

2500 14th St Ne  
Faribault, MN



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## Contact Information

### Community Director:

Christopher Aguilar  
directorfb@milestoneseniorliving.com  
Office: (507) 331-2748 option 1

### Health Care Coordinator:

Heather Shooltz  
nursefb@milestoneseniorliving.com

### Administrative Assistant:

Amy Brunner  
adminfb@milestoneseniorliving.com  
Office: (507) 331-2748 option 6

### Life Enrichment Coordinator:

Donna Hulsing  
lifeenrichmentfb@milestoneseniorliving.com  
Office: (507) 331-2748 option 3  
Office: (507) 331-2748

### Maintenance Coordinator:

Ed Schlaak  
Office: (507) 331-2748

### Culinary Coordinator:

Maria Benzick  
culinaryfb@milestoneseniorliving.com  
Office: (507) 331-2748 option 4

### Community Relations Coordinator:

Brice Kuefler  
welcomefb@milestoneseniorliving.com



## Coming up...

### Celebrating May

**Gardening for Wildlife Month**

**Personal History Month**

**Global Health and Fitness Month**

**World Laughter Day**  
*May 1*

**148th Kentucky Derby**  
*May 7*

**Mother's Day (U.S.)**  
*May 8*

**International Learn to Swim Day**  
*May 21*

**Memorial Day (U.S.)**  
*May 30*

## Birthdays!

**2nd– Phyliss J.**

**20th– Betty M.**

**22nd– Rita B.**

**26th– Dorothy M.**

**31st– Marjean S.**



## STAFF SPOTLIGHT

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**STAFF SPOTLIGHT:** Beth Draper RA

**Hometown:** Nerstrand, MN

**Hobbies:** 4 wheeling, snowmobiling, camping/ fishing, playing with my dogs Lucy & Macy

**Favorite Movie:** The Notebook

**Favorite food:** Burgers or Chinese food

**Favorite Music:** Country

**How long have you worked at Milestone:** 5 years in May!

THANKS FOR YOUR HARD WORK, BETH!!!



## In Their Own Words...

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## We asked....

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What is your favorite thing about summer?

**Betty S:** I like the very beginning and the very end of Summer.

**Larry:** Going for a jog

**Mary:** The moon at night is very pretty

What advice would you give a student who is graduating high school?

**Betty S:** Be careful!

**Mary:** Make sure you have your diploma!

**Larry:** Get the most out of education that you can!

## Did You Know...

### Motherhood: Priceless

How will you show Mom that you care on this Mother's Day, May 8? In its early days, Mother's Day was celebrated by attending church and sending mom a handwritten letter. Today, Mother's Day is a \$28 billion industry. As well it should be! After all, if we were to pay Mom for the various tasks she performs, that salary would be over \$116,000 a year. The least we can do is shower her with gifts! Mothers aren't the only ones who look forward to the holiday. It is the busiest day of the year for restaurants, with 80 million people dining out. Jewelry stores make out big, too. Shoppers spend \$5 billion on new bling for Mom. When Mother's Day began in 1914, the floral industry declared that carnations were the best way to honor mothers: red carnations for moms still living, and white for those who had passed. Today, the tradition of gifting flowers lives on. Mother's Day is the number one day for floral sales, which total \$2.66 billion.



### Punny Business

The O. Henry Museum in Austin, Texas, holds one of the punniest events of the year on May 22. The O. Henry Pun-Off gathers 32 of the country's mightiest "punslingers" and challenges them to a competition sure to elicit plenty of good-hearted groans. The Pun-Off showcases two main events. The first is "Punniest of Show," where contestants deliver a 90-second pun-filled monologue that judges rate on a scale of 1–10. The showstopper comes in the afternoon with a no-holds-barred, one-on-one competition in which punslingers must barrage each other with puns. The slightest tongue-tied slip-up or strike (a failed pun attempt) leaves a punslinger disqualified.

Would O. Henry be proud of such a competition held in his name? O. Henry, born William Sydney Porter, was a prolific short story writer at the turn of the 20th century. He was known for his wit, humor, and love of language, and his stories often ended with a surprise twist. The fact that O. Henry has inspired such a competition might be the biggest twist ending of all.

### Princess Power

International Tiara Day falls on May 24, the same day as Queen Victoria's birthday. How many parents have watched their young kids don a frilly pink ballgown and tiara and play princess? Some might blame the corrupting influence of Disney. Others, though, consider the tiara a potent symbol of feminine power and majesty. Some experts argue that so-called "princess play" offers children a window into feminine power. After all, princesses are born to rule.

Ironically, the word *tiara* was first used by the Greeks to describe the high headdresses worn by ancient Persian kings, not queens. It wasn't until the late 18th century that tiaras, as worn by female royals, surged in popularity. Unlike a crown, which is circular, a tiara is only semi-circular, designed to cover half the head. That does not mean it is half as valuable. The Greville Emerald Kokoshnik tiara, valued at \$18 million, was made by French jeweler Boucheron in 1919 for Dame Margaret Greville, who bequeathed it to Queen Elizabeth in 1942.

## Searching for Dreams!

Being a part of the Jaybird Senior Living family of communities means adhering to a very special set of values. One of these values is ensuring that our team members get to know each and every one of our residents not only in regards to health care, but also as a unique and vibrant person.

Our goal is to make at least one resident dream come true each month in every one of our assisted living and memory care communities. These dreams can range from modest to elaborate based on the unique experiences and backstories of each individual resident.

Know a resident who has a dream? Let us know by emailing or calling the Life Enrichment Department.



# Looking Back...



# April Highlights

