



THE WILLOWS
AT OKEMOS

A Trilogy Senior Living Community

Monthly

May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



Happy Birthday!

Residents

Jeanne R.	5/06
Rosemary L.	5/08
Sally G.	5/30

Staff

Jennifer F.	5/04
Josh M.	5/07
Laura R.	5/08
Makenzie R.	5/08
Stephanie K.	5/15
Nisha P.	5/16
Chelsea L.	5/17
Ruth M.	5/17
Alica F.	5/17
Michael D.	5/21
Alexsia W.	5/25

Volunteers Needed

What would we do without our volunteers? They enrich our lives with every moment, gesture, and kind words they offer. Whether it's for an hour, once a month, weekly, or more, your time would be so valued here! We have enjoyed volunteers playing cards with us, leading discussion groups, teaching us instruments and orchestration, instructing art lessons, leading religious/ inspirational groups, and more. If you or someone you know is interested, please contact Life Enrichment for more information!



Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Jen Flood

Executive Director

PHOTO HIGHLIGHTS



Denise

More PHOTO HIGHLIGHTS



Mike

Theme Dinner

Please join us for Lucille's Ball, on May 19th at 5pm! We will enjoy live entertainment and a delicious meal. You won't want to miss it!

"Ethel Mertz: Gee, this high altitude sure gives me an appetite."

Fred Mertz: What's your excuse at sea level?"

– 'I Love Lucy'

Happy Hour

Please join us Fridays from 2:00-3:00pm, in the Health Care Dining Room for live entertainment, drinks, and more! We look forward to seeing you!

This month's entertainers:

May 6th: Lee Piper

May 13th: Jay Corey

May 20th: Jim Hermann

May 27th: Alex Mendenall

Sunday Brunch

Please join us, Sunday May 15th for our Sunday Brunch!

Mealtimes will be:

- 11:00am: for our 100, 300, and 500 Halls
- 12:15pm: for our 200 and 400 Halls

Each resident is allowed 2 visitors for free; visitors must show proof of vaccination prior to entry. Please contact Life Enrichment if you have any questions.



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4830 Central Park Drive

Okemos, MI 48864

517-349-3600

willowsatokemos.com |

Jen Flood
Executive Director

Brenda Palmer
Director of Health Services

Lisa Flanders
Assistant Director of Health Services

Deb Munro
Business Office Manager

Brandy Fales
AP/Payroll Manager

Trista Czapl
Social Services Director

Casey Bernaiche
Therapy Program Director

Shon Allen
Director of Food Services

Emily VandeWiele
Life Enrichment Director

Jess Pathfinder
Director of Environmental Services

Josue Pineda
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

*All trivia answers will be printed in
our upcoming month's newsletter!*

Question 1: In what
sport is "love" a score?

Question 2: Which candy has
the slogan "Taste the rainbow"?

Question 3: Who was
the fourth president
of the United States?

Question 4: Which state is
known as the "Granite State"?

Question 5: Which sense
do dogs use the most?

Flip the page for last month's trivia answers:

Q5: Which planet is closest to Earth? Mercury

Q4: Which U.S. president once said "Character

is like a tree and reputation like a shadow.

Q3: What movie won the Oscar for

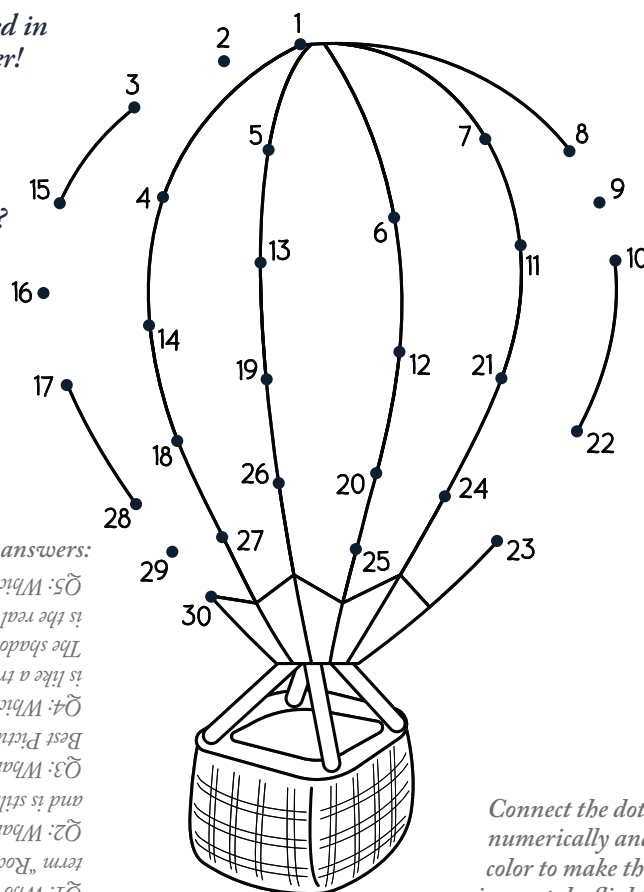
Best Picture in 1960? Ben-Hur

Q2: What TV game show aired in 1956

and is still on today? The Price Is Right

Q1: Who is the disc jockey who coined the

term "Rock N Roll" in 1951? Alan Freed



*Connect the dots
numerically and
color to make the
image take flight!*

Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER
SKYDIVE

STADIUM
THRILL
VISIT
ZIPLINE