



SENIOR LIVING AT  
FOREST RIDGE

*A Trilogy Senior Living Community*

# Leaflet

May 2022

## Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



# Happy Birthday!

## Residents

Charles K.	5/03
Jeanine M.	5/07
David W.	5/12
Jacky S.	5/15
Fred F.	5/25
Betty H.	5/30

## Staff

Sheila M.	5/09
Norma K.	5/10
Chuck R.	5/20
Emilee O.	5/25
Stephene P.	5/25



## Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

*John Craig*

Executive Director

## Did You Know...?

You can read the monthly newsletter online rather than receiving it in the mail? Please follow the campus link [www.seniorlivingatforestridge.com](http://www.seniorlivingatforestridge.com) and let Norma know if you would like to discontinue the newsletter by mail.

Social Hour is weekly at 3:00pm. Come enjoy live entertainment, drinks, and appetizers!

Join us on the fourth Sunday of every month for our Family Brunch at 11:00am. Please call our business office at 765-521-4740 and let us know that you will be joining us!

*The Cornfield Cloggers came to dance during our St. Patrick's Day celebration. ►*

## St. Patrick's Day Celebration

For St. Patrick's Day, our residents were treated with a homemade Irish Cuisine and party favors. They also enjoyed having their picture taken, showing off their green. Afterwards, the Cornfield Cloggers performed many Celtic songs for the residents, which they enjoyed immensely. Our ladies also celebrated St. Patrick's Day with an English Tea Party, which was decorated with St. Patrick's Day décor and party favors. We also enjoyed learning about Irish History presented by Jill C. and the cuisine consisted of pound cake (catered by resident, Joan I.) and cucumber sandwiches. The ladies are hoping to have a differently themed Tea Party every month.







*David W. poses for a picture at our St. Patrick's Day Party.*



*Our St. Patrick's Day Tea Party was a success.*

## More from St. Patrick's Day Celebration



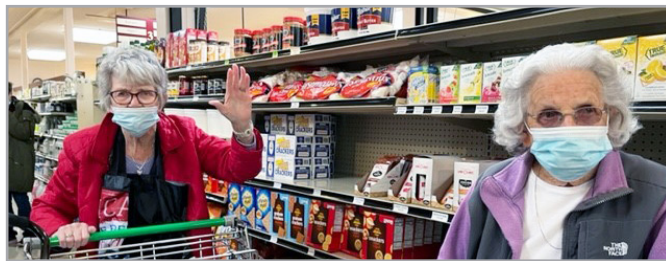
*Ben F. is celebrating St. Patty's Day by drinking a green beer.*

## Out and About

We visited many different towns this past month, where we sampled the local cuisines, shopped and played the slots. We began the month in New Castle, where we shopped at Burke's Outlet Store, Goodwill, and the Dollar Tree. We also had free ice cream at Dairy Queen in honor of the national recognized, "Free Ice Cream Cone Day." Later in the month, we explored Fountain City then, ate at the Family Diner and shopped at the local Amish Acres Store. Wrapping up the month, we visited Shelbyville and tried our luck out on the slots at the Horseshoe Casino. As always, our residents had an excellent time traveling to these various towns and the cuisine was fantastic.



*Chery R. is shopping at Burke's Outlet Store during our shopping trip in New Castle.*



*Norma C. and Ann T. are shopping at the Amish Acres Store in Fountain Town.*



*Darlene H. is trying her luck on Shelbyville Casino's slot machines.*



*Residents enjoyed free ice cream cones from Dairy Queen, on National Free Ice Cream Day.*

## Volunteer News

We would like to thank the New Castle Line Dance Group for volunteering to dance weekly with our residents. The line dancing is open to the public and is completely free. A few of our residents are learning new dances, while others enjoy watching the group practice. Also, we would like to introduce our newest "one-on-one" volunteer, Lora P. Lora comes in twice a week to visit with the more secluded residents. She is a light of positivity and we are so excited to have her as a volunteer.



*The New Castle Line Dance Group volunteers every Monday to dance with our residents.*



*Peggy H. and our newest volunteer, Lora P. are having a meaningful "One-on-One" experience*



## SENIOR LIVING AT FOREST RIDGE

*A Trilogy Senior Living Community*

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New Castle, IN 47362

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*John Craig*  
Executive Director

*Vickie Taylor*  
Business Office Manager

*Lisa Miller*  
Community Service Representative

*Norma Kriner*  
Resident Activity Director

*Stacey Bonwell*  
Director of Food Services

*Chuck Riley*  
Director of Plant Operations

*Hannah McCubbins*  
Director of Environmental Services

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or comply@trilogyhs.com*

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# Monthly Trivia & Activity Corner

*All trivia answers will be printed in  
our upcoming month's newsletter!*

**Question 1:** In what  
sport is "love" a score?

**Question 2:** Which candy has  
the slogan "Taste the rainbow"?

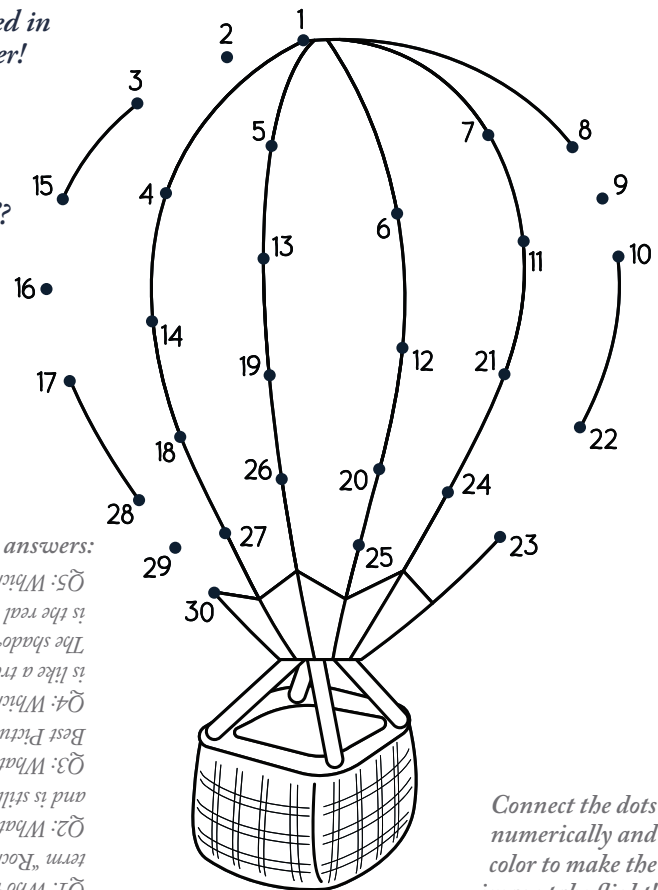
**Question 3:** Who was  
the fourth president  
of the United States?

**Question 4:** Which state is  
known as the "Granite State"?

**Question 5:** Which sense  
do dogs use the most?

*Flip the page for last month's trivia answers:*

Q1: Who is the disc jockey who coined the  
term "Rock N Roll" in 1951? Alan Freed  
Q2: What TV game show aired in 1956  
and is still on today? The Price Is Right  
Q3: What movie won the Oscar for  
Best Picture in 1960? Ben-Hur  
Q4: Which U.S. president once said "Character  
is like a tree and reputation like a shadow.  
The shadow is what we think of it; the tree  
is the real thing." ? Abraham Lincoln  
Q5: Which planet is closest to Earth? Mercury



*Connect the dots  
numerically and  
color to make the  
image take flight!*

## Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
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Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
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W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE  
BALLOON  
DREAM  
ENCOURAGE

GAME  
LIVE  
MEMORY  
MOTORCYCLE

OPPORTUNITY  
PLANE  
SEEKER  
SKYDIVE

STADIUM  
THRILL  
VISIT  
ZIPLINE