



# **Bringing Your Dreams to Life**



May 2022

Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect. To learn more about our *Live* 

*a Dream* program, contact a member of our team today!









## Happy Birthday!

#### Residents

Patrick P.	May 04
Shirley P.	May 04
Phyllis B.	May 21
Ronald C.	May 27
Staff	
Gemma H.	May 09
Rhori S.	May 09
Brittany M.	May 11
Marc M.	May 16
Kaitlyn K.	May 19
Jesselyn M.	May 20
Christina C.	May 23
Sara T.	May 28

### Volunteer News

The Life Enrichment team is always working on improving our programming for our resident! One way we are looking to enhance the senior lifestyle experience is by inviting families, friends, and members of our community to volunteer and share a hobby that you are passionate about! We are asking you to donate one hour of your time to programming of your choice. If you are interested in volunteering or have questions about what programming may be right for you; Please see the Life **Enrichment Director Sarah Wilde!** 

### Sunday Brunch

We are excited to invite our families back to Sunday Brunch. Brunch will be hosted on May 15th and will feature a chef prepared buffet for 11am -1pm. Please see a member of our leadership team for more information and to RSVP.



Executive Director Corner

Welcome to May, everyone! I hope these

last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

## HAPPY HOUR

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Marshall Hopkins

**Executive Director** 

Spring has sprung and we are ready to party! Join us on Friday for Happy Hour from 3-4pm and enjoy music, appetizers, and two complimentary drinks.











### **OUT AND ABOUT**

Enjoying lunch out at on the town at Red Lobster!





#### Smile of the Month



Garnet F. is May's smile of the month. Thank you for making our days a little warmer

with your amazing smiles!

#### DID YOU KNOW ...?

That you can read the monthly newsletter on-line. Please follow the campus link http:// springsofmooresville.com. You can also find us on Facebook and Twitter.

The Private Dining Room can be reserved for family events and private dining with friends and loved ones. It seats up to 8 people comfortably! Reservations can be made at the front desk.

### Artisans

There are no rules to creativity, and we love to enjoy the fun and laughter while painting with friends!



Happy Hour is weekly at 3:00pm every Friday until 4:00pm at the Pub. Please join us for some Friday fun and enjoy appetizers, drinks, and music!

Families can access Life Share from a mobile app called "Life Share Family" On your phone using the community access pin springsofmooresvillehc and springsofmooresville-al If you would like to set up a family manager account or would like more information, please see Sarah Wilde the Life Enrichment Director.

#### Indiana Historical Society Museum

What a fun trip to the Indiana Historical Society Museum! The interactive exhibits and actors really made this trip truly amazing and educational. We look forward to this wonderful weather and the outings to come! If you are interested in joining an outing please speak to a member of the Life Enrichment Team!

### Theme Dinner

Lucy may have some 'splainin' to do as we look forward to kicking off our theme week the 16th - 20th! It's time for our Lucille's Ball theme week and we are ready to celebrate with fun themed activities, Happy Hour, and an amazing Theme Dinner on the 19th. Get ready for a week of memories and fun!

### Taste of Town

Taste of town this month will be on May 5th. Taste of Town features a local restaurant each month that is delivered to the facility for our residents to enjoy! This month's taste of town will feature Los Patios. If you have any suggestions, please feel free to inform the Director of Food Services.

#### Senior Executive Club

Senior Executive Club will be on 11th this month at 2:00pm. Join us for a complimentary chef-prepared brunch, great conversation with local seniors and a special guest speaker. Please contact Amy Community Services Rep. for more information.



A Trilogy Senior Living Community

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> Marshall Hopkins **Executive** Director Tabitha Miller Director of Health Services

Olivia Payne Assistant Director of Health Services

> Amy Gharbi Community Services Rep.

UJ Naik, PT, MS, CLT Therapy Program Director

Brandi Gerholdt Business Office Manager

Bob Carr Director of Dining Services

Jason Eagleson Director of Plant Operations

Amanda Jenkins Director of Environmental Services

> Sarah Wilde Life Enrichment Director

Brandon Hislope Social Services Director

#### Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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#### **Monthly Trivia & Activity Corner**

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All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

**Question 2:** Which candy has the slogan "Taste the rainbow"?

Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

**Question 5:** Which sense do dogs use the most?

Flip the page for last month's trivia answers: Q5: Which planet is closest to Earth? Mercury JAS Shadow is what we think of it; the tree יהסף על געל מען געל אינטע וואָר א צאמעסיטי Q4: Which U.S. president once said "Character Best Picture in 1960? Ben-Hur Q3: What move sivon the Oscar for and is still on today? The Price Is Right Q2: What TV game shows aired in 1956 term "Rock N Roll" in 1951? Alan Freed OI: Who is the disc jockey who coined the



image take flight!

Word Gearch

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ADVENTURE			GAME				OPPORTUNITY						STADIUM				
BALLOON			LIVE				PLANE						THRILL				
DREAM			MEMORY				SEEKER						VISIT				
ENCOURAGE			MOTORCYCLE				SKYDIVE						ZIPLINE				