



THE SPRINGS  
OF RICHMOND

*A Trilogy Senior Living Community*

# News

May 2022

## Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



# Happy Birthday!

## Residents

Phyllis C.	5/10
Richard B.	5/16
Ronald E.	5/28

## Staff

William H.	5/01
Shawna P.	5/01
Karen L.	5/06
Tina N.	5/11
Serinna C.	5/17
Melissa B.	5/18
Lisa M.	5/19
Erin S.	5/26
Michael B.	5/27
Loren F.	5/27
Shelbi P.	5/31

# Departmental Discussions

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our

next Theme Week – Lucille's Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

## Sunday Brunch

Save the Date for our Sunday Brunch to be held on Sunday, May 15th at 11am. Please stop in or call to RSVP. First two guests are free.

## Did You Know...?

We host happy hour every Friday in our Pub at 3pm? All are welcome to enjoy appetizers, drinks and laughs.

## Out & About

We are so excited to get out and about this month! Please sign up with our Life Enrichment Department for more details of our Thursday outings.

## Volunteers Needed

Want to give the gift of your time? Stop in to see the Life Enrichment Team to find out how you can give smiles to those in our campus.

## Photo Highlights











# THE SPRINGS OF RICHMOND

*A Trilogy Senior Living Community*

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springsofrichmond.com |

TBD

Executive Director

TBD

Director of Health Services

TBD

Assistant Director of Health Services

Robert Newton

Life Enrichment Director

Jamie Martin

Business Office Manager

Melissa Bryant

MDS Coordinator

Tabatha Woolwine

Director of Social Services

Sindy Henson

Director of Environmental Services

Steve Duncil

Director of Plant Operations

Serina Centers

Director of Food Services

TBD

AP/Payroll

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

Like us on Facebook:  
Spirings of Richmond

Follow us on Twitter:  
@SpringsRichmond

We strive to provide the best customer  
service and quality care for our residents.

Our Department Leaders are here  
to solve any concerns you may have.

In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)

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# Monthly Trivia & Activity Corner

All trivia answers will be printed in  
our upcoming month's newsletter!

**Question 1:** In what  
sport is "love" a score?

**Question 2:** Which candy has  
the slogan "Taste the rainbow"?

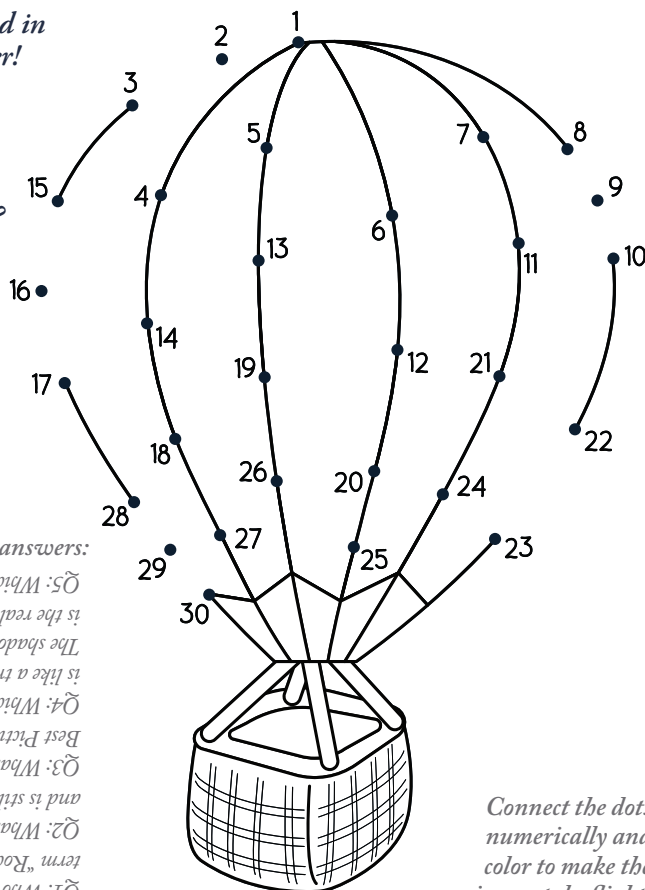
**Question 3:** Who was  
the fourth president  
of the United States?

**Question 4:** Which state is  
known as the "Granite State"?

**Question 5:** Which sense  
do dogs use the most?

Flip the page for last month's trivia answers:

Q1: Who is the disc jockey who coined the  
term "Rock N Roll" in 1951? Alan Freed  
Q2: What TV game show aired in 1956  
and is still on today? The Price Is Right  
Q3: What movie won the Oscar for  
Best Picture in 1960? Ben-Hur  
Q4: Which U.S. president once said "Character  
is like a tree and reputation like a shadow.  
The shadow is what we think of it; the tree  
is the real thing." ? Abraham Lincoln  
Q5: Which planet is closest to Earth? Mercury



Connect the dots  
numerically and  
color to make the  
image take flight!

## Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE  
BALLOON  
DREAM  
ENCOURAGE

GAME  
LIVE  
MEMORY  
MOTORCYCLE

OPPORTUNITY  
PLANE  
SEEKER  
SKYDIVE

STADIUM  
THRILL  
VISIT  
ZIPLINE