



THE HERITAGE

*A Trilogy Senior Living Community*

# Herald

May 2022

## Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!





# Happy Birthday!

## Residents

Robert D.	5/02
Judith B.	5/07
Gerald G.	5/16
Teresa P.	5/18
Mary H.	5/21
Christina A.	5/23
James D.	5/26
Michael S.	5/27
Nancy S.	5/27
Dorothy Y.	5/31

## Staff

Philip S.	5/01
Terresa M.	5/01
Stephen C.	5/08
Sierra N.	5/08
Samantha S.	5/10
April H.	5/11
Benjamin H.	5/12
Emily S.	5/13
Talisha B.	5/14
Danielle C.	5/16
Tamara J.	5/17
Tina V.	5/26
Billy B.	5/28
Chrystal B.	5/30

## Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

*Emily Sweeney*  
Executive Director

## PHOTO HIGHLIGHTS





# MORE... PHOTO HIGHLIGHTS



## Entertainment

We have live entertainment every Friday afternoon from 2:00-3:00 for our assisted living and health center, and 3:00-4:00 at our Legacy building. Please feel free to come share the joy of music with your loved ones.

A list of our entertainers for the month of April.

Friday May 6th Don Smithy

Friday May 13th Paul Grover

Friday May 20th Lee Warren

Friday May 27th Andrew Dean

## Theme Dinner

The month of May's theme dinner will be Lucille Ball, I Love Lucy.

We will be spending the month enjoying Lucille Ball's past with crafts, creative cooking, decorations, trivia, movies and much, much more.

## Sunday Brunch

Monthly family brunches are a wonderful time at our campus. It's a time to make memories, talk, laugh and share a delicious meal with our loved one.

## Campus In Color

This month we will be out and about shopping for beautiful flowers and vegetables for our campus. Residents will be getting their hands dirty planting flowers and vegetables throughout the campus.



ZIPLINE