



Bringing Your Dreams to Life



May 2022

Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect. To learn more about our *Live*

a Dream program, contact a member of our team today!









Happy Birthday!

Residents

Danielle M.

Barbara C.

Sean M.

1 200 0000 0000	
Kimberly M.	May 01
Armando G.	May 01
Sidney B.	May 04
Jana P.	May 21
Jo Ann B.	May 22
Richard F.	May 24
Vivian G.	May 24
Carl S.	May 24
Juliann V.	May 26
Staff	
Warren D.	May 03
Emily N.	May 09

Theodocia B.	May 20
Gregorio A.	May 24

May 11

May 18

May 19

Theme Dinner

"I can't help it; eating is my hobby!" Did someone say I love Lucy? Please join us for Lucille's Ball this month! We kick off the week by reading famous love letters, and to wrap it all up, we are hosting an amazing theme dinner on Thursday, May 19th at 5PM. We sure hope to see you there!

SMILE OF THE MONTH

Our smile of the month goes to Julie V! Her witty sense of humor and her love for ice cream is contagious. Thanks so much for being part of our Springs community, Julie!



Welcome to May, everyone! I hope these

last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

Executive Director Corner

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in service,

Jeff Weaver Executive Director



TASTE OF TOWN

Have you heard of our taste of town program? This happens once per month, where we partner with a local business to provide some yummy food and make the dining room atmosphere feel like we are in the restaurant! We recently partnered with Dog n Suds and are looking forward to partnering with Arni's here soon! If you have suggestions for local businesses you think our residents would like to try, please contact Aubrey Adams, the Life Enrichment Director today!



Sunday Brunch

Call to RSVP today for our monthly Sunday brunch on May 15th from 11AM-1PM! We ask that everyone RSVP at least 3 days in advance. For questions, please contact Aubrey Adams, the Life Enrichment Director, or Peter Brutsman, our Director of Food Services.



Employee of the Month

Our employee of the month goes to Carolyn Cullivan! Carolyn is from Earl Park, Indiana, and she graduated from Benton Central High School. She is happily married, with 1 son, 1 grandson, and 1 awesome daughter-in-law. Carolyn has been in nursing for over 40 years and has been a loyal member of team Trilogy for 6 years now! Her favorite part of her work is getting to know the residents - She says they keep her spirits high. Outside of work, Carolyn enjoys being around others and playing cards. Join me in thanking Carolyn for her continuous dedication and effort here at the Springs!





A Trilogy Senior Living Community

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> Jeff Weaver Executive Director Rebecca Hubbard Director of Nursing

Danielle Makowicz Assistant Director of Nursing

> Maggie Morehouse MDS Coordinator

Lisa Botka Business Office Manager

> Sarah Betancourt AP/Payroll

Abrianna Moody Customer Service Specialist

Kim Klinkhamer Community Service Representative

> Aubrey Adams Life Enrichment Director

Olivia Borjas Social Services Director

Barb Chumley Director of Environmental Services

Stay in the Loop У f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

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All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Flip the page for last month's trivia answers: Q5: Which planet is closest to Earth? Mercury JAS Shadow is what we think of it; the tree יהסף על געל מען געל אינטע וואָר א צאמעסיטי Q4: Which U.S. president once said "Character Best Picture in 1960? Ben-Hur Q3: What move sivon the Oscar for and is still on today? The Price Is Right Q2: What TV game shows aired in 1956 term "Rock N Roll" in 1951? Alan Freed OI: Who is the disc jockey who coined the

numerically and color to make the image take flight!

Word Gearch

ZMSPPMZTFMLDFQAVUVB	UAEUGISUHJRDPUEOHYY	LSVMPNCTJEUQEPWTWSY	IRZLOBHKAMQDKBIBOND	VEIXORYMPROIALHRDFJ	ENDDIIYBJSRLZVAOPSU	EWELHAXJBMLQCSUZTOS	Z J L R C U C Z U O O D I X J A B S K	BAEBAOGNOAUTNDDWLFY	K X C H O A E N Y J D O O I B Q I N D	CERAMVHTENCOURAGEDI	E R P E Q T S K U S Y M F V C A H N V	OXLIKVRUXGSUIXKYKSE	KOAMSTEOJXWSIRSFCWH	XINVIZNZBNICNPSXALZ	KQEDADVENTURERKBUTE	LQDBOPPORTUNITYNYDM	X B J J W J H J E B P X V I I U K F B	T F Z O B X H F R J E F Q S E E K E R
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