



THE WILLOWS
AT CITATION

A Trilogy Senior Living Community

Monthly

May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



Happy Birthday!

Residents

Joseph D.	05/02
Hubert M.	05/07
Ruby P.	05/09
Vanda C.	05/09
Anthony G.	05/18
Donna P.	05/27
Alan T.	05/28
Orville N.	05/30

Staff

Darrell H.	05/20
Deborah H.	05/21
Allee A.	05/27
Rebecca W.	05/28

Out & About

We have lots of opportunities for residents to go out into our local community. Below is a list of a few dates we have scheduled. Keep a close eye on the Activity Calendar as more dates are added all the time!

May 04: Kroger

May 09: "Legacy" Scenic Drive

May 11: Bell House at
7:30 pm (Live a Dream)

May 16: Picnic at the
Park and Scenic Drive

May 25: Scenic Drive

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.willowsatcitation.com

The Private Dining Room can be reserved for birthday parties, family dinners, or any other special event you would like to celebrate with your loved ones.



Executive Director Corner

Welcome to May, everyone!

I hope these

last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Renee Moore

Executive Director

LEGACY SPOTLIGHT

Here is a look at our BFFs as they made mod podge-patchwork quilts on construction paper during an art class in March.





Celebrating a Veteran

During the month of March, partnering with Hospice and the family of Ralph B., we celebrated the service that Ralph B. gave to his Country. Words can never express it, but Ralph, we sincerely thank you for your time and sacrifice. You are a true hero as are all Veterans!

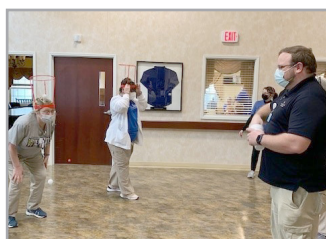
Volunteer News

The Willows at Citation strives to make all our resident's days enjoyable. Volunteers are the heart and soul of our campus, and the key to make this happen. Therefore, we are calling all who want to volunteer and bring joy to our residents. You can give 1 hour a month to make a huge difference to many people. If you are interested in volunteering for the following programs, please contact Josh Gruneisen- Life Enrichment Director.

Suggested areas to volunteer: Beauty shop/ Nails

A Shout Out to Staff!

Recently, we had some theme days for staff in celebration of our amazing results on our Great Places to Work Survey! Here at The Willows at Citation we are blessed to have a staff that has a passion to serve the best residents in the WORLD!



Happy Hour

Come join us every Friday starting at 2pm for our themed Happy Hour! Each week we will sample some amazing food, have a drink, and listen to music. Whatever the theme may be, this is a great time for some good old fashion fellowship! Here is a list of our signature drinks for May:

May 06: Mint Juleps

May 13: Amaretto Sour

May 20: Juicy Lucy

May 27: Whiskey Sour

Chef's Corner

Please join us Thursday's at 3:00 for Chef's Circle. Here you will have the opportunity to try new recipes, give feedback on food, and bring in some of your favorite recipes in to be offered on Citation's menu.

Sunday Brunch

Sunday, May 8, 2022

We always look forward to mingling with our residents, their families, and friends each month during our monthly Sunday brunches. Each resident can invite 2 guest that can dine free of charge. Please make sure to RSVP to a member of Life Enrichment as space fills up quickly.

Save the Date

May 19: Lucille's Ball

Taste of Town: Nothing Bundt Cakes

STADIUM
THRILL
VISIT
ZIPLINE