

Herald

May 2022

Bringing Your Dreams to Life



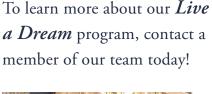
Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.











Happy Birthday!

Residents	
Joyce H.	5/01
Bette D.	5/05
Kay M.	5/06
Charles M.	5/08
Charles M.	5/08
Anton B.	5/15
Kathleen F.	5/20
Robert H.	5/28
Staff	
Staff David S.	5/03
	5/03 5/07
David S.	
David S. Jesse T.	5/07
David S. Jesse T. Theresa H.	5/07 5/07
David S. Jesse T. Theresa H. Ellie A.	5/07 5/07 5/09
David S. Jesse T. Theresa H. Ellie A. Heather C.	5/07 5/07 5/09 5/12

ARTISAN PROGRAM

Every Wednesday residents enjoy making a variety of different arts and crafts. In the month of April, we made Kites to hang on our doors, painted ceramic birds, and painted stunning birdhouses!





Executive Director Corner

Welcome to May, everyone! I hope these last few

weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Tori Harper

Executive Director









SUNDAY BRUNCH The first Sunday of every month we have a delicious Sunday Brunch! For our April brunch our wonderful dietary team made home cooked favourites featuring Meatloaf, Mashed potatoes with gravy, green beans, and fresh rolls. For the breakfast portion, they made heavenly waffles and cheese omelettes!!!





Happy Hour

Every Friday at 2pm we have live music, drinks, and snacks in the main lobby. Joan enjoys the music and believes you will too!!



Servant Leader Spotlight

Meet Camille!! Camille has A LOT of experience working with Trilogy. We are lucky to have Queen Camille on our team!



Smile of the Month

Smile of the month goes to the one and only, Sid!! Thank you Sid for always bringing a smile to everyone's face!





1 Silvercrest Drive
(formerly 1809 Old Vincennes Rd)
New Albany, IN 47150
812-542-6720
villagesatsilvercrest.com | ♥ f

Tori Harper Executive Director Rebecca Bowling

Rebecca Bowling Director of Health Services

Andy Griffin Asst. Director of Health Services Camille Wilkerson

MDS Coordinator
Therese Casper
Social Services Director

Amy Pittman Community Services Representative

> Sierra Headrick Life Enrichment Director

Elisabeth Petty Villa Lifestyle Director

Kyle Nunley Environmental Service Director

> Jamie Babcock Director of Food Services

Eddie Woodruff Director of Plant Operations

Betty Galligan
Director of Assisted Living
April Alday
Therapy Program Director

Heidi Henry Customer Service Specialist

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Ouestion 1: In what

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

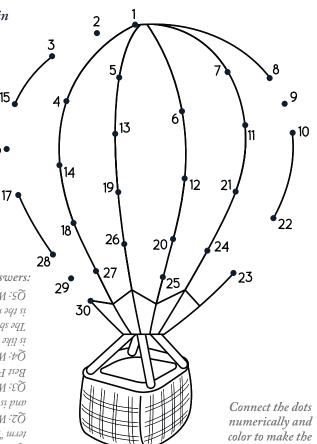
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Best Picture in 1960? Ben-Hur Q4: Which U.S. president once said "Character is like a tree and reputation like a shadow. Ibe shadow is what we think of it; the tree is the real thing."? Abraham Lincoln Q5: Which planet is closest to Earth? Mercury

QI: Who is the disc jockey who coined the term "Rock IV Roll" in 1920? Alan Freed Q2: What TV game show aired in 1956 and is still on today? The Price Is Right C.S. What moons won the Oscar for



Word Gearch

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ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER

SKYDIVE

STADIUM THRILL VISIT ZIPLINE

image take flight!