



PARK TERRACE

HEALTH CAMPUS

A Trilogy Senior Living Community

Times

May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon.
 Visiting a new city.
 Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect.

To learn more about our *Live a Dream* program, contact a member of our team today!



Happy Birthday!

Residents

Carolyn E.	5/01
Richard W.	5/09
Marilyn T.	5/09
Daryl A.	5/11
Hettie M.	5/22
Maryann H.	5/27

Staff

Brian M.	5/01
Taylor R.	5/13
Madison H.	5/17
Jessica B.	5/26

Smile of the Month

Gilbert loved it when we celebrated his Birthday!



Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

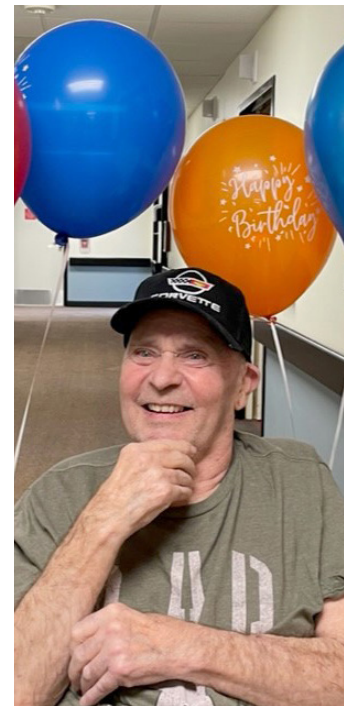
Yours in Service,

Kevin Foote

Executive Director

BFF PROGRAM SPOTLIGHT

Donnie's BFF's got busy making him beautiful cards to celebrate his Birthday! As you can see, he loved it!!!



GATHERING AROUND THE TABLE

Our families and residents have really been our Brunch Sundays! The food is delicious and the company is great! Please join us on May 22nd. 2 guests per resident. RSVP to reserve your table by 5-18.



Artisan Program

Our residents love to create! They enjoyed creating a colorful paper quilting project. It was amazing to see the beautiful designs and patterns they created. It brought so many wonderful memories of family while exercising their brains!



Community Connections

We are so blessed to have such a wonderful caring community!

The talented students from Medora Elementary handmade St. Patrick's Day cards that brought smiles to our residents. Making handmade art from their hearts is the best gift they can give!

Mama Jeans Recipe Corner



Our resident Jean is the BEST COOK and loves to share her recipes with the staff so we thought we would

feature her recipes for y'all!

FROSTED BANANA BARS

½ cup butter softened

2 cups sugar

3 eggs

1 ½ cups mashed ripe bananas (3 med)

1 tsp vanilla

2 cups self rising flour

1. In mixing bowl cream butter, sugar.

2. Beat in eggs, banana, vanilla.

3. Add flour to creamed mixture and mix well.

4. Pour in 9x13 greased pan Bake at 350 for 35-40 minutes.

5. Cool and spread icing.

ICING

½ stick butter softened

1 package 8oz. cream cheese softened

1 box powdered sugar

2 tsps. Vanilla

1. Cream butter and cream cheese until smooth.

Add powdered sugar and vanilla.

2. Frost bars.

Enjoy!



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Environmental Services Director

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Therapy Program Director

TBD
Business Office Manager

TBD
Dietary Food Services Director

Kathy Umfleet
HR & AP
Susan English Crider
Life Enrichment Director

TBD
Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Flip the page for last month's trivia answers:

Q5: Which planet is closest to Earth? Mercury

is the real thing? Abraham Lincoln

The shadow is what we think of it; the tree

is like a tree and reputation like a shadow.

Q4: Which U.S. president once said "Character

Best Picture in 1960? Ben-Hur

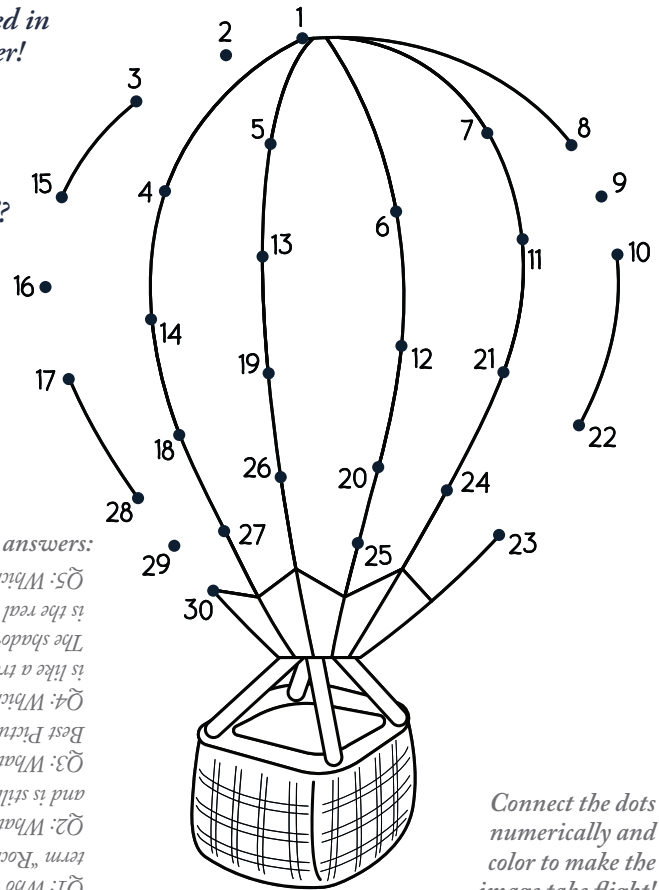
Q3: What movie won the Oscar for

and is still on today? The Price Is Right

Q2: What TV game show aired in 1956

term "Rock N Roll" in 1951? Alan Freed

Q1: Who is the disc jockey who coined the



Connect the dots numerically and color to make the image take flight!

Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER
SKYDIVE

STADIUM
THRILL
VISIT
ZIPLINE