



May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.

To learn more about our *Live* a *Dream* program, contact a member of our team today!









Happy Birthday!

Residents Nancy R. May 18 Kenneth E. May 22 Donna K. May 22 Regina B. May 23 Gail H. May 24 Linda D. May 28 Staff Timotheus G. May 03 Anthony R. May 07 Lisa D. May 08 Pamela H. May 10 Carrie O. May 22 Jody W. May 26

OGO

Erin came to work at the Oaks at Belmont as a Resident Care Associate in our Assisted Living/Legacy Lane. Since then, she has obtained her Med tech certification and is filling in that role as needed. She is a team player, and you can always count on Erin to have and maintain a positive attitude! Her peers say that she is always smiling and that makes them smile. Erin is very helpful and willing to stay over when needed. She has built lasting relationships with her residents and co-workers, and we are blessed to have her be a part of our team! Your dedication and your servants' heart doesn't go unnoticed!

Thank you for always brightening our day!

Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If vou're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme Week in February,

this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in service,

Yuliya Cleverenga

Executive Director



HAPPY HOUR ENTERTAINMENT

We have enjoyed having entertainment at our last couple happy hours! Happy Hour continues to be one of the most well attended groups here at The Oaks and music brings almost everyone out dancing and singing a long!



Bing Highee, entertainer at our St. Patrick's Day



Lois V. in Independent Living turned 98 years young on March 26th and shared her cake with all of the IL residents at Happy Hour.



Good friends, Mary D. and June R., are enjoying happy hour.

While we have many residents that attend our daily group activities, we also have residents that prefer to keep to themselves. Our Life Enrichment staff provides visits with our residents one on one. Many of our visits consist of reading with residents, going on walks, painting nails, doing crafts, playing games and whatever else the resident might be wanting to do!





A Trilogy Senior Living Community

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Yuliya Cleverenga Executive Director

Amanda Petrusma Director of Health Services

Patti Laski Assisted Living Director

Elizabeth Hearn Customer Service Representative

> Becky Gibson Business Office Director Alicia Hollern Life Enrichment Director

Dan Denton
Director of Plant Operations

David Snow Director of Food Services

Director of Environmental Services

TBD
Social Work Director

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

17

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

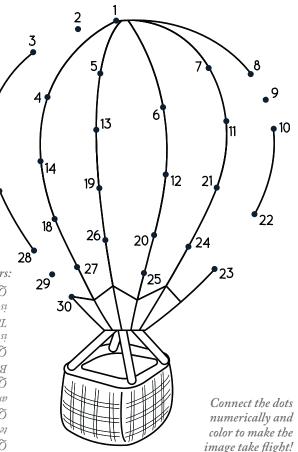
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Q3: What moone won the Oscar for Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character is like a tree and reputation like a shadow.
The chadow is what we think of it; the tree is the real thing." ? Abraham Lincoln
is the real thing." ? Abraham Lincoln
Q5: Which planet is closest to Earth? Mercury

LI: Who is the disc jockey who coined the reed rest "Rock IN Roll" in 1951? Alan Freed SQ: What TW game show aired is tight and is sight shown on today? The Price Is Right was the rest of the rest o



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ADVENTURE BALLOON DREAM ENCOURAGE GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER

SKYDIVE

STADIUM THRILL VISIT ZIPLINE