

NEWSLETTER

May 2022

Keelson Harbour Senior Living, 2810 Aurora Ave. Spirit Lake, Iowa 51360
712-336-4501



IN THIS ISSUE

Introducing	2
Month in Review	3
Upcoming Events	5
May Birthdays	6
A Poem to Share	7
Noticeboard	8
Laughing Matters	10
Dare To Dream	11
Guess the Staff	12
Word Search	13

Introducing....

Miranda DePyper~ our new RN!

I have been involved in health care since I was 16 years old in several roles from a CNA, EMT, to working my way up to a paramedic RN. I have worked in the Emergency room and Ambulance service most of my career. I wanted more patient follow through so I started working in hospice care. I decided for a change and to have somewhere I could get to know residents and have follow through with them. This has been a big change, but I am enjoying it so far.



I am a mom of three beautiful girls, Mackenzie, Mercedes and MaKayla. Mercedes and MaKayla are twins just 17 months behind Mackenzie. I have been married for 21 years to my husband Jeremiah. He is the director of technology at Iowa Lakes Community College. I have recently been blessed with a granddaughter, Elizabeth, last November. Neat fact~ when Elizabeth was born, she was able to have three five generation pictures with four out of the six great great grandparents living at that time. Family is my everything. I can't wait to grow my family as I continue to get to know everyone here.

Welcome Miranda!

May Trivia

The Month of May. May is named for the Roman goddess Maia, who oversaw the growth of plants.

Zodiac signs: **Taurus & Gemini**
Birthstone: **Emerald**
Flower: **Lily of the Valley**

Quote of the Day

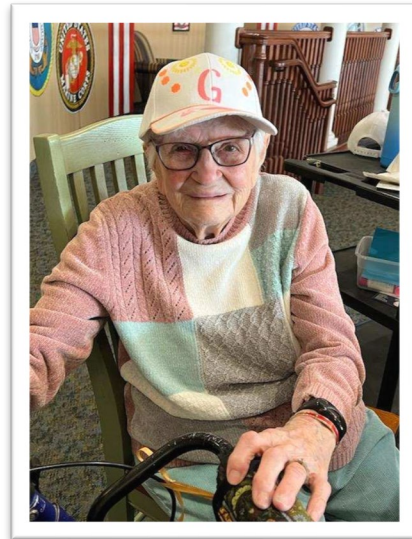
*A person who never
made a mistake
never tried
anything new.*

– Albert Einstein

There's no place like home...

Baseball hats!

Some of the residents enjoyed an afternoon of crafting and decorating their own baseball hats to wear this Spring/Summer!



Prom 2022

A group of Seniors from Okoboiji Schools came and did a promenade for us on their prom day. They all looked amazing!



Pioneer Pete

Pioneer Pete and the Okoboiji Cheerleaders came to spread some school spirit!



Easter 2022



The Easter Bunny with the Joyful Journeys preschool, Dee and Phyllis, and Karen!



The Easter Bunny with Jean, June and Max!

Upcoming Events

Cinco De Mayo Celebration

Thursday, 5th of May @3:00pm, Dining Room

Mother's Day Tea

Monday, 9th of May @3:00pm, Community Room

Mother's Day Spa Day

Tuesday, 10th of May @2:00pm, Community Room

Wine Tasting

Saturday, 14th of May @2:00pm, Dining Room

Lakehouse Tour

Wednesday, 18th of May @1:00pm

Camaro Rides

Monday, 23rd of May @1:00pm



Regular Events

Happy Hour every Friday 3:30pm

Live 2B Healthy every Mon, Tues, Fri at 9:15am

Beautician every Monday, Tuesday & Wednesday

Bible Study every Tuesday at 2pm

BINGO! Every Sunday and Thursday at 2:00pm

Special Days

4th Space Day

5th Cinco de Mayo

8th Mother's Day

12th Intl. Nurses Day

14th Migratory Bird Day

22nd Biological Diversity Day

23rd World Turtle Day

28th Cannes Film Festival

30th Memorial Day

May Birthdays

In May, we celebrate birthdays with:

- **Ashley Truman**
- **Tom Reuland**
- **Mary Buell**
- **Dorene Westergard**
- **Melissa Sewell**
- **Glenda Durst**
- **Maxine Stegeman**
- **Patsy Kemner**
- **Beulah Pingel**
- **Joy Lauver**
- **Shana Zitterich**
- **Joan McKnight**
- **Beulah Kephart**



Please join us on May 4th at 3:30pm for cake in the dining room!

Glenn Ford, Actor, 1st May 1916
Bing Crosby, Singer, 2nd May 1904
Lesley Gore, Singer, 2nd May 1946
Audrey Hepburn, Actress, 4th May 1929
Karl Marx, Philosopher, 5th May 1818
Sigmund Freud, Psychiatrist, 6th May 1856
Orson Welles, Actor, 6th May 1915
Stevie Wonder, Singer, 13th May 1950
Peggy Lee, Singer, 26th May 1920
Clint Eastwood, Actor, 31st May 1930

Pisces (Apr 20 – May 20)

Taureans are dependable, logical, and overall peaceful beings

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained

Poem to Share

The Rose Family

Robert Frost

The rose is a rose,
And was always a rose.
But the theory now goes
That the apple's a rose,
And the pear is, and so's
The plum, I suppose.
The dear only knows
What will next prove a rose.
You, of course, are a rose -
But were always a rose.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Patrick Kennedy**
- **Steven Clasing**
- **Shirley Wittrock**
- **Pat Hansen**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

- **Rebecca Bidney- resident aid**
- **Miranda DePyper- RN**
- **Adrianna Hellenga- server**
- **Desiree Moore- resident aid**

DONATIONS

As you can imagine, with a building our size, we go through a lot of supplies. If you would ever like to donate items for activities, here are some ideas!

- **Candy!**
- **Sugar free snacks**
- **Toiletries for our BINGO store**

MEMORY CARE PROM

We will be hosting a prom for our Memory Care residents on May 19th @3:00pm. Families are welcome to come and watch their loved one promenade.

If your loved one has a fancy dress or suit to wear, please have them turned in to Amber or Cari by May 11th.

If you have dresses or suits to donate for the event, please contact Amber or Cari as well.

SALON CONTACTS

We have three stylists who have hours in our salon. Arlene is available on Mondays, Emily is available on Tuesdays and Alina is on Wednesdays. Please call to make your appointments.

Emily: 605-789-1929

Arlene: 712-330-4077

Alina: 712-339-1776

Noticeboard



LIBRARY SERVICE

We have a program with Spirit Lake Public Library where they bring books for those that wish to check some out on the second and fourth Tuesday of the month. If you would like on the list, please talk to Life Enrichment.

FIELDTRIPS

As the weather is getting warmer, I would love to take more fieldtrips. If you have an idea of a place you would like to go, please see Life Enrichment.

DARE TO DREAM

We try to make one resident's dream come true once a month. If you have an idea for your loved one or wish to be a part of their dream come true, please contact Life Enrichment.

C: 712-339-0599

E: lifeenrichment@keelsonharbour.com

VOLUNTEER!

We are looking for volunteers to come and share some time with our residents. If you have something you would like to share with them, games you want to play, crafts, reading, etc., please contact lifeenrichment@keelsonharbour.com

CHAPEL

We are in the process of converting our theatre space to a chapel space. We are excited for this change and appreciate your patience in the transition.

HAPPY GRAMS

If you would like to send your loved one a Happy Gram, please visit www.happygram.org any time and submit a loving note!

Laughing Matters



The Pearly Gates

A woman died and found herself standing outside the Pearly Gates, being greeted by St. Peter. She asked him, "Oh, is this place what I really think it is? It's so beautiful. Did I really make it to heaven?"

To which St. Peter replied, "Yes, my dear, these are the Gates to Heaven. But you must do one more thing before you can enter."

The woman was very excited and asked St. Peter what she must do to pass through the gates.

"Spell a word," St. Peter replied.

"What word?" she asked.

"Any word," answered St. Peter. "It's your choice."

The woman promptly replied, "Then the word I will spell is love. L-o-v-e."

St. Peter congratulated her on her good fortune to have made it to Heaven and asked her if she would mind taking his place at the gates for a few minutes while he took a break.

"I'd be honored," she said, "but what should I do if someone comes while you are gone?"

St. Peter reassured her and instructed the woman simply have any newcomers to the Pearly Gates to spell a word as she had done.

So the woman is left sitting in St. Peter's chair and watching the beautiful angels soaring around her, when low and behold, a man approaches the gates, and she realizes it is her husband.

"What happened?" she cried, "Why are you here?"

Her husband stared at her for a moment, then said, "I was so upset when I left your funeral, I was in an accident. And now I am here? Did I really make it to Heaven?"

To which the woman replied, "Not yet. You must spell a word first."

"What word?" he asked.

The woman responded, "Czechoslovakia"



Our goal is to make at least one resident's dream come true each month in either our Assisted Living or Memory Care. These dreams can range from modest to elaborate based on the unique experiences and back stories of each individual resident. Everyone in our care is like family. We know their stories, their hopes, and their dreams. This is what drives us together, and we believe each person is unique and vibrant, with a dream or two up their sleeve.

Gary and Karen raised their family on their farm where Karen had always kept a magnificent garden with the most beautiful flowers. She happened to pass her love of flowers to her daughters, Sherri and Jill. The two of them always loved seeing the smile on their mom's face when her flowers were in full bloom. Thanks to her daughters, we knew about Karen's passion for gardening and flowers, more specifically, petunias and geraniums.

Along with Karen's family, we planned a special day just for her. Karen, her husband Gary, and their daughters all hopped onto the Keelson Harbour bus on a Saturday morning and made the short trip down to Ferguson's Garden Center. Upon their arrival, Karen was surprised and greeted by her whole family! They spent much of the morning smelling and touching the flowers and enjoying each other's company. After the family took a big group photo to remember this wonderful day, they took Karen out to lunch.

Today was a very special day. Not only was it special for Karen and her family, but it was very special for our team here at Keelson Harbour. Seeing the smiles, happy tears and laughs, makes us realize just how lucky we are to serve such wonderful families.



Who's that staff member?



Name the staff member based off these fun facts!

1. Has 6 children!
2. Was State Grand Champion for sheep in 4H
3. Was born in Merville, IA
4. Enjoys reading- A LOT!
5. Is going to Montana this summer with her WHOLE family!

Answer on page 14 😊

Word Search

TREES OF THE WORLD



I P E T W O L L E M I A U A
W I U Y H G H A Y Y G A J K
M N C Z M S D E L M W W X L
Y E A P L Y R S P R U C E R
A H L S X C M A H O G A N Y
O A Y S G A A B A N Y A N J
M W P E C M G J B N J P R U
A T T Q Y O N Z K L D O O N
P H U U P R O P O W P P S I
L O S O R E L P S T D L E P
E R A I E W I L L O W A W E
W N C A S U A R I N A R O R
J H M D S P E E P A L G O Q
B A N K S I A K D G P C D L

Banyan
Mahogany
Maple
Elm
Juniper

Cypress
Wollemi
Rosewood
Pine
Willow

Hawthorn
Sycamore
Sequoia
Banksia
Peepal

Poplar
Magnolia
Eucalyptus
Spruce
Casuarina

Meet the staff member- Ashley Helget- CNA



1. She and her husband Lucas have 6 beautiful children~ Sarah, Owen, Ellie, Adysen, Harper and Liam.
2. She grew up on a farm and loved 4H
3. Merville is located south of Sioux City
4. She loves to read anything from romance to crime novels
5. She is asking for prayers for taking 6 children on vacation this summer 😊