



WELLBROOKE  
OF WABASH

*A Trilogy Senior Living Community*

# News

May 2022

## Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



# Happy Birthday!

## Residents

April C.	May 01
Ware W.	May 01
Tia F.	May 03
Dorotha H.	May 13
Ruth S.	May 21
Julia J.	May 24
Darrell D.	May 31

## Staff

Riston H.	May 01
Angela M.	May 12
Lori B.	May 13
Cathy C.	May 14
Camilla D.	May 27

## Volunteers Needed

Volunteers give the gift of time. Families and residents make GREAT volunteers! As a volunteer, you become part of the Trilogy team! So why volunteer? There are tons of benefits, including developing new skills, personal satisfaction, new friendships, longer lifespan, and so much more!

Suggested ways to volunteer include but are not limited to:

- Providing church services
- Bringing in an animal to visit
- Sharing a special skill with our residents, such as knitting or crocheting

If you are interested in becoming a volunteer, please contact our Life Enrichment Director, Kelsay Winstrom, at 260-274-0444 or [Kelsay.Winstrom@WellbrookeOfWabash.com](mailto:Kelsay.Winstrom@WellbrookeOfWabash.com)



## Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through any of our courtyards, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

*Aaron Vogel*, HFA  
Executive Director

## LEGACY LANE

In our Legacy Lane, we have been taking advantage of the beautiful spring weather in our courtyard. We have enjoyed preparing our flowerpots for our beautiful spring flowers while enjoying the sunshine. We also have been moving a lot of our Daily Rhythm activities outside to soak in the sunshine.



*Ruth B and Shelvia share a conversation while enjoying the sunshine.*



*Dot shares a smile in our Legacy courtyard.*



# Artisan Program

Our Artisans club has been focused lately on creating spring art to celebrate the season. We've created dandelion paintings, carrots out of newspaper, and even used q-tips to create these fun lilac paintings! We meet on Monday afternoons and one other time during the week to create crafts and share laughs. Please come to the Gallery and join us!



*Did you know?– Chef Mary Ann receives her silver medal in the Culinary Olympics*



*Sandy and Tina show off their lilac paintings.*

## Did You Know?

that every year our chefs compete in the Trilogy Culinary Olympics to show off their talent for creating and plating their culinary creations? This year participants competed in a “Chopped” type competition and were not sure of what protein they would prepare until the knife pull! Our very own Chef Mary Ann brought home the silver medal in the North Indiana Division. Congratulations Mary Ann!



*Ruth B and Kelsay were excited to arrive to the Snowflake Ball on the blue carpet!*





# WELLBROOKE OF WABASH

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20 John Kissinger Drive

Wabash, IN 46992

260-274-0444

wellbrookeofwabash.com |  

*Aaron Vogel*  
Executive Director

*Staci West*  
Director of Health Services

*Lori Beattie*  
Assistant Director of Health Services

*Sally Winters*  
Therapy Program Director

*Mary Ann Estes*  
Director of Food Services

*Jacob Grady*  
Director of Social Services

*Patrick Kelly*  
Community Services Representative

*Steffany Pegg*  
Business Office Manager

*Caitlin Eltzroth*  
Customer Service Specialist

*Patrick Flynn*  
Director of Plant Operations

*Moniqua Bonewitz*  
Director of Environmental Services

*Kelsay Winstrom*  
Life Enrichment Director

*Mellanie Geerling*  
Legacy Lane Coordinator

*Patrick Flynn*  
Director of Plant Operations

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or comply@trilogyhs.com*

*Newsletter Production by PorterOneDesign.com*

# Monthly Trivia & Activity Corner

*All trivia answers will be printed in  
our upcoming month's newsletter!*

**Question 1:** In what  
sport is "love" a score?

**Question 2:** Which candy has  
the slogan "Taste the rainbow"?

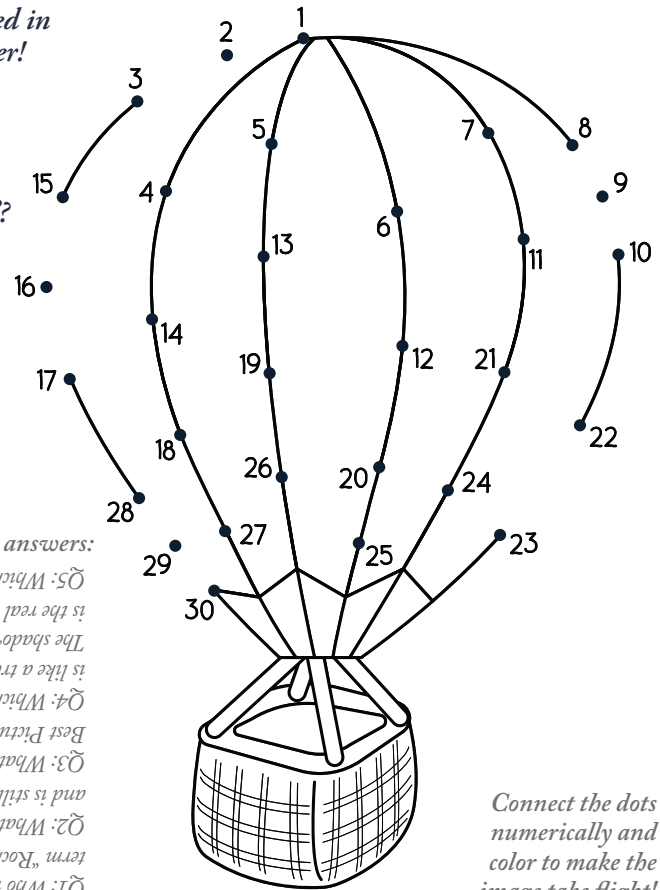
**Question 3:** Who was  
the fourth president  
of the United States?

**Question 4:** Which state is  
known as the "Granite State"?

**Question 5:** Which sense  
do dogs use the most?

*Flip the page for last month's trivia answers:*

Q1: Who is the disc jockey who coined the  
term "Rock N Roll" in 1951? *Alan Freed*  
Q2: What TV game show aired in 1956  
and is still on today? *The Price Is Right*  
Q3: What movie won the Oscar for  
Best Picture in 1960? *Ben-Hur*  
Q4: Which U.S. president once said "Character  
is like a tree and reputation like a shadow.  
The shadow is what we think of it; the tree  
is the real thing." *Abraham Lincoln*  
Q5: Which planet is closest to Earth? *Mercury*



*Connect the dots  
numerically and  
color to make the  
image take flight!*

## Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE  
BALLOON  
DREAM  
ENCOURAGE

GAME  
LIVE  
MEMORY  
MOTORCYCLE

OPPORTUNITY  
PLANE  
SEEKER  
SKYDIVE

STADIUM  
THRILL  
VISIT  
ZIPLINE