



THE WILLOWS  
AT SPRINGHURST

*A Trilogy Senior Living Community*

# News

May 2022

## Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!





# Happy Birthday!

## Residents

Joseph W.	5/01
Norbourne T.	5/07
Susan C.	5/28

## Staff

Jennifer A.	5/01
Sarah A.	5/01
Shenitha G.	5/03
Maria P.	5/03
Tiffany P.	5/03
Rickey B.	5/06
Brittany W.	5/07
Sydney B.	5/08
Robert C.	5/09
Kellye F.	5/10
Ashley G.	5/26
Jenna R.	5/27
Katherine C.	5/29
Gregory H.	5/30



## Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

*Carla Sieckert*

Executive Director

## Happy Hour

Every Friday is Happy Hour!! Please join us for live entertainment, refreshing drinks, and appetizing snacks! Look at your calendars to see who the entertainer is and what time happy hour starts!



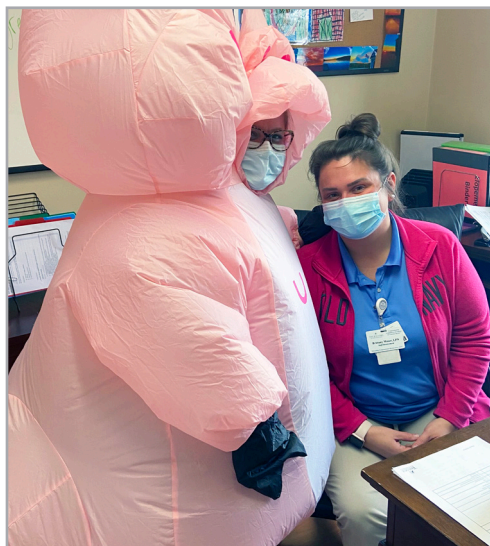


## More from Happy Hour



## ACTIVITIES CORNER

The Life Enrichment team enjoys bringing smiles to your faces with fun costumes and entertaining games. If there is an activity you would like to do, please let a team member know! Also be sure to pay attention to your calendars to see what wonderful activities we have in store!



## Smile of the Month

Smile of the month goes to the one and only, Chuck! Did you know that Chuck is a jazz musician?!



## Volunteer at The Willows of Springhurst!

We welcome all members of our community to come share their talents with us – whatever those might be. The value that volunteers bring to our community cannot be overstated. When you volunteer with us, you're doing more than just lending a helping hand; you're reminding someone that they're cared for, you're listening to their story, and you're using what makes yourself unique to brighten their day. Share your knowledge and lead one of our Lifelong Learning classes. Call the winning numbers in BINGO. Plant flowers in our garden and watch them grow with us. However you choose to serve, we'll be happy to have you here! Volunteer today by contacting us at 502-412-3775.



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*A Trilogy Senior Living Community*

3101 North Hurstbourne Pkwy

Louisville, KY 40241

502-412-3775

willowsatspringhurst.com |

*Carla Sieckert*  
Executive Director  
of Health & Rehab

*Jessica Vanover*  
Director of Health Services

*Melissa Cusick*  
Life Enrichment Director

*Taylor Carruthers*  
Legacy Lane Coordinator

*Whitney Meriwether*  
Director of Therapy

*Caroline Shrum*  
Business Office Manager

*Katie Hudgens*  
Director of Social Services

*Tim Bridges*  
Director of Food Service

*Tommy Roberts*  
Chief Engineer

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)

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## Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

**Question 1:** In what sport is "love" a score?

**Question 2:** Which candy has the slogan "Taste the rainbow"?

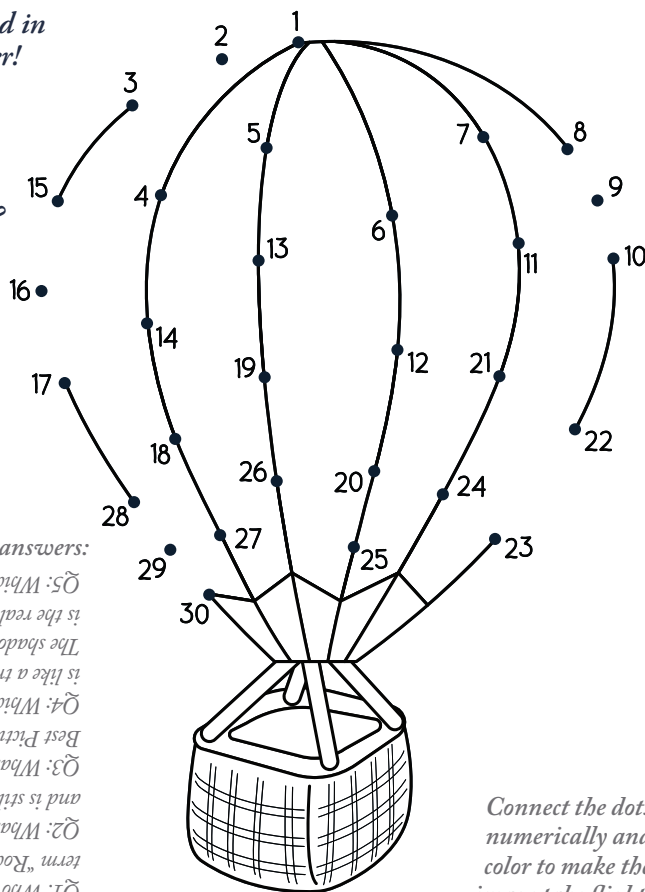
**Question 3:** Who was the fourth president of the United States?

**Question 4:** Which state is known as the "Granite State"?

**Question 5:** Which sense do dogs use the most?

Flip the page for last month's trivia answers:

Q1: Who is the disc jockey who coined the term "Rock N Roll" in 1951? *Alan Freed*  
Q2: What TV game show aired in 1956 and is still on today? *The Price Is Right*  
Q3: What movie won the Oscar for Best Picture in 1960? *Ben-Hur*  
Q4: Which U.S. president once said "Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing."? *Abraham Lincoln*  
Q5: Which planet is closest to Earth? *Mercury*



Connect the dots numerically and color to make the image take flight!

## Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE  
BALLOON  
DREAM  
ENCOURAGE

GAME  
LIVE  
MEMORY  
MOTORCYCLE

OPPORTUNITY  
PLANE  
SEEKER  
SKYDIVE

STADIUM  
THRILL  
VISIT  
ZIPLINE