



Frank D. enjoying our pet visits with Moose the Pomeranian!

Caterpillars to Butterflies!
This month we received baby caterpillars to feed and watch grow. Soon they will get into their cocoons and emerge beautiful butterflies! Keep an eye out for them at the front desk to watch how they change!



The Hearth on James

830 James Street | Syracuse, NY | (P) 315-422-2173 | (F) 315-426-7583



Celebrating May

5/1 May Day

5/5 Cinco de Mayo

5/8 Mother's Day

5/30 Memorial Day

Meet Your New Neighbor

Susan Hartzheim
Apt. 222

A Note from Our Executive Director

Dear Hearth Residents,

Goodbye April, Hello May!

I hope you all enjoyed our Music and Magic event! What an amazing afternoon we had! It was great to see the community come together and all the smiles and camaraderie. Thank you to our Live More team for organizing such a wonderful afternoon!

As we enjoy warmer temperatures, and more time outdoors, we're also met with the opportunity to enjoy a sense of togetherness, celebration, and community. So, I'm extremely excited to share that our team is gearing up for Live More Week!

Live More Week has been a company-wide celebration of our dedication to seniors' physical, mental, and emotional health. This year, we're keeping all the same great things surrounding Live More Week and adding even more fun for our team members, our residents, and their families.

Live More Week events will take place from **Monday, May 23rd – Friday, May 27th**. This year's theme is "Community Connection." By engaging our residents and team members in new, meaningful ways, and inviting family members, local professionals, and members of our community into our buildings, we'll experience meaningful connections and make fun memories, which, after months indoors and isolated, we all very much need.

I encourage you to meet us on Monday, May 23rd at 11am to kick off Live More Week, come get your t-shirt, and hear about all the programming opportunities for you to join!

May is bustling with other exciting programming too! Kick off the month with Cinco de Mayo - enjoy a margarita and taco bar - lunch at Boom Boom Mex Mex, a Mother's Day Luncheon, pet therapy, musical performances, and join us for a Memorial Day BBQ luncheon to honor those we have lost while serving in the military.

Happy May!
Jennifer

Do you know someone who could benefit from moving to The Hearth on James? If so, you could earn up to **\$1,000** through our referral program! Contact us at 315-422-2173 to learn more!



Highlights

- 5/4:** Music with Jilissa
5/5: Happy Hour Fiesta: Taco Bar & Margaritas
5/6: Mint Juleps – get ready for the Kentucky Derby!
5/9: Cooking Club: Mini Personal Pizzas
5/10: Activity Planning Meeting & Ice Cream Flavors of the Month Voting
5/11: Pet Visits with Moose
5/12: Nurses Day: Thank You Cards
5/12: Symphoria Orchestra – Noemi & Willie
5/12: Wine Tasting
5/18: Make Your Own Popcorn
See monthly calendar for times & locations.



Corina C. getting planters ready for spring!

May Outings

- 5/6** Lunch Bunch:
Boom Boom Mex Mex
5/13 Pointe Place
Casino
5/20 Lunch Bunch:
Tony's
5/27 Breakfast:
Denny's

Sign up at the front desk to attend!

Happy Birthday to You!

May 20th: John Prusinowski

May 22nd: Elaine Constas

Chips McCormican



**Please contact the Nursing Department to arrange.
 Appointments are limited to eight per day.**

Monday 8:30-3:30

East

Manlius, Fayetteville, DeWitt,
 Widewaters, Brittonfield
 North & West
 Community Hospital, Camillus,
 Liverpool, North Medical, Route 11,
 Baldwinsville

Wednesday 9:30-3:30

Downtown

James Street, East Genesee Street,
 VA Hospital, Irving Avenue, Erie
 Boulevard, St. Joseph's Hospital

**Fridays are reserved for
 Wegmans trips and other outings
 as noted on the monthly calendar.**

Directors

Executive Director
 Jennifer Mellone

Business Office Manager
 Errin Chilson

Wellness Director
 Crystal Blakeman

Live More Director
 Madelyn Niver

Food & Beverage Director
 Shnika Carter

Environmental Services Director
 Angel Santana

Senior Living Advisor
 TBA



Fran B. ready for the Easter bunny!