

Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



Happy Birthday!

Residents

Vernethia C.	5/01
Irene G.	5/08
Frances J.	5/15
Antoinette S.	5/17
Evelyn I.	5/20
Margaret K.	5/27

Staff

Jessica K.	5/13
Michelle G.	5/17
Theresa K.	5/22
Lisa F.	5/23
Natalie E.	5/27
Elida A.	5/28
Sherly P.	5/28
Natalie M.	5/29
Carole B.	5/30

Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme Week in February, this event will

capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Joe Ermiger

Executive Director

Community Connections

I am extremely excited to announce the return of our Tender Hearts Program. Tender Hearts is a unique opportunity for your loved one to experience a more one on one connection through arts, craft project and Games. Resident need to sign up. See Life Enrichment for details.

Sunday Brunch

Looking forward to our Lucille Ball Theme week May 15th – 21st.

We will be celebrating One of America's favorite Red headed Comedians. I am sure we are all going to have a Ball!!! (Yes, Pun Intended).

Legacy Spotlight: Legacy Spring Wreaths



Community Connections

HELPPPPPP!!!! We need some spring color around our Campus.

These brown thumbs could use some green ones. We would Love to have you on our Gardening Team. Please see your Life Enrichment team A.S.A.P and join in on all the fun.



Men's Group

Axe Throwing on Campus? Are you Kidding? NO!!! I am for Real our Men had a great time at our LUMBER JACK BASH. From "Sleeping bag sandwiches" to "don't Feed the Bears Teddy Grahams," (And let's not forget the COLD BEER!!!) Lumber Jack Bash was the Bash of all Bashes!!! Keep your eyes open for our next Men's Activity.





SHELBY CROSSING

HEALTH CAMPUS

A Trilogy Senior Living Community

13794 21 Mile Rd.

Shelby Township, MI 48315

586-532-2100

shelbycrossinghc.com |

Joe Ermiger
Executive Director

Leah Klauss
Director of Health Services

Grace Camitan
Assistant Director of Health Services

Khatrea Puri
Assisted Living Director

Coral Paquette
Legacy Neighborhood Director

Laicee Laforet
Social Services Director

Kathy Bollenberg
Social Services Director

Michael Williams
Director of Plant Operations

Pam Marasco
Business Office Manager

Richard Robles
Therapy Director

Jeani Zaren
Life Enrichment Director

Bridget Ferweda
Director of Food Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

*All trivia answers will be printed in
our upcoming month's newsletter!*

Question 1: In what
sport is "love" a score?

Question 2: Which candy has
the slogan "Taste the rainbow"?

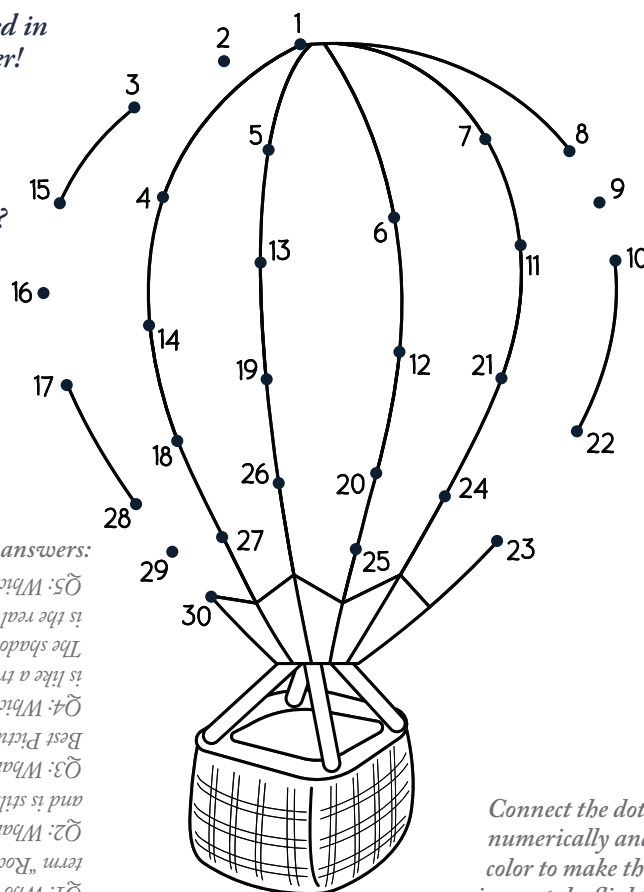
Question 3: Who was
the fourth president
of the United States?

Question 4: Which state is
known as the "Granite State"?

Question 5: Which sense
do dogs use the most?

Flip the page for last month's trivia answers:

Q1: Who is the disc jockey who coined the
term "Rock N Roll" in 1951? *Alan Freed*
Q2: What TV game show aired in 1956
and is still on today? *The Price Is Right*
Q3: What movie won the Oscar for
Best Picture in 1960? *Ben-Hur*
Q4: Which U.S. president once said "Character
is like a tree and reputation like a shadow.
is like a tree and reputation like a shadow.
The shadow is what we think of it; the tree
is the real thing." *Abraham Lincoln*
Q5: Which planet is closest to Earth? *Mercury*



*Connect the dots
numerically and
color to make the
image take flight!*

Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER
SKYDIVE

STADIUM
THRILL
VISIT
ZIPLINE