



May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.

To learn more about our *Live* a *Dream* program, contact a member of our team today!









Happy Birthday!

Residents

Kathey S.	May 01
Faith R.	May 01
Sharon C.	May 07
Peggy G.	May 07
Gene S.	May 09
Ada B.	May 22
Douglas A.	May 23

Staff

Jessica C.

Renee B.	May 03
Carole G.	May 10
Laquita M.	May 13
Kiara J.	May 18
Candice W.	May 18

Kashay	7 P.			
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May 30 Alexander H.

May 20

May 23

Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week - Lucille's Ball. Much like our Theme Week in February, this event

will capture the glamour and glory of a one-of-a-kind ball. with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started - and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

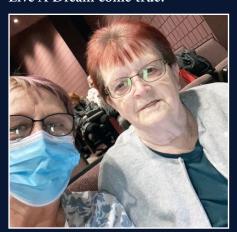
Yours in Service.

Katrina Keck

Executive Director

Live a Dream

Vicki J. said she would love to see Menopause, The Musical at The Civic Center so, Donna Parsons, LEA, made it happen. The spent the evening together laughing and enjoying the show. So glad we could make Vicki's Live A Dream come true!



Vicki J. and Donna P., LEA, enjoying the evening out seeing Menopause, The Musical.

SMILE OF THE MONTH

Nothing better than baby laughs to put a smile on your face. Jean B. agrees. She loves spending time with Maeleigh.







Lois W. feeling a little Irish.



Sally R. puts on a smile for St. Patrick's Day.



Kitty is up to shenanigans.



Jane F. happy that it's Happy Hour.



Shirley D. and Brett, LEA.

Artisans

The residents in the Legacy Lane had fun making carrots out of wooden beads. Easter Crafts are some of our favorites!

(Left) John F. shows off the carrot he made during Artisans. (Right) Meredith B. is pleased with how her carrot turned out.

Happy Hour

It wasn't the top of the mornin' but that didn't stop us from having fun on St. Patrick's Day during Happy Hour! We had green beer to set the mood and the Dietary Team made a wonderful spread for us to feast on. All the Shenanigators had a good time and left with a smile on their faces.

Did You Know...?

That your family member can sign up for The Lima Public Library and have books delivered to the facility every month? Contact Leslie Jenkins, LED for details.

That Happy Hour is every Friday night at 3:15 - 4:15 in the Health Center Activity Center. Hot appetizers are served and family members are welcome to join us!

You can keep up to date with the happenings at The Springs by connections with us on Facebook and through Twitter.

Sunday Brunch is the second Sunday of each month 11-12:30. The resident and two guests are free. Additional tickets can be purchased at Guest Relations/ Business Office for \$10.00 each. Please RSVP 419-221-6051. May Mother's Day Sunday Brunch is 05/08/22.

THE SPRINGS OF LIMA

A Trilogy Senior Living Community

370 N. Eastown Rd Lima, OH 45807 419-221-6051 springsoflima.com | ♥ f

> Kendra Dilts Executive Director

Renee Basham Director of Health Services

TBD

Assistant Director of Health Services

Alexis Rapp Customer Service Representative

Miranda Strous Customer Service Specialist

TBL

Business Office Manager

Leslie Jenkins Life Enrichment Director

Lisa Quatman Director of Social Services

Tony Teman Director of Plant Operations

John Meier Director of Food Services

Terri Williamson Environmental Services Supervisor

> TBD MDS Coordinator

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

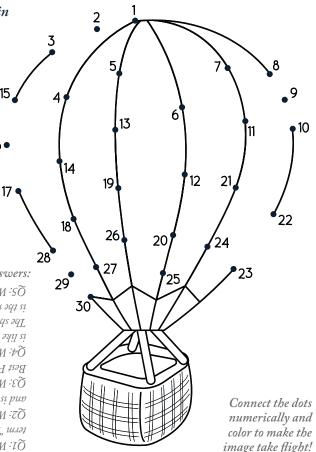
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Q3: What moone won the Oscar for Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character is like a shadow.
The chadow is what we think of it; the tree is the real thing." ? Abraham Lincoln is the real thing? ? Abraham Lincoln

oli: Who is the disc jockey who coined the first Moli "Reed Freed "Roll" in 1951? Alan Freed 20. What IV game show aired in 1956 and Sight Is Is It is in the first production to the first in the first production to the first in the first i



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ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER

SKYDIVE

STADIUM THRILL VISIT ZIPLINE