

Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



Happy Birthday!

Residents

Wayne D.	5/14
Linda J.	5/16
Faye O.	5/20
Sara S.	5/21
Lincoln A.	5/23
Joanne P.	5/24
Barbara B.	5/26
Russell W.	5/27
Robert S.	5/29

Staff

Saidou M.	5/15
Kimberlee D.	5/27
Jesse W.	5/29

Happy Hour

Please join us for Happy Hour every Friday from 3pm-4pm. Plan to have some delicious food and beverages but even better company!

Creative Cooking

Do you have a childhood recipe that your mom or dad made that was special to you? Maybe it was Mom's chocolate chip cookies or Dad's BBQ ribs, whatever it was we want to share it! We are compiling favorite recipes from our residents, staff, and families and making it into a cookbook! We want to make this a recipe for success, so we are asking to have recipes turned in by September 15th! Please send recipes via e-mail, in person, or mail it to sarah.wozniak@novilakeshc.com. We look forward to sharing these special recipes with everyone!



Executive Director Corner

Welcome to May, everyone!

I hope these last few

weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Tim Reardon

Executive Director



Robert has always enjoyed crafting special creations!

CAMPUS IN COLOR

Our grounds will begin to be groomed and prepared for Campus in Color! This is a contest where each building within Trilogy Health Services is viewed and judged based on the beauty of its grounds as well as staff and resident involvement. Let us get our hands dirty as we make our campus beautiful not only for this fun contest but also for our enjoyment throughout these delightful summer months. Look to your calendar for "Campus in Color" for specific times to join a gardening group

HAPPY HOUR

Please join us for Happy Hour every Friday from 3pm-4pm. Plan to have some delicious food and beverages but even better company!



Happy Hour on Fridays is always a fan favorite!



Happy Hour is more fun with friends!



DID YOU KNOW...?

Did you know dogs and cats are allowed to visit? Simply make a copy of your pet's shot record and give it to the Life Enrichment Department! Please keep pets on a leash or carrier when walking through the building. Please no pets in the dining rooms. Enjoy your visit!!

Live A Dream

Our Live a Dream program was created to fulfill the lifelong dreams of residents in our communities throughout the Midwest. Over the years, the Trilogy Foundation has helped seniors whiz through the forest canopy on zip-lines, skyrocket into the stratosphere on hot air balloons, pilot planes, take once-in-a-lifetime trips, and reunite with family and friends they feared they may never see again. The Live a Dream program has a track record of turning wishful thinking into wonderful reality. Please reach out to our Life Enrichment team to nominate a resident for the chance to live out their dream!

Volunteers Needed

Do you love music? Painting? Literature? Building things? Consider sharing your passion with our residents! Whether it's for an hour, once a month, weekly, or more, your time would be so valued here! We have enjoyed volunteers playing cards with us, leading discussion groups, teaching us about instruments and orchestration, instructing art lessons, leading religious inspirational groups, and more. We love volunteers! We welcome individuals to gain experience while engaging with our residents. In the past we have enjoyed learning from our volunteers and enjoying the love and talent that they offer and we welcome your talents as well! Contact our Life Enrichment Director, Sarah, and she will help find you a meaningful volunteer role.



NOVI LAKES

HEALTH CAMPUS

A Trilogy Senior Living Community

41795 Twelve Mile Road

Novi, MI 48377

248-449-1655

novilakeshc.com |

Tim Reardon
Executive Director

Mary Smith
Director of Health Services

Lakisha Jackson
Assistant Director of Health Services

Catina Garrison
Assisted Living Director

Michelle Hoffman
Social Work Director

Alissa Burnett
Customer Service Representative

Sarah Wozniak
Life Enrichment Director

Jed Feilert
Director of Plant Operations

Jayson Bogota
Director of Food Services

Shaharazad Webster
Director of Environmental Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

*All trivia answers will be printed in
our upcoming month's newsletter!*

Question 1: In what
sport is "love" a score?

Question 2: Which candy has
the slogan "Taste the rainbow"?

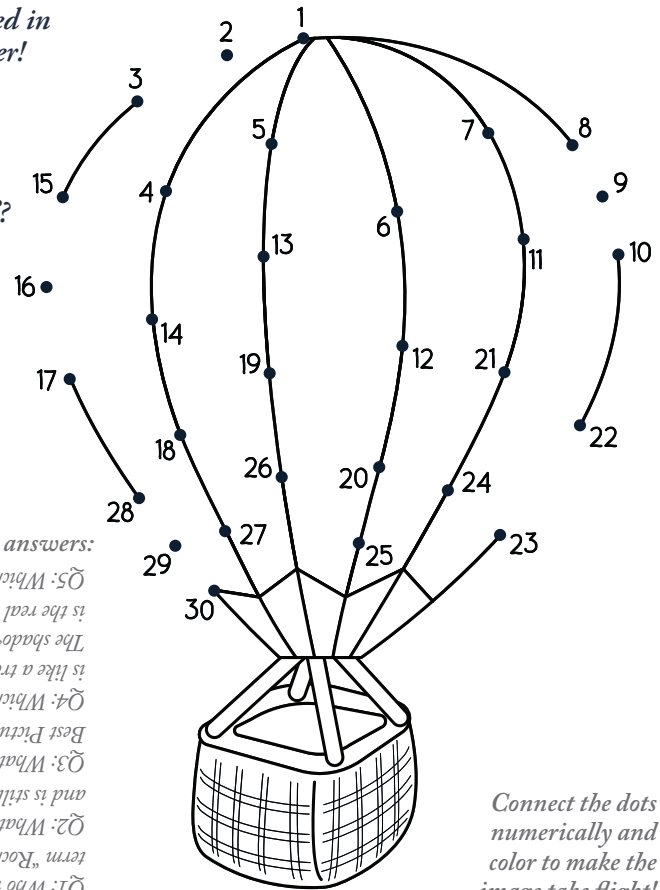
Question 3: Who was
the fourth president
of the United States?

Question 4: Which state is
known as the "Granite State"?

Question 5: Which sense
do dogs use the most?

Flip the page for last month's trivia answers:

Q1: Who is the disc jockey who coined the
term "Rock N Roll" in 1951? Alan Freed
Q2: What TV game show aired in 1956
and is still on today? The Price Is Right
Q3: What movie won the Oscar for
Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character
is like a tree and reputation like a shadow."
The shadow is what we think of it; the tree
is the real thing. ? Abraham Lincoln
Q5: Which planet is closest to Earth? Mercury



*Connect the dots
numerically and
color to make the
image take flight!*

Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
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D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER
SKYDIVE

STADIUM
THRILL
VISIT
ZIPLINE