5/30 Joann D. 5/30 Staff Christine M. 5/01 Richard B. 5/01 Karen R. 5/11 Sherry N. 5/13 Brianna W. 5/15 5/16 Mary M. Omonzusi O. 5/20 Justin B. 5/25 5/26 Sade M.



Executive Director Corner

Welcome to May, everyone! I hope these

last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st,

we'll be kicking off our next

Theme Week - Lucille's Ball.

Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Brent Hayes

Executive Director



SOME NEW ORLEANS RAGTIME MUSIC FOR MARDI GRAS









THINKING OF UKRAINE WITH SUNFLOWERS









THE STORM CHASER

Thunder, lightning and black clouds make Westlake Health Campus resident, Lloyd happy. The stranger the sky looks the better as Lloyd was a "Storm Chaser." Lloyd's van was fully equipped with state-of-the- art technology including a GPS, radios, monitors, a wireless internet connection and satellite tracking instruments so he could track storms.

Lloyd said, "it's a spectacular sight as the clouds change their formation and an adrenaline high as I got ready to photograph a tornado about to drop,"

He is retired from The University of Michigan where he worked on computers and was an emergency manager. He also volunteered for the Red Cross and in 2005 rode out Hurricane Rita. Now that spring is here, Lloyd will look forward to a good thunderstorm as his memories of chasing tornados makes him smile.

ST. PATRICK'S DAY FUN!











Volunteer News

We are looking for volunteers to assist with our community gardens. The right person could be a master gardener, has some interest in making the courtyard beautiful for the residents or just someone who has a green thumb! We are also volunteers to read for our Book Club!

OGO Award

Juan Recognition is one of the tools used by Trilogy to show genuine appreciation to our employees and to acknowledge the unique abilities our team members have to offer. Recognition inspires, motives and breathes excitement into our team members and generates an environment of striving towards success.

This month we are recognizing CRCA Juan for his kindness and commitment to our residents. He is the recipient of the OGO award (Oh Great One.) When Juan is not working, he enjoys making pottery and stained glass. He also makes some great enchiladas! He feels working and being with the residents at Westlake as his second home and extended family. Thank you Juan for your dedication!





HEALTH CAMPUS

A Trilogy Senior Living Community

10735 Bogie Lake Road Commerce Township, MI 48382 248-363-9400 westlakehc.com | 💆 f

> Brent Hayes Executive Director Madeline Heierman Assistant Executive Director

Angela Walker Director of Health Services

Suzanne Poling **Business Office Manager**

Susan Voydanoff Director of Life Enrichment

Regina Hughes Legacy Neighborhood Director Bob Goralski

Director of Plant Operations

Peter Johnston Director of Dining Services

Kim Penn Director of Environmental Services

> TBD**MDS** Coordinator

Marcia Leja Therapy Director

Rachel Adams Director of Social Services

Tina Bausick Community Service Rep

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

16•

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

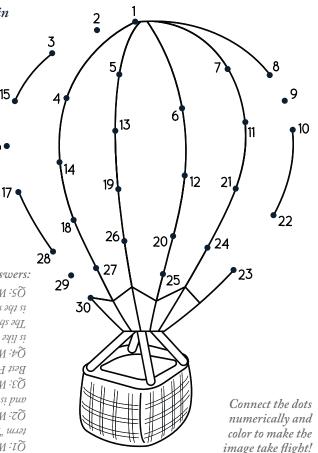
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Flip the page for last month's trivia answers: Q5: Which planet is closest to Earth? Mercury ujosur mygnagy: Surgi pri ogi si The shadow is what we think of it; the tree is like a tree and reputation like a shadow. Q4: Which U.S. president once said "Character Best Picture in 1960? Ben-Hur Q3: What movie won the Oscar for

> the Rill on today? The Price Is Right Q2: What TV game show wired in 1956 term "Rock V Roll" in 1951? Alan Freed Q1: Who is the disc jockey who coined the



Word Search

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ADVENTURE BALLOON DREAM ENCOURAGE

GAME LIVE **MEMORY MOTORCYCLE** **OPPORTUNITY PLANE SEEKER**

SKYDIVE

STADIUM THRILL VISIT ZIPLINE