



WELLBROOKE
OF CARMEL

A Trilogy Senior Living Community

News

May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



Happy Birthday!

Residents

Mona H. 5/05

Marie C. 5/29

Staff

Wilneace G. 5/03

Skylar C. 5/05

Yandeh T. 5/17

Happy Hour

Join us every Friday from 3:30-4:30 in the Bistro for Happy Hour. Fun, food and drinks provided by your Life Enrichment and Dietary teams.

Sunday Brunch

Sunday Brunch is scheduled for May 22nd. Residents are allowed to bring up to 2 guests. You must RSVP as space is limited and we are still under Covid precautions.

Theme Week

It's already time for our 2nd Theme Week of the year. We're going to have a "Ball" May 16th -20th with Lucy. That's right, our theme is "Lucille's Ball"! We'll have themed activities all week with theme dinner for the residents, and Happy Hour Friday with family and friends.

Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 16th through the 20th, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme Week in February, this event will

capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

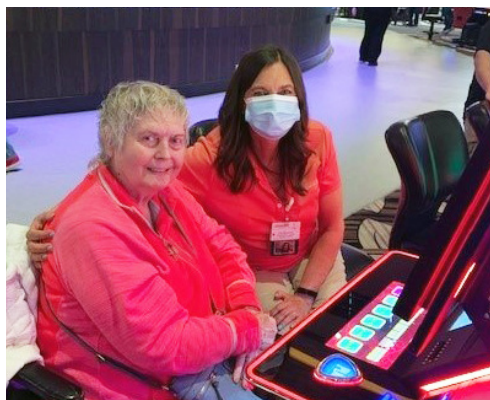
Yours in Service,

Alberta Taybior

Executive Director

OUT AND ABOUT

Residents enjoyed a day at the Horseshoe Casino with friends and family.



ASSISTED LIVING LIFESTYLE

From Veda's birthday to jam sessions with Harry, our AL residents know how to have a really good time!



HAVING FUN IN THE HEALTH CENTER



Mona H. shows off her shades.

A Note from Jenni



Happy May everyone! This month we will be kicking off Campus in Color. We'll be planting, creating and

making our gardens colorful once again. We also have our theme week May 16th -20th and themed Happy Hours, such as the Derby and Indy 500, you won't want to miss the fun!

We are going out! Consider joining your loved one on one of our weekly outings. We go shopping, out to lunch, and into the community on Wednesdays. Check the calendar and sign up with Life Enrichment, as spots are limited, and we can always use help.

As always, thank you for the opportunity to enrich the lives of your loved ones as the Life Enrichment Director at the Wellbrooke of Carmel.

-Jenni Carrillo, LEP



Diane A. takes the therapy dog for a walk.



WELLBROOKE OF CARMEL

A Trilogy Senior Living Community

12315 Pennsylvania Street

Carmel, IN 46032

317-569-7200

wellbrookeofcarmel.com |

Alberta Taybior
Executive Director

Shelia Taylor
Director of Health Services

Terica Yates
Assistant Director of Health Services

Christina Barnes
Business Office Manager

Jenni Carrillo
Life Enrichment Director

Jade Chilton
Director of Social Services

Tim Siehl
Director of Food Services

Jeremy Miller
Director of Plant Operations

Jeri Kiser
Environmental Services Supervisor

Wendy Carl
Customer Service Representative

Aimee Smith
Customer Service Specialist

Andrea Higgins
Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

*All trivia answers will be printed in
our upcoming month's newsletter!*

Question 1: In what
sport is "love" a score?

Question 2: Which candy has
the slogan "Taste the rainbow"?

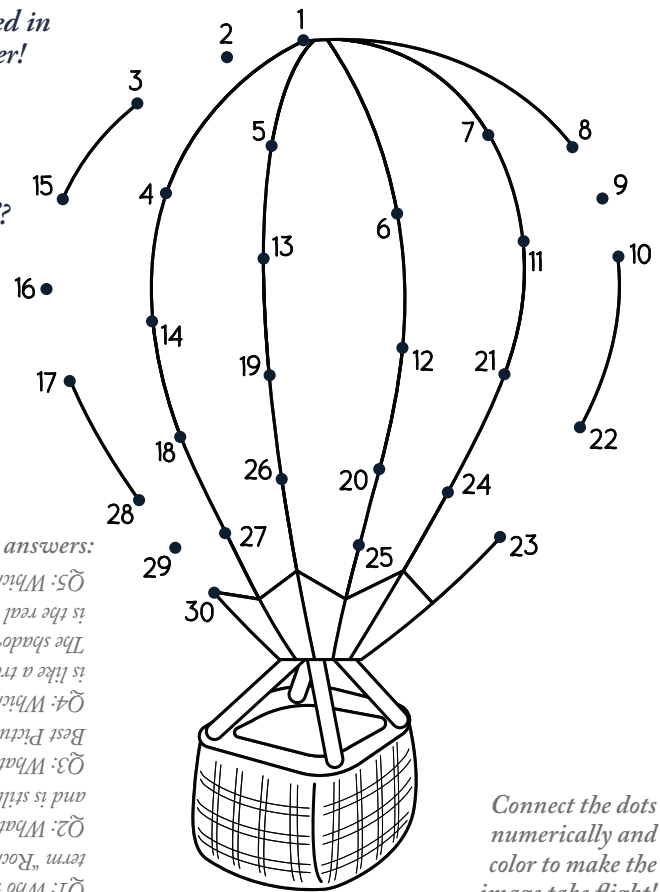
Question 3: Who was
the fourth president
of the United States?

Question 4: Which state is
known as the "Granite State"?

Question 5: Which sense
do dogs use the most?

Flip the page for last month's trivia answers:

Q1: Who is the disc jockey who coined the
term "Rock N Roll" in 1951? *Alan Freed*
Q2: What TV game show aired in 1956
and is still on today? *The Price Is Right*
Q3: What movie won the Oscar for
Best Picture in 1960? *Ben-Hur*
Q4: Which U.S. president once said "Character
is like a tree and reputation like a shadow.
The shadow is what we think of it; the tree
is the real thing." *Abraham Lincoln*
Q5: Which planet is closest to Earth? *Mercury*



*Connect the dots
numerically and
color to make the
image take flight!*

Word Search

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ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER
SKYDIVE

STADIUM
THRILL
VISIT
ZIPLINE