



Gardenside Gazette



The Hearth at Gardenside 173 Alps Road, Branford, CT 06405
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MAY 2022

Welcome Our New Residents!

**James Douglass
Patricia Kisil
Ellen Kitchell
Filomena Renzi
Edward Ryan**



RESIDENT BOARD MEMBERS AND RESIDENT AMBASSADORS



**Sitting - Lois, Rose S. and Rose D.
Standing - Sarah, Janet and Betsie**

LIVE MORE WEEK!
SUNDAY, MAY 22 - SATURDAY, MAY 28

**Make sure you pick up the flyer listing all of the fun activities planned
during this special week!**



**NATIONAL SENIOR HEALTH
AND FITNESS DAY
WILL BE HELD ON
WEDNESDAY, MAY 25**



www.facebook.com/HearthGardenside



Resident Birthdays

Emily Fielding	5/01
Beverly Williams	5/06
Malcolm Charman	5/08
Salvatore Busetta	5/09
Rose Smigel	5/17
Anthony Esposito	5/20
Barbara Kuziel	5/20
Patty Porto	5/21
Margaret Clancy	5/22
Charlotte Jay	5/22
Yvette Dix	5/26
Diane Wright	5/27
Edward Ryan	5/30



Employee Birthdays

Katrina Cole	5/12
Sharon Staniforth	5/12
Kiana Harris	5/16

Best Wishes!
Enjoy your day!!

Resident of the Month JACQUELINE MORALES



Jackie recently moved into Gardenside and she settled in nicely. She quickly made new friendships and formed a routine. Jackie is so empathetic and caring towards people. She is so willing to help in any way she can. Jackie feels happy when others have what they need. She keeps busy with shopping out-trips and sitting on the front patio. Pictured above is a photo of Jackie enjoying a live entertainment performance. **Congratulations Jackie!**

Employee of the Month YESSENIA RIVERA COLON



Yessenia is a terrific housekeeper! She does thorough cleaning throughout the building and in apartments. Yessenia demonstrates competence in her job skills. She can be relied on to accept responsibility and she completes her work assignments on time. Yessenia is very friendly and kind. She is a great team player. She doesn't hesitate to help when asked.

Congratulations Yessenia!



Look Who Visited Gardenside Last Month!



Caregivers

A **Caregiver Support Group** called **Comfort Connections** will meet the First Tuesday of each month at 10:30 a.m. in the ING Room.

This group is free of charge and is open to the family members and friends of the Gardenside residents as well as the community.

This month's meeting will be held on May 3.

KEEPSAKE VILLAGE

Robin Sellati -

Live More Manager

KSV will be busy throughout the month of May planting flowers and vegetables in our courtyard. We will continue to go outside on the patio weather permitting where we can enjoy the warm sun and listen to the sounds of the birds as we work on word puzzles and more. During "Live More" week, we have lots of fun activities planned such as Field Day, Improv and Pantomime Time, Baking Cupcakes, Bell Choir, Trivia Competition and Ribbon Dancing to name a few of the highlights. We will focus on wellness of mind and body while continuing to share lots of fun times together.



The Keepsake Village residents always have an enjoyable time with Robin's Bell Choir!
Robin sings songs and lets the residents know when to ring their bells.
The residents love hearing the different bell tones!



word search puzzle

Mother's Day

A	T	T	Y	J	C	D	C	U	U	K	A	I	J
L	O	V	E	C	H	E	R	I	S	H	F	B	S
Y	B	X	Y	G	C	V	T	G	Z	Y	L	S	D
J	T	J	A	Z	E	Y	N	C	F	H	O	U	B
T	R	K	Y	J	E	Q	X	R	P	Y	W	N	R
X	H	K	W	U	C	E	T	O	R	K	E	D	E
S	U	O	Q	U	M	G	H	K	E	F	R	A	A
O	X	I	U	O	R	F	M	W	S	J	S	Y	K
D	N	T	H	G	N	M	A	W	E	J	U	U	F
U	E	C	R	R	H	T	Y	I	N	L	M	J	A
K	C	X	A	A	F	T	E	U	T	F	Y	O	S
I	A	U	O	N	T	H	F	A	S	C	W	H	T
S	K	H	A	D	X	M	O	U	C	Z	Y	R	S
S	E	V	X	M	F	B	O	N	L	H	N	D	P
E	H	M	Q	A	M	O	M	R	Q	T	E	O	S
S	F	Q	V	A	F	C	A	R	I	N	G	R	I
Z	G	F	P	F	O	E	M	W	C	V	Z	S	B

CARING
TEACHER
PRESENTS
GRANDMA

BREAKFAST
LOVE
MOM
HOME

KISSES
CAKE
UNIQUE
CHERISH

SUNDAY
THOUGHTFUL
MAY
FLOWERS



Alzheimer's Disease in the News

Stay up to date with some of the latest news about Alzheimer's disease.

The Longest Day of the Year

For many years, the Alzheimer's Association has encouraged groups to raise money to care for people with Alzheimer's disease and to fund research toward a treatment and a cure. Every June 21, the summer solstice, they hold one of their biggest fundraisers, "The Longest Day of the Year." Usually, local chapters of the Alzheimer's Association sponsor walks on that day, and people can participate as individuals, workplaces, or part of a team to raise money before the walk.

The Alzheimer's Association makes it easy to get involved. Teams are created also for the annual Alzheimer's Association Walk to End Alzheimer's. This year it will take place on September 25 at Lighthouse Point Park in New Haven. The Hearth at Gardenside has a team and helps to raise funds by holding various fundraisers throughout the year such as a candy sale and bake sale. These fundraisers will start soon.

New Alzheimer's Medication

In June of 2021, the FDA approved aducanumab, brand name Aduhelm, an IV infusion medication designed to clear amyloid plaques from the brain. Autopsies and scans reveal that people with Alzheimer's disease have a buildup of these plaques in their brains. It is unknown if this is a cause or an effect of Alzheimer's.

So far, research on aducanumab shows it might slow the course of Alzheimer's, but it certainly doesn't cure it. More studies are underway, but the FDA wanted to make it available. The initial price tag was steep. A year of the medication initially cost over \$50,000 per person. After sluggish sales, the price was reduced to a little over \$25,000 for an annual prescription. Medicaid will likely not cover the cost of Aduhelm. The Centers for Medicare and Medicaid released an initial statement saying they plan to cover the expenses of Aduhelm only for people participating in approved research studies. They will post the studies on their [website](#). Most medication studies are in larger city centers, and participants might receive a placebo.

Medicaid plans to release its final decision this month, but it is unlikely to cover Aduhelm for most participants.

Administrative Staff

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**Residents made a Chocolate Cake!
The recipe was suggested by Nan who is pictured giving the Thumbs Up to the Recipe!**



Jean is a member of the Green Thumbs Gardening Club. She came out to the Garden Patio to see what Flowers, Vegetables and Herbs would be Good Choices to Plant in the Garden Beds!



Ralph enjoying a Chocolate Milkshake!



Diane showing the Colorful Eggs that were Dyed!

